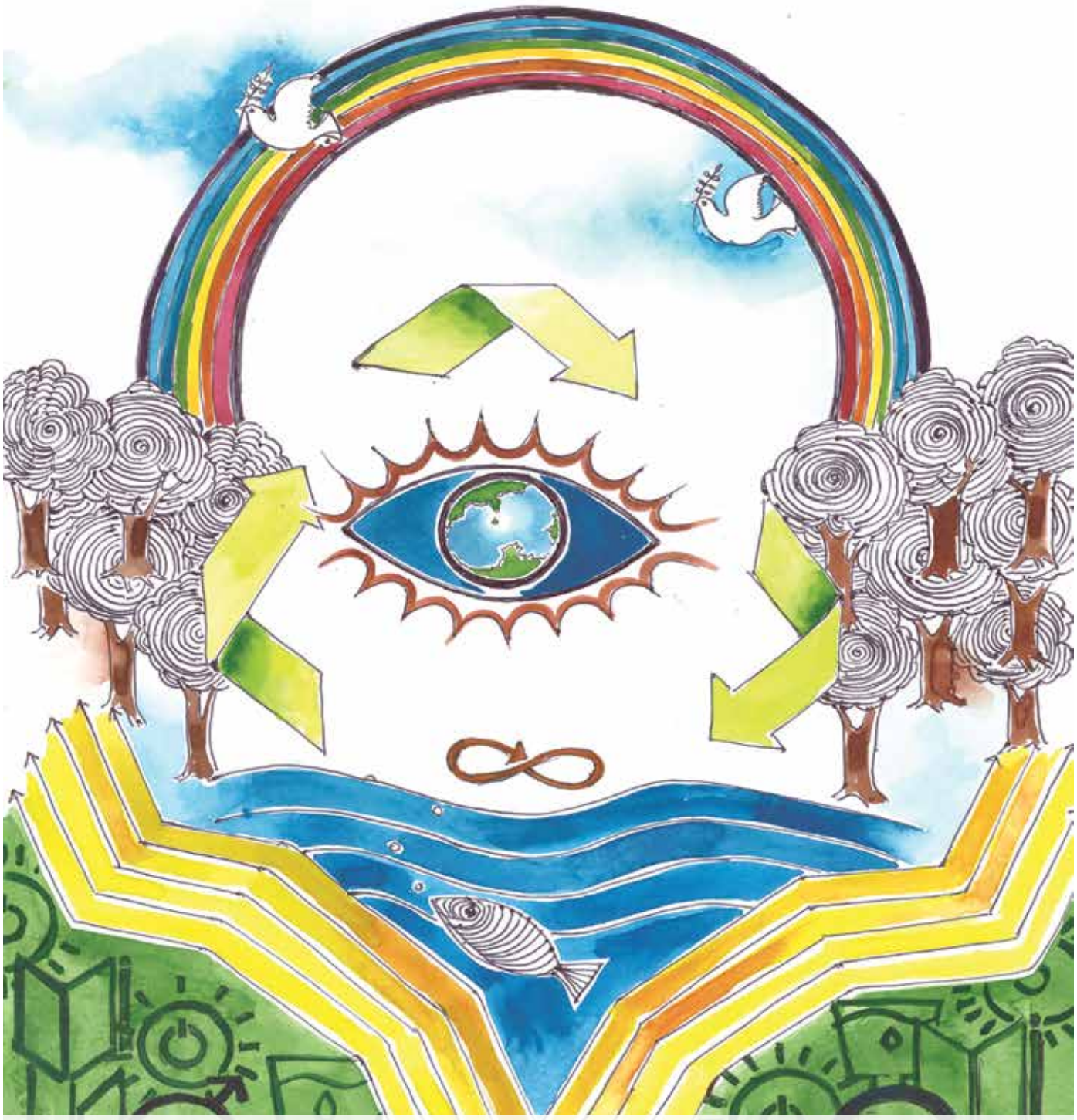
SARALA BIRLA
PUBLIC SCHOOL
(SARALA BIRLA GROUP OF SCHOOLS)

SAHASTRANSHU

Vol. VIII • Session : (2023-24)



International Dimension in Schools 2022–25

SARALA BIRLA PUBLIC SCHOOL

A Unit of Bharat Arogya & Gyan Mandir • Affiliated to CBSE, Delhi • Affiliation No. : 3430269
Birla Knowledge City, Ranchi-Purulia Highway, Village-Ara, P.O. Mahilong, Ranchi-835103, Jharkhand
Phone : +91 9507035987, 9507035717 • E-mail : info@sbpsranchi.com • Website : sbpsranchi.com

The Fountainheads



Your lives were a blessing, your momories a treasure
You are loved beyond words, and missed beyond measure
You left us beautiful memories, your love is still our guide
though we cannot see you, you're always by our side.

SARALA BIRLA PUBLIC SCHOOL

A Unit of Bharat Arogya & Gyan Mandir • Affiliated to CBSE, Delhi • Affiliation No. : 3430269
Birla Knowledge City, Ranchi-Purulia Highway, Village-Ara, P.O. Mahilong, Ranchi-835103, Jharkhand
Phone : +91 9507035987, 9507035717 • E-mail : info@sbpsranchi.com • Website : sbpsranchi.com



From the Desk of the Chairperson

"Perfection is not attainable, but if we chase perfection, we can catch excellence".

MESSAGE

Moulding impressionable minds, unleashing the hidden potentials and guiding them to the right path lit with learning and knowledge is a challenging yet responsible job. A job that cannot be taken up without total and true dedication, determination and passion.

It is my pleasure to present the latest edition of our school magazine. This publication showcases the many accomplishments, talents, and activities of our vibrant school community over the past year.

Within these pages, you will find articles highlighting the academic achievements of our students, the exciting events and programs hosted by our various school clubs and organizations, and the impressive athletic performances of our students. The creative work of our talented writers, artists, and photographers is also featured, demonstrating the diverse skills and interests of our student body.

I am continually impressed by the dedication, passion, and spirit exhibited by our students, teachers, and staff. Their unwavering commitment to excellence, both inside and outside the classroom, is truly inspiring. This school magazine is a testament to their hard work and the positive impact they have on our school.

As the chairperson, I am honoured to be a part of this wonderful community. I hope you enjoy reading about the remarkable achievements highlighted in this edition and that it fills you with a sense of pride for our school.

Wishing you all the best for the year ahead.

JAYASHREE MOHTA
(Chairperson)

SARALA BIRLA PUBLIC SCHOOL

A Unit of Bharat Arogya & Gyan Mandir • Affiliated to CBSE, Delhi • Affiliation No. : 3430269
Birla Knowledge City, Ranchi-Purulia Highway, Village-Ara, P.O. Mahilong, Ranchi-835103, Jharkhand
Phone : +91 9507035987, 9507035717 • E-mail : info@sbpsranchi.com • Website : sbpsranchi.com



From the Secretary

"All who have mediated on the art of governing mankind have been convinced that the fate of empire depends on the education of youth."
- Aristotle

MESSAGE

In every child, there is a world waiting to be explored. At SBPS Ranchi, we are committed to preparing all the students to be resilient, compassionate and responsible citizens who contribute and thrive in diverse society. To ensure students' success we provide a rigorous and supportive academic experience that motivates all learners to meet high expectations and grow up as global citizens. Our school is consistently focussed on the mission of producing global learners through rigorous and innovatively structured academic program. We begin with seeding the desire for life-long learning in every student. We strive to instill in our students a sense of respect for diversity, the skills to both follow and lead and ultimately the confidence to achieve academic and personal success.

The collaboration of the multifaceted, zealous students, the indefatigable, dedicated faculty, the cooperative, supportive parents under the guidance and direction of our Principal and the hardworking Birla group are the secrets behind the glory and magnificence of our institution. We are earnestly working towards providing a realistic global perspective to our learners to make learning a joyful experience.

My compliments to all those who contributed to the accomplishment of the magazine, specially the students and the editorial team for putting together this milestone edition of the 'Sahastranshu' Vol. VIII for the session 2023-24.

B. K. DALAN
(Secretary)

SARALA BIRLA PUBLIC SCHOOL

A Unit of Bharat Arogya & Gyan Mandir • Affiliated to CBSE, Delhi • Affiliation No. : 3430269
Birla Knowledge City, Ranchi-Purulia Highway, Village-Ara, P.O. Mahilong, Ranchi-835103, Jharkhand
Phone : +91 9507035987, 9507035717 • E-mail : info@sbpsranchi.com • Website : sbpsranchi.com



From the Head Personnel

"The world as we have created it is a process of our thinking. It cannot be changed without changing our thinking."

-Albert Einstein

MESSAGE

Children are the future of a nation. So it is very important to channelise their thought process in the right direction. In Sarala Birla Public School, we try to imbibe moral values among the students which affect their thoughts. If students try to bring a small change within themselves then only it is possible to bring a big change in the society.

It is with great pleasure that I welcome each one to the latest edition of our school magazine. I am proud to honour the talents and achievements of our students through the pages of this publication.

In every child, there is a world waiting to be explored. We as a team are committed in our approach to inculcate and induce a state of happiness in each individual to ensure a peace – loving, satisfying and a harmonious world.

The school magazine is a platform for our students to showcase not only the creativity and passion of our students but also to nurture young minds to give a shape to their creation in words. It also serves as a testament to the hard work and dedication they have put into their various endeavours throughout the year. From academic triumphs to artistic expressions, this magazine is a celebration of their exceptional talents.

This edition of the school magazine 'Sahastranshu,' is a unique blend and reflection of our school's vibrant and diverse community. It features a wide range of articles, poems, posters, paintings that encompasses various aspects of the school and its students ranging from academic achievements and extracurricular activities to community service initiatives and personal anecdotes. It is my hope that this magazine will serve as an inspiration to all those who read it and will motivate our students to keep pursuing their dreams with passion and dedication.

DR. PRADIP VARMA
(Head Personnel & Admin)



From the Principal's desk...

"In the corridors where laughter rings,
And knowledge takes its flight,
You gather here, like precious gems,
To shine bold and bright.

Each student's heart, a canvas grand,
With dreams radiating brilliance,
We paint their future with deft strokes,
On challenging paths catalyzing resilience".

The Tree That Grew Together

Once upon a time, in a small village nestled between mountains and rivers, there stood a beautiful, ancient tree in the centre of the town square. Its branches stretched wide, its roots ran deep, and its leaves whispered secrets to the wind. The villagers called it "The Together Tree" because it symbolized their unity and shared purpose.

One day, a young child asked the village elder, "How did the Together Tree grow so tall and strong?" The elder smiled and said, "It's not just the sun, the rain, or the soil—it's the care and effort of everyone in the village. Each person nurtures this tree in their own way, and in turn, the tree nurtures us."

Our school is also like the 'Together Tree'—a place that thrives because of the collective efforts of everyone in our community.

As I enter the school campus, I see the sunlight of enthusiasm in the students' eyes, the nourishing rain of knowledge shared by our dedicated teachers, and the strong, supportive roots provided by our parents and guardians. Each one of you plays an essential role in the growth and success of our school.

Dear students , you are the vibrant leaves of this tree. Each one of you is unique and full of potential, contributing to the beauty and energy of our school. Never stop reaching for the sky, and remember that your growth depends not only on your own hard work but also on how you uplift and support one another.

The teachers, are the steady trunk of the tree, offering strength and stability. Their guidance shapes our students' futures and provides them with the confidence to face challenges. Their passion for teaching and dedication to learning creates an environment where growth flourishes.

The parents and guardians, are the unseen roots, providing the essential support that keeps our school strong. Their encouragement, involvement, and partnership ensure that every child feels valued and empowered.

I feel privileged to stand as a humble gardener for this 'Together Tree', ensuring that the environment is nurturing, inclusive, and inspiring for everyone. Like the villagers in the story, we must work hand in hand to ensure that our school continues to grow strong and thrives.

Let us remember that challenges, like storms, will come. But if we remain united, rooted in mutual respect, and focused on our shared goals, we can weather anything together.

As we move forward, let's embrace every opportunity to learn, grow, and make a positive impact. Let us be the community that nurtures not only a thriving tree but also the dreams and aspirations of every individual under its shade.

Together, we are stronger. Together, we will flourish.

"Let's share our stories, our hopes, our dreams,
In every corner, every space,
For in this school, we nurture hearts,
And light each other's grace.

Remember, dear students, it's okay to fall,
To stumble, trip, or stray,
For in those moments of uncertainty,
You'll find your shining way.

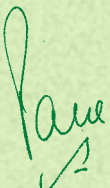
So, keep exploring, never stop,
Embrace each lesson learned,
For every step you bravely take,
Is a page in life's book turned.

And as your mentor, I stand with pride,
In all that you aspire,
Together, we'll reach for the skies,
With passion, strength, and fire.

So, here's to you, our school's bright stars,
Shining vibrant and proud,
Together, let's make every moment count,
And aspire to reach beyond the cloud.

For in this journey, hand in hand,
We'll lift each other high,
With knowledge, hope, and bonds strong,
We'll reach beyond the sky".

Warm regards,



PARAMJIT KAUR
(Principal)



Editorial

MESSAGE

Dear Readers,

'To me, the greatest pleasure of writing is not what it's about, but the inner music the words make as the words are the breathings of our heart.' In tune with the above words, I find writing as the most valuable literary expression. The inculcation of passion for creative thinking and writing amongst the students is one of the major objectives set by our school. 'SHASTRANSHU' has been a step towards it and it has served as a great platform to express students' passion for writing and encourage their original thinking. Our student authors have put across some amazing pieces of writing displaying their creative thinking and writing skills on the topics of pertinent Global issues. The works included in this edition are extremely simple but will surely provide an opportunity to peep into a child's thought process and his or her axiomatic creative thinking. Rolling through the days in and out, one can say that there had been a lot of progress in people's thinking countering various Global challenges with success and looking into these issues through the perspective of young creators will be eye opening discussions. It is actually a lovely experience to see the collective consciousness of these enthusiastic writers voicing their feeling through short stories, poems, narratives, art pieces etc. The publication of the school magazine included a lot of planning compounded with team work and I was lucky to have a team of motivated students, blooming writers and extremely determined teachers who played a strong role in envisioning the layout of SAHASTRANSHU. I would also like to extend my sincere thanks to our Principal, Mrs Paramjit Kaur, for her constant support and guidance through the entire process of planning and publication of the magazine.

Lastly, from the entire team of SAHASTRANSHU I wish all the readers a happy reading!

KANAK SINGH
(Editor-in-Chief)

ADMINISTRATIVE TEAM



SILENT HELPMATES
(ASSISTANT TEACHERS)



COMMITTED HELPERS
(TRANSPORT)



THE FUNDAMENTALS
(HELPING HANDS)



PEDAGOGICAL TEAM (FACULTY)



SBPS BOARD RESULTS 2024

AISSE-2024 (Std. Xth)

Students Securing More Than 90 % In Aggregate



AISSCE-2024 (Std. XIIth)

Students Securing More Than 90 % In Aggregate







JEE, NEET, IIT

QUALIFIED STUDENTS LIST - 2023







Message From

Head Boy



Srijay Sinha
XII C
SBPS/22-23/7103

"The future belongs to those who believe in the beauty of their dreams."

As I pen down my thoughts, I am filled with a sense of pride and gratitude for the incredible journey as the Head Boy of our esteemed school. The path leading to this position began in Class XI when I first joined this institution. Little did I know that it would be a transformative experience that would shape not only my academic life but also my character and leadership skills. Becoming the Vice Head Boy in Class XI, especially being a new student, was a remarkable achievement for me. I always believe that the only person you are destined to become is the person you decide to be. I did believe in myself but this would not have been possible without the warmth and support I received from both the faculty and my peers which helped me make the transition smoother than I could have ever imagined. The inclusive atmosphere cultivated by the school allowed me to assimilate seamlessly, and I am forever grateful for the friendships I forged during those early days.

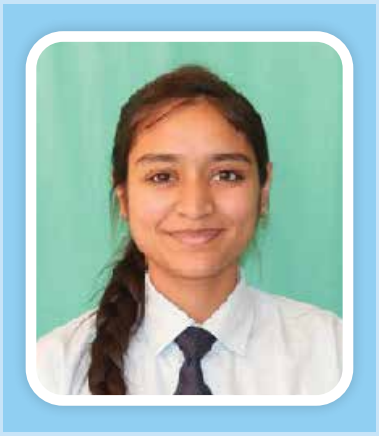
The following year, my peers, teachers and respected Principal ma'am bestowed upon me the incredible honour of serving the institution as I Head Boy through a democratic voting system. The faith and trust that my fellow students placed in me were both humbling and motivating. I discovered the true meaning of leadership and responsibility. The faculty members played a pivotal role in guiding me through this journey. Their unwavering support, encouragement, and mentorship were instrumental in helping me navigate the complexities of the position. From academic challenges to interpersonal dynamics, the teachers were always there to offer guidance, fostering an environment where growth and learning were paramount.

Sarala Birla is not just a place of academic learning, it is a place where dreams take shape, friendships are forged and character is built. The school provided a platform for me to explore my potential, not just within the confines of the classroom but also on a broader scale through various competitions. Throughout my term, I endeavoured to lead by example, encouraging a spirit of unity, inclusivity and excellence. One of the most rewarding aspects of my role was the opportunity to inspire and mentor the junior students. Witnessing their growth and witnessing them surpass their own expectations was truly gratifying. I firmly believe that leadership is not just about achieving personal milestones but about creating an environment where others can flourish and reach their full potential.

I am confident that the legacy of leadership and excellence will continue to thrive within the walls of our beloved school. My message to my juniors is - Go confidently in the direction of your dreams, believe in yourself, work hard and passionately for if you put your heart and soul into something, there will be no force strong enough to stop you.

Message From

Head Girl



Avani Choudhary
XIIF
SBPS/10-11/556

Albert Einstein once said, "The only true source of knowledge is experience." Today, towards the conclusion of my tenure as the Head Girl of our esteemed institution, I am filled with pride and satisfaction as I reflect on the enriching experience I have had in the past academic year.

I wish to reiterate my gratitude towards the school management and my fellow students for giving me this opportunity to serve you. The past year has not only reinforced my sense of responsibility towards the community, but also the belief that I am capable of shouldering such a duty. My leadership skills were honed through several tests throughout my tenure. I am proud to say that with the support and guidance of my teachers and fellow council members, I was able to discharge my duties to best of my abilities.

As I look back, the privilege of helping, guiding and encouraging my fellow students has given me a sense of fulfilment. I truly believe that I have lived up to our school motto "Explore, Engage, Empower" in its true sense. I have imbibed valuable lessons in leadership and team work.

I am truly happy to take with me this enriching and wonderful experience and friends that have worked with me through thick and thin.

Awards and Accolades



















Alumni Meet 2023

Cherishing the memories that last a lifetime, the ex-students of SBPS, Ranchi visited their alma mater for an **Alumni Meet.** The students were invited to celebrate 75th Republic Day and relive the golden moments of their old school days. An interactive session with distinguished alumni was also organised. They also got good networking opportunities which helped them form connections in their professional fields.















Investiture Ceremony 2023

Investiture Ceremony for the session 2023-24 was held in the premises of Sarala Birla Public School, Ranchi. The students of the School were conferred with various positions and recognition in the Student Council. They were elected through an online voting system followed by interview sessions. Being ready to take various challenges, the other office bearers affirmed the council's mission and pledged to keep the flag of the school flying high.

















Innovative Classes












Jadui Pitara (Jr)
JADUI PITARA
JADUI

The campus of SBPS Ranchi was a hive of activity throughout the year, as students and staff engaged in a variety of educational and community-oriented initiatives.

Earth Day was marked with a fervour that was palpable. The school reverberated with the profound wisdom of Albert Einstein as students embraced the 2023 theme, "Invest in Our Planet." The day was marked by a diverse array of activities designed to impart the importance of environmental stewardship. Students, young and old, came together to celebrate the planet and its natural resources. From crafting handmade badges to organizing a special assembly, the campus echoed with the message of environmental conservation. The Eco and Gardening Club led the charge, planting saplings, accompanied by explanations of their ecological benefits. Furthermore, a quiz challenged participants on environmental topics, and a captivating dance performance illustrated the critical need to conserve the planet's natural resources.




As the year continued, the Media and Communication Club took center stage on World Press Freedom Day, hosting a special assembly dedicated to the role of media in society. The event featured insightful speeches and an engaging interview with the Principal, Mrs. Paramjit Kaur. Through this discussion, students explored the impact of the National Education Policy (NEP) 2020, the challenges posed by the post-pandemic era, and the evolving landscape of education. Mrs. Kaur emphasized the importance of honing public speaking skills and encouraged students to embrace the new curriculum with enthusiasm and openness.

Next up, we saw a heartfelt gesture of appreciation, when our students honoured the school's supporting staff on International Labour Day. Handmade thank-you cards were presented as tokens of gratitude, and a cultural program was organized to acknowledge the invaluable contributions of these dedicated individuals, who form the backbone of the institution. Through these acts, the students expressed their deep respect and appreciation for the support staff's essential role in the school's daily life.




In the middle of the academic year, the school turned its attention to a celebration of unconditional love and dedication on Mother's Day. The students, brimming with creativity, staged a poignant enactment that honored the immeasurable sacrifices made by mothers for their children. The event was enriched by melodious songs and beautifully handcrafted thank-you cards, each a symbol of the students' heartfelt appreciation. This celebration fostered a profound sense of unity and affection within the SBPS family, reinforcing the deep bonds of love and gratitude shared by all.




In commemoration of International Yoga Day, the students of SBPS conducted a grand mass yoga demonstration on the school premises. The event was organized with the theme "Vasudhaiva Kutumbakam" (The World is One Family), fostering a sense of unity and oneness among the participants. An inter-house yoga competition was also held to showcase the yogic abilities of the students, with the students of Yajurveda and Rigveda houses emerging as winners. The Principal, faculty members, and staff members of the school actively participated in the mass yoga demonstration. To complement the physical practice of yoga, a meditation session was organized in the B.K. Birla Auditorium by Swami Nishananandaji from Yogoda Satsang Ashram. Swami Nishananandaji emphasized the importance of maintaining a healthy body and mind to lead a fulfilling life. The overall experience of International Yoga Day at SBPS Ranchi was a reminder of the profound benefits of yoga and its ability to promote physical, mental, and spiritual well-being.




The vibrant tapestry of celebrations continued with the exuberant Yellow Day, a joyous tribute to the king of fruits - the mango. The school grounds were transformed into a sea of yellow as students donned cheerful attire, their faces beaming with excitement.




The assembly was a melodious symphony of mango-themed songs and poems, as young voices echoed with enthusiasm. The creative spirit of the students was evident in their handcrafted mango emojis and sunflowers, which they proudly took home as tokens of their participation.

The academic year at SBPS, Ranchi, was further distinguished by vivacious celebrations and meaningful initiatives. In commemoration of International Chess Day, students eagerly participated in a special assembly and a Chess Tournament. Their strategic thinking and competitive spirit were on full display, reflecting their enthusiasm for the game.




To mark World Emoji Day, the students engaged in a variety of creative activities that celebrated the global language of emojis. Classrooms were adorned with vibrant emoji trees, and students designed unique badges and bookmarks. Emojis even made their way into smart board presentations, fostering both creativity and self-expression. These playful activities not only brought a smile to everyone's face but also highlighted the students' imaginative flair.



Moving on, further events continued with the observance of Van Mahotsav, a festival dedicated to tree planting and environmental conservation. The students actively participated in a variety of activities centered around the theme of environmental awareness. They engaged in thought-provoking discussions about the significance

of Van Mahotsav in contemporary times through Circle Time, Open House sessions, and JAM sessions. To instill a sense of environmental responsibility in the young minds, the learners planted saplings on the school grounds, nurturing a connection with nature and contributing to a greener future. As these saplings grew, they would serve as a constant reminder of the students' commitment to environmental stewardship.




In observance of World Nature Conservation Day, the students of SBPS organized a plantation drive in the school premises. The students planted saplings with medicinal values, aligning with the theme of the year, "Forests and Livelihoods: Sustaining People and Planet." To foster a deeper appreciation for the natural world, the students were taken on a nature walk to the school's rainwater harvesting plant. This excursion allowed them to witness firsthand the importance of sustainable practices in preserving the environment. A special assembly was also conducted to mark the occasion. The students recited poems about nature conservation and enacted as various elements of nature, such as bees, butterflies, and ants. These creative expressions highlighted the interconnectedness of all living beings and the vital role that nature plays in our lives.

On the occasion of International Tiger Day, the students organized various activities to raise awareness about the plight of the magnificent but endangered big cat. They showcased their creativity by making origami tigers and crafting 3D images of tigers in different shapes and colors. To deepen their understanding of tiger conservation, they watched documentaries that highlighted the challenges faced by these majestic creatures and the importance of preserving their habitat.



One of the highlights of the year was the special assembly conducted on World Population Day. The theme, "Unleashing the Power of Gender Equality," resonated with the students as they explored the importance of advancing gender equality to create a more equitable and just world for all. The students passionately prepared posters and slogans, while teachers delivered inspiring speeches, emphasizing the need to empower women and girls to realize their full potential.




Another significant event was the two-day extravaganza, Indraprastha, held at Sarala Birla Public School. This exciting event provided the students with a unique opportunity to glimpse into the world of business and entrepreneurship. The immersive experience sparked their curiosity and inspired them to explore potential career paths. The event featured three main highlights: The Hungry Wolf, an innovative event related to stock simulation; Bid Your Bet, an entertaining auction competition; and Hatch-Pitch, a unique business plan competition. These activities provided a platform for students to showcase their talent, explore their potential, and gain invaluable experience in the field of trade and commerce. Indraprastha proved to be an unforgettable journey that empowered and inspired the next generation of business

and finance leaders. Winners of the Hatch pitch segment were Dhritee Maheshwari and team, for the segment 1 Bid Your Bet, the winners were Vats Sharma and team, and for the Hungry Wolf, Sarim Afroz and team emerged as winners.




In commemoration of Malala Day, the students of SBPS organized a special assembly to honor the inspiring legacy of Nobel Laureate Malala Yousafzai. The students delivered heartfelt speeches and recited poems, paying tribute to Malala's unwavering commitment to education and human rights. They highlighted her courageous stance against the Taliban and her relentless efforts to empower girls and young women around the world.




This was followed by the celebration of World Lion Day with a special event. They watched a captivating documentary about lions and participated in an inter-house drawing and painting competition. These activities not only raised awareness about the plight of lions but also encouraged creativity and teamwork among the students.




The monsoon season started with a series of sporting events for National Sports Day, to celebrate the birth anniversary of Major Dhyan Chand. The celebration went beyond conventional sports, embracing various adaptive and inclusive activities. This inclusive approach ensured that all students, regardless of their abilities, could participate and enjoy the spirit of sportsmanship.

In addition to these celebrations, the students also marked Green Day to celebrate the arrival of the monsoon season. The students dressed in green attire, carried lunch boxes filled with green food items, and created tree book marks as a memento of the day. These fun initiatives highlighted the importance of environmental sustainability and the beauty of nature.




Just before the commencement of the half-yearly examinations, the year also saw a heartfelt celebration of Teacher's Day, where students expressed their deep appreciation for their educators.




The occasion was marked by a series of events, including a special assembly where students performed dance and delivered speeches that celebrated the dedication and hard work of their teachers and honoured the invaluable contributions of teachers to their growth and learning.

In observance of Mental Health Week, under the initiative of Manodarpan by the Ministry of Education, Government of India, and the Atma Nirbhar Bharat Abhiyan initiative, the students

of SBPS Ranchi watched a documentary to understand the importance of promoting mental health and well-being in school education.




Furthermore, students celebrated National Philately Day during National Postal Week, 2023. To commemorate the occasion, India Post organized a drawing competition on the theme "Together for Trust." Our students enthusiastically participated in the competition, showcasing their artistic talents and contributing to the celebration of philately.



In addition to the aforementioned events, the school organized a two-day Book Fair in the premises of the school. The book fair was inaugurated by the Principal, Mrs. Paramjit Kaur, along with the parents. The fair showcased a diverse range of books, catering to the interests of students of all ages. The event provided a wonderful opportunity for students to explore new genres, discover new authors, and expand their horizons through reading.



Later in the year, Vigilance Awareness Week was observed with active participation from both students and teachers. Recognizing that students are the future leaders of our nation, it is crucial for them to grasp the importance of vigilance in combating corruption. To address this, a range of activities was organized to educate students about the detrimental effects of corruption.




This was not all. In honour of National Mathematics Day, which celebrates the birth anniversary of Srinivas Ramanujan, students at Sarala Birla Public School, Ranchi, engaged in a variety of activities. A special assembly was held to commemorate the day. Students participated in inter-house quiz and sudoku competitions, and a brief presentation highlighted Srinivas Ramanujan's significant contribution to the field of mathematics.




The academic year culminated with a poignant observance of World AIDS Day. Students came together to spread awareness about HIV/AIDS through a series of impactful activities. They performed songs and participated in a variety of awareness-raising initiatives aimed at educating the community about prevention, treatment, and the importance of support for those affected. A special assembly was conducted, which was a powerful reminder of the collective responsibility to foster empathy and understanding in the fight against HIV/AIDS.




As these events unfolded, the SBPS family painted a rich tapestry of reflection, appreciation, and celebration, each member contributing to the vibrant and dynamic spirit of SBPS Ranchi.

House Warriors

At Sarala Birla Public School, we believe that competitions are a powerful tool to unlock the hidden potential of our students. Our Inter-House Competitions are a celebration of talent, teamwork, and creativity, where students from different houses come together to showcase their skills and spirit

Our competitions are designed to cater to diverse interests and abilities.

A Spectrum of Events

The session started with a Declamation competition, the participants declamed speeches of famous dignitaries like Dr Sarvapalli Radhakrishnan, Subhash Chandra Bose, Lal Bahadur Sashtri and Kailash Satyarthi. Samveda got the first position followed by Rigveda and Yajurveda (tie). All the performances were spectacular and highest form of rhetorics.

GK quiz was organized on the theme' Jharkhand and Telengana' which helped the students to know the diverse culture of the two states. Atharvaveda emerged as the winner, Samveda got the second position and Rigveda third.

There was another exciting event Cryptic Crossword and Word Scrabble Competition that was conducted for grade IX to XII .Topics included History, sports, movies and current affairs. Yajurveda bagged the first prize followed by Rigveda getting the second prize and Samveda ending with the third.

Inter-House Group Dance and Song Competition was organized on the theme- Patriotism to mark the 76th year of Indian Independence. Samveda bagged the first position followed by Atharva Veda and Rig Veda jointly securing the second position and yajur Veda in the third position. For the group dance category Yajurveda bagged the first position ,Samveda and Rigveda jointly secured the third position.

There was another enriching activity Nukkad Natak that was staged by the four houses based on the SDGs like gender equality, zero hunger, no poverty and quality education. Atharvaveda bagged the first position, yajurveda got second position ,Rig Veda the third and Samveda bagged the fourth position in the competition.

An inter house Volleyball Competition was organised in the premises, all the four houses played with great vigour and enthusiasm Samveda got the first position followed by Rig Veda bagging the second and Yajur Veda the third position.

Sports activities like inter house Taekwondo competition, Cricket tournament and Basket-ball competition were also organised for the children. There was a tough competition, each house played with a winning spirit.

The little story tellers of standard 3 to 5 participated in an Inter House Story Telling competition, the theme of the competition was 'Tales from Panchatantra.' The session ended with Inter-House Spelling Competition. Spellings were from different academic areas of Literature, Science, History, Technology,movies and Sports.

By participating in these competitions, our students develop essential life skills like leadership, teamwork, and problem-solving it helps them in building confidence and self-esteem through recognition and achievements not only that it also cultivates creativity,

innovation, and out-of-the-box thinking. They learn valuable lessons in sportsmanship, perseverance, and resilience which form ever lasting bonds with peers and mentors.Our Inter-House Competitions provide a unique opportunity for the students

At Sarala Birla Public School, we take pride in our students' achievements and celebrate their successes with:

Be a part of our vibrant community and experience the excitement of Inter-House Competitions at Sarala Birla Public School. Let's unleash excellence together!















Hands on Activities













School organised various activities in the school campus for holistic development of the students. Students of different clubs enjoyed club activities to invigorate the children. The students participated happily in various clubs like carrom, skating, carpentry, global partnership, Animation & Graphic designing, IT/Coding club etc. bursting with joy and energy!, There were guest speakers from the fields of media, robotics, filmography and cinematography who addressed the students and informed them about the nuances in these fields. Debate and leadership and Vigilance Awareness clubs visited Audrey House. The students of Science and Maths club went to Building Construction Lab and Geo-Technical Engineering Lab of SBU. First Aid & Health Club students went to the MBINCT. Dramatics and Script writing and Satyajit Ray film clubs invited Mr Kamal Kumar Bose, theatre artist, Reader of Hindi as the guest speaker. Media and communication club had the privilege of inviting Mr. Shambhu Nath Choudhary, Editor in Chief IDTV. Junk Modelling club invited Mr. Praween Karmakar, Sr. Faculty JNKK Kala Kendra, Mecon, and the Electronics and Robotics club got the opportunity to learn from the alumni members of our school- Shreyansh Dubey of IIT Ropar and Rohan of IIT BHU Varanasi. Students also enjoyed a motivational movie to culminate the day. It was a year of great learning and creativity.

















Capacity Building Programmes





















Experiential Learning

"Education is not the filling of the pail but the lighting of a fire." – W.B. Yeats.

Experiential learning at Sarala Birla Public School integrates hands-on experiences with theoretical knowledge, fostering holistic development, critical thinking and problem-solving skills.

The objectives are to bridge theoretical concepts and real-world applications, to develop skills and enhance critical thinking, teamwork, communication and problem-solving skills also encourage self-discovery and adaptability. These educational trips help in fostering social responsibility and environmental awareness.

They are all Project - Based Learning: Inter-disciplinary projects are assigned to the students for addressing real-world challenges.

Experiential learning at Sarala Birla Public School empowers students to become proactive, innovative and socially responsible individuals, equipped to navigate complex global issues.

Visit to Jharkhand Silk Development Institute

Our group visited the Jharkhand Silk Development Institute (JSDI) to gain insights into sericulture, silk production and the state's textile heritage. The institute promotes Jharkhand's silk industry, supporting local weavers and artisans.

The learning objectives were to make students understand sericulture and silk production processesThey also learned to appreciate traditional textile designs and techniques. This will enable them to explore market opportunities for Jharkhand silk products.

Learning Outcomes:

The students learned about mulberry and non-mulberry silk cultivation.

They also learned about, Weaving Techniques by observing traditional looms and weaving methods. Designs and Patterns; they witnessed intricate tribal designs and motifs. They understood the concept of Quality Control.

The students also had an interaction with the expert weavers and artisans they discussed market trends and challenges.

The visit provided valuable insights into Jharkhand's silk industry, highlighting opportunities for growth, sustainability and cultural preservation.







Experiential Learning Program at Kushal Palli Resorts, Ayadhya Hills, Purulia

Our immersive experiential learning programme at Kushal Palli Resorts, nestled amidst Ayadhya Hills' breathtaking beauty, transformed participants' lives .The students and staff had a fun filled and enriching experience, fostering camaraderie, leader-ship, environmental stewardship and cultural appreciation.

A special Chau dance was organized for the students of our school to educate them about the history and culture of these local and traditional dance forms.

Educational Cum Experiential Trip to Singapore

Sarala Birla Public School presents an immersive educational experience in Singapore, fostering holistic development, cultural awareness and innovation.

The main Objectives were to enhance knowledge of Singapore's education system, develop teamwork and leadership, cultivate global perspective and networking, promote cultural understanding and appre-ciation.

The kindergarten went to visit Ranchi Aquarium & Butterfly Park, Ormanjhi, Ranchi for an experiential learning experience. Children got exposure to The amazing world of animals, birds and marine life.

To go beyond the four walls of the classroom students were also taken to Usha Martin wire rope division in Tatisilwai, Ranchi. They were given exposure of the different factories of Usha Martin and the usage of the products in everyday life. The next programme was on SAA Vishnu Bakers Private Limited, khunti the visit was for witnessing the processes of manufacturing and packaging biscuits and chocolates. Following the principles of NEP 2020 which focuses on skill development another trip to Jharkhand government MSME tool room was organised for the children they went to Rapid proto typing and tooling where they gained a lot of experience.









Trip to Singapore





Jaltarang



To sensitize the students about current issues faced by the world and to help them find solutions for up-keeping the Indian Values and knowledge intact, India's International Movement to United Nations' Jharkhand Conference orientation programme was held in the B.K Birla Auditorium under 'Jaltarang' – the guest speaker programme of the school. The students were provided information about the importance of public speaking along with current, national and international affairs with the aim of educating students about the upcoming physical I.I.M.U.N. Jharkhand Conference 2023.

Career counselling session under Jaltarang was conducted in the premises of Sarala Birla Public School, Ranchi. Ms. Himi Purkayastha, was the Guest speaker of the day. She spoke to the students about career prospects in Pure Majors, Interdisciplinary Majors and Minors and the process of admission in various universities. The students were eager to explore these unconventional forms of career paths.

An orientation workshop was conducted in the premises of Sarala Birla Public School, Ranchi wherein the students were made familiar about the different national level exams including NTSE. The students were informed about the process of registration to appear for these national level exams and how to prepare for the same. The students' queries were also addressed by the speakers. The session ended with a lot of enthusiasm and excitement among the students.

Sarala Birla Public School, Ranchi organised a career guidance and Education Fair in its premises to give the students an opportunity to interact with representatives from various universities and gain valuable insights. More than 15 universities across the country participated in the fair. The students benefitted from this incredible opportunity to pursue their dreams and expand their horizons.

An interactive guest speaker programme under Jaltarang was organised at Sarala Birla Public School, Ranchi on the topic of Space Science and Technology. The guest speakers for the session were Dr. Unnikrishnan Nair, the Director of Vikram Sarabhai Space Centre & Indian Institute of Space Science and Technology and Dr.Prof. Radhakant Padhi, the Chair Professor in the Department of Aerospace Engineering, HAL.










Learning by Doing

(Vocational Training)













Mini Sports Day-Funathon 2023



Sarala Birla Public School, Ranchi celebrated the Mini Sports Day 'FUNATHON–2023' on 16th December 2023 with great enthusiasm and vigour. The school was decked with vibrant colours giving an ostentatious look.









The eventful day commenced with the welcome song by the school choir which set the mood of the day. Then the event was declared open with the release of balloons by the Principal and the guests, Mr. Harbhajan Singh, President, Jharkhand Basketball Association, Mr. Satbir Singh Sahota, Regional Director, Special Olympics Bharat (SOB), Jharkhand, Mr. Inderjeet Singh, National Champion in Powerlifting and Ms. Tina Bodhanwala Sood, Area Director, Special Olympics Jharkhand, Director Tarapore School & JH Tarapore School.









Kalanjali

Kalanjali: Art-integrated Exhibition was organised in the premises of SBPS, Ranchi. The students of the primary wing displayed art exhibits which were integrated with their curriculum in the field of Hindi, Sanskrit, English, Social Science, Maths and Science. They displayed items like hand-made jewellery, paper bags, paintings, working models of Anemometer, 3D shapes etc. The students also decorated a wall made of origami animals based on SDGs- Life on Land and Life below Water.



'Kalanjali' Art-Integrated Exhibition

The learning models exhibited by the students were based on the concept of 'through the arts' and 'with the arts' to be integrated into the curriculum. The students worked in an inclusive environment to display models and projects on topics like Solar system, motion, fossils, auto switch off water pump, digital distance measurement device, JCB and laser light alarm. The students also displayed miniature models of the Parliament, Gram Panchayat, Vriksh Purana.

The students displayed art exhibits which were integrated with their curriculum in the fields of Hindi, Sanskrit, English, Social Science, Maths, Science, Life skills and General Knowledge. They had displayed an array of objects like paintings, working models, 3D images, Info-graphics and models of different plays of Shakespeare.





Annual Day - SHRADDHA 2023

Annual Day Celebration 'Shraddha'
'Mera Sara Tujhpe Wara'…
the Patriotic Journey of Sardar Udham Singh

Marking the completion of a successful academic year dedicated to the achievement of Sustainable Development Goals, Sarala Birla Public School, Ranchi celebrated the Annual Day 'Shraddha' on the theme 'Mera Sara TujhpeWara: the patriotic journey of Sardar Udham Singh' with great elation and gusto. The spectacular evening commenced with the welcome of the Chief Guest, Shri Babulal Marandi, Member of the Jharkhand Legislative Assembly (Ex. CM), Prof. (Dr.) Savita Sengar, Vice Chancellor, Jharkhand Rai University, Ranchi and other dignitaries followed by auspicious lighting of the ceremonial lamp by the eminent guests. This was followed by the inauguration of the heritage book- Ranchi, my city. The cultural programme began with the welcome song 'Subh Swagatam' accompanied by the Orchestra. The audience was highly appreciative of the soulful symphony of the budding musicians. The highlight of the programme was the dance drama which depicted the patriotic bravery of Shaheed Udham Singh.













Celebrating Lives of Great Personalities

In 2024, the nation will commemorate the 155th birth anniversary of the Father of the Nation- Mahatma Gandhi. The students of Sarala Birla Public School, Ranchi offered a heart-warming homage to the Father of the Nation by organising Gandhi Darpan- an exhibition on the life and values of Gandhiji. Ahimsa, Truth, Peace, Nai Taleem, Sarv Dharm Sam Bhav, the various Satyagrahas led by him, and the spirit of nationalism were showcased in the form of rangoli, paintings, miniature flags, kites, badges, masks, calendars, letters, collage, models of the charkha etc.

On the birth anniversary of Nobel laureate Rabindranath Tagore, the students of SBPS, Ranchi put up a resplendent performance. Remembering Kaviguru, the students organised a special assembly paying tribute to him. The students enacted the story of 'Kabuliwala'. They also sang Rabindra sangeet that conveyed the message of never giving up in difficult circumstances. The students also recited poems from Tagore's anthology. The whole campus was filled with an air of celebration and exuberance.

Living by the above words of Swami Vivekanda, the students of Sarala Birla Public School, Ranchi observed the National Youth Day or Yuwa Diwas on 12thJanuary on the theme 'Mai Bhi Vivekanda', commemorating the birth anniversary of Swami Vivekananda.

The students commemorated the birth anniversary of our pioneer, mentor and founder, Shri Basant Kumar Birla. Students were made aware of the contributions of Shri Basant Kumar Birla in the field of education. A tribute was paid to him in the assembly and a PPT on the life history of Shri Basant Kumar Birla was shown to all the students.







Community Outreach Programme







Students & Teachers of Deepshikha, an institute for child development and mental health, were invited at Sarala Birla Public School, Ranchi for display and sale of Rakhis and other handmade items.

Joy of Giving

To experience the real joy of giving, the students contributed for the treatment of a student of our school suffering from Nephrotic Syndrome. The students went to Marwari Arogya Bhawan and distributed basic items of everyday use to the needy people of the neighbourhood. They also went to Karuna Orphanage where they distributed items of daily use. Students went to various other organisation/institution like Guru Nanak Home for Handicapped children in Bariatu, an orphanage- Adim Jati Seva Mandal in Niwaranpur and Apna Ghar old age home.



To observe International Day of People with Disabilities (IDPD), the school organised an Indoor Tournament with the students of Deepshikha, an Institute for Child Development and Mental Health. It was a friendly sporting event in which SBPS students teamed up with the students of the visiting school and played the Young athletes games in which Hurdles, crawling the Circles, jump on the number sequence, umbrella game, cricket etc. were included.

Holding onto the tradition of the school of making the lives of the needy a little comfortable, the School, also organized a community outreach programme 'Shubheksha: Donating for a cause'. The students escorted by their teachers, went and distributed blankets in Baram, Jaratoli and Bisavillage in Ranchi district.













Competitions: Galore









The choir group of 8 students from SBPS, Ranchi brought laurels to the school in the Sansad Sanskritik Mahotsav 2023. Sriyansh Mishra of Std. IV, Ananya Sachan of Std. VII, Rajshree Verma of Std. VII, Hardik Srivastava of Std. VIII, Ruchi Mishra of Std. VIII, Aayush Barua, Sarthak Lal and Aditi of Std. IX bagged the first runner up prize and received trophy, medals and certificates.

Students gave exemplary performance in the 2nd Bodhi Tree Inter-school Critical Literary Conclave 2023. 28 schools from all over the country participated in the online conclave. Prajnashree Hota and Nishka Raj of Std. X were accorded with the first-runner up position in the Overall Delegation segment for Creative Writing Category.

SBPS students performed brilliantly in the competition organised during the State Level Conference 2023 hosted by CBSE at Jamshedpur. With 42 schools participating from all round the state of Jharkhand, our school bagged the first position in the quiz competition 'Prashnottari'. Md. Ammaar Ahmad of Std. X and Abhishek Kumar Aayush of Std. XI along with the teacher Mr. Sujeet Kumar exhibited outstanding performance and brought yet another laurel to the school.

Tanvi Rungta of Std. VIII added yet another feather to the school's achievement by bagging the Critic's choice award for Discursive Writing competition in Aspirations: Third edition of inter-school online literary challenge organised at Varanasi. It was a National level event in which participants from 27 schools all over the country participated. Our school received Best Delegation award for the same category for the collective effort of Ananta Sinha and Tanvi Rungta.

In the final phase of IIMUN Jharkhand Conference organised at Ranchi, students of Sarala Birla Public School, Ranchi gave extemporary performance. Chinmay of Std. XII won a silver medal for High Commendation for being one of the best delegates representing Germany. Mimansa Prasad of Std XI also got a special mention for her all-round performance at the conference.

The students of SBPS Ranchi brought laurels to the school by participating in BIZGALA: an inter-school Commerce fest organized at Ranchi. The students secured the 1st runner up position in the 'Sociopreneur' category which was a strategic

trading competition with limited Human Resources, raw materials and cash. In the nukkadnatak competition 'The Street Chronicles', the students exhibited their acting prowess on the theme 'The Entrepreneur Within' to secure the 1st runner up position. The school ended up with the 2ndrunner up position for all the events.

Students of SBPS, Ranchi outshone in the CBSE Science Challenge 2023-24. The hybrid competition was conducted in two phases. Md. Ammar Ahmad and Devansh of Std 10 performed exceptionally and received certificates for their outstanding performance.

The Initiative for Research and Innovation in STEM (IRIS) introduced the concept of Mentoring Camps and Kumar Divyanshu Raj and Vinayak Kumar (Std. IX) of our school have been invited to the platform for securing the top position in CBSE National Exhibition.

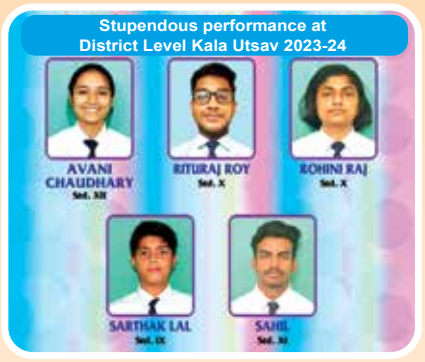
Khushee Kumari of Std-IX of Sarala Birla Public School, Ranchi received 1stprize in the Wall painting competition organised by Directorate of Tourism, Government of Jharkhand on the occasion of World Tourism Day at Audrey House on 27thSeptember2023.

The students of Sarala Birla Public School, Ranchi outshone in the 2ndLiterary Ideation Conclave organised at Varanasi from September 30thto October 3rd, 2023.

The students of Sarala Birla Public School, Ranchi yet again left their indelible mark in District Level Kala Utsav 2023-24 with their outstanding performance. Avani Chaudhary of Std. XII received the first prize in Classical Dance (girl's category). Rituraj Roy of Std. X received the first prize in the Visual Arts (2-dimensional, boy's category). Rohini Raj of Std. X secured the first position in Vocal music- traditional folk song (girl's category) and Sarthak Lal of Std. IXsecured second position in Vocal music- traditional folk song (boy's category). Besides, Sahil of Std. XI also secured the third position in Instrumental Music(boy's category). Avani Chaudhary, Rituraj Roy and Rohini Raj have also qualified for the state level of Kala Utsav.

The students of Sarala Birla Public School, Ranchi yet again outperformed in an inter-school conclave Razzmatazz-2023 held at Lucknow. 58schools all over the country participated in the competition. Aarthav Kumar Singh of Std. V and Vinit Kumar Mishra of Std. IV secured the second position in 'Futuroez' which was a digital painting competition on the theme Superheroes of the Future.

















The students of Sarala Birla Public School, Ranchi outshone in various events of Seventh Edition of Manthan Redux: Online Literary Dialogues -2023. Pratyusha Preshti Lakra of Std. VIII was awarded the Most Promising Performer for the event Whirl- A Yoga and Dance Duologue. Atishya Singh of Std. XI and Prajnashree Hota of Std. X secured the 1st runner up position in English Creative Writing category (Overall Delegation). Prajnashree Hota also got the critic's choice award for her writing spree. Rituraj Roy and Deeksha Rani of Std. X got the Judge's Choice Award for Visual Art Installation.

The students of Sarala Birla Public School, Ranchi left their indelible mark in the Inter-School Technical Bonanza organized at Morabadiin which more than 500 students from 15 schools participated.

The students of Sarala Birla Public School, Ranchi yet again outshone in Online Annual Inter-school literary event 'Speak Out-2023' organized in Amritsar. It was an internationallevel event in which more than 46 schools participated.

Sarala Birla Public School, Ranchi emerged victorious in the city level of INTACH Heritage Quiz organised by INTACH Ranchi and Jharkhand Chapter at Ranchi. Nischay Ratan of Std.IX and Vaishnava Singh Kashyap of Std. X secured the 1stposition in City level Heritage Quiz and 2ndposition in State level Heritage Quiz.

The students of Sarala Birla Public School, Ranchi won accolades in the CBSE National Adolescent Summit, 2023 at National Bal Bhavan, New Delhi. Sidhant Vikram Singh of Std. IX received certificate of merit and medal for securing the 2ndposition in the event 'Pathshala Nukkad Ki' which was based on contemporary themes. Shivansh Singh of Std.IX, Sparsh Ranjan of Std. XI and Shashank Sourav of Std. XI received Special Jury Award in the event National School Health and Wellbeing Exhibition.

The students of Sarala Birla Public School, Ranchi performed exceptionally well in Vivekotsav 2023. In English story telling competition, Aradhya Parashar of Std. V got the first position. In English recitation competition, Tanya Mantri of Std. VIII got the third position. In English Speech competition, Ananta Sinha of Std. IX secured the third position. The school also bagged 2nd position in the Group Dance competition.

The students of Sarala Birla Public School, Ranchi brought laurels to the school with their outstanding performance at Spardha- an inter-school competition organised in Ranchi.

Khushee Kumari proudly secured the first position in Splash, a painting competition based on the theme 'humanity'. Soumya Bakshi and Palak Garodia secured the third position in Floral Symphony, a flower arrangement competition. Nischay Ratan and Atharv Gupta also got the third position in Brainiac Blitz, a quiz competition.

The students of SBPS, Ranchi exhibited outstanding performance in the 7th edition of Critical Thinking Round Table- an inter-school online conclave organised in Varanasi. In Creative Critical Ideation- an oath writing competition, Priti Agarwal and Shivangi Kumari of Std. XI was accorded with the Overall Best Delegation award. In Unframed- a creative writing competition, Arushi Raj of Std.VIII secured the third position in the Individual category of Poetry. In Polity- multi format debate, Adyan Malick of Std.XI was accorded with the Best Speakers award for the preliminary round. In overall delegation, SBPS, Ranchi secured the Overall Second Runners up position.

The students of Sarala Birla Public School, Ranchi left their indelible mark in the 4th Edition of Online Thought Huddle 2023-24 organized at Varanasi. Bharti Williams of Std. XI was accorded with the Judge's choice Award for Scriptorium, a creative writing competition with theatre monologue as a thematic framework. Sneha Kumari and Bharti Williams of Std. XI were also awarded the position of Overall 2nd best delegation for the same event.

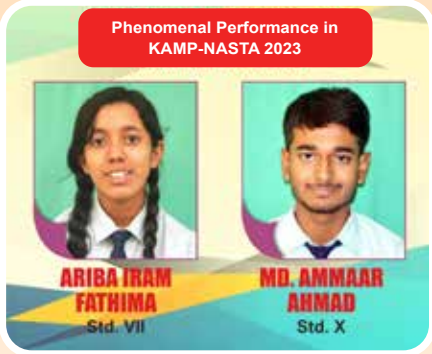
Outstanding performance of SBPS students@ SOF International English Olympiad 2023-24

The students of SBPS, Ranchi performed exceptionally well in the SOF National Science Olympiad. 5 students were awarded Medals and certificates of Distinction each and 44 students were accorded with the Gold Medal of Excellence. Abhyudit Aditya of Std.II was also awarded with a cash prize of five hundred rupees with Medal and certificate of distinction.











Bonding Over Celebrations



Sarala Birla Public School, Ranchi observed Ambedkar Jayanti and celebrated the festival of Baisakhi, Bihu and Poila Baisakh. The students paid homage by offering flowers to the Father of our Indian Constitution, Dr. B.R. Ambedkar. To commemorate the day, an array of activities was conducted by the students of our school. It started with the reading out of the Preamble which is the crux of the Indian Constitution. The students put up a skit, dressing up as millets, to celebrate the harvest festival of Baisakhi and it was based on the theme of 'International Year of Millets'.

The children relived the principles and morals of Gautam Buddha by conducting a special assembly on the occasion of Buddha Purnima. The assembly was conducted in Sanskrit where the students enacted the life and teachings of Buddha and





chanted prayer in Pali. The students vowed to follow Lord Buddha's Eight-fold path and they related them to their everyday lives. They also watched documentaries on the life and sermons of Gautam Buddha.

On the pious occasion of Raksha Bandhan, the tiny tots of SBPS Ranchi made beautiful and vibrant rakhis which adorned their wrists. Through this activity, students got the opportunity to create unique and beautiful Rakhi designs using various craft materials and colourful threads.

On the occasion of Janmashtami a special assembly was conducted followed by an array of fun-filled activities for the students like flute making, matka and mukut decoration of Lord Krishna. Children displayed their creativity and talents by decorating the earthen pots and flute with beautiful mirrors, stars, ribbons, and peacock feather.

Festivity fervour prevailed in the campus of Sarala Birla Public School, Ranchi as the whole school joined in for the Navratra celebration. A special assembly was conducted wherein students presented various songs and dance performances. They also presented a performance depicting the significance of the nine forms of Goddess Durga. The campus reverberated with the pious chanting of the shlokas and was followed by special dandiya session.

Diwali, the festival of lights was celebrated with great exultation and enthusiasm. The students sang songs to celebrate the pious festival of Chhath. School organized a plethora of Inter-house activities for the students. The students participated in a Diya Decoration activity. They decorated the diyas using colours, beads, laces, etc. exhibiting their creativity. The students along with the teachers also participated in an Inter-House Floor and Tech Rangoli Making, Flower Arrangement and Salad Arrangement Competitions.

The festivals of Makar Sankranti, Lohri, Sohrai, Bihu, Tusu and Pongal was celebrated with an array of activities. They prepared and decorated hand-made kites to celebrate the harvest festival with pomp and grandeur. Inter-house kite making and kite flying competition was the attraction of the day which aded colour to the celebration. A tableau was also decorated on the occasion.









G20 Summit

The Gravity Inclave

To commemorate the 3rd anniversary of NEP 2020 and to celebrate India's presidency at the G20 Summit, Ranchi Sahodaya School Complex organised the G20 Presidency Summit: The Creativity Conclave. Amidst great verve and enthusiasm, the inaugural ceremony of the coveted event was held in the premises of Sarala Birla Public School, Ranchi on 8th August 2023. The Chief Guest for the event was Mr. Arvind Kumar Mishra, Regional Officer, CBSE Patna. The other dignitaries who graced the occasion were Dr. Pradip Kumar Varma, Head Personnel & Admin. Sarala Birla Public School, Ranchi and Prof. Dr. Gopal Pathak, V.C. Sarala Birla University graced the occasion as the Guest of Honour. Prof. Dr. Vijay Kumar Singh, Registrar, SBU, Ranchi, Mr. Samarjit Jana, Principal JVM Shyamli, Dr. Subhash Kumar Principal, Taurian World School Mr. Niraj Sinha, Principal, Firayalal Public School and S.K. Sinha, Principal, DAV Gandhi Nagar along with the Principals of various other schools of Ranchi.



In the G20 Presidency Summit: The Creativity Conclave was organised under the aegis of Ranchi Sahodaya School Complex from 8th to 12th August, 2023, the students of Sarala Birla Public School, Ranchi emerged victorious in various competitions. The students bagged the 1st runner up position in the Inter School Hasty Tasty- Cooking without Fire Competition in which they prepared their dishes on the theme 'Millets our Super Hero'.





On the third day of the G20 Presidency Summit: The Creativity Conclave Meraki was organised by Ranchi Sahodaya School Complex, An Art Installation Competition which was hosted by Sarala Birla Public School, Ranchi. Mrs. Paramjit Kaur, Principal, Sarala Birla Public School, Ranchi, Mr. M. K. Sinha, DAV Kapildev Public School, Ranchi and Mrs. Samita Sinha, Surendranath Centenary School, Ranchi were present on the occasion.



















Flag-Off Assembly

The Flag-Off ceremony was conducted in the premises of Sarala Birla Public School, Ranchi to wind up the academic session 2023-24. A special assembly was conducted to mark the occasion on the theme 'Hard work and self-belief leads to success'. The assembly commenced with a motivational song. The students shared inspirational thoughts illustrative of the successful culmination of the current session. Students who represented the school in various competitions and won laurels were felicitated. Based on the active participation of the students in various activities carried out throughout the year and the points earned, the Principal announced Yajurveda as the Best House for the session 2023-24 and Std. II A, V A, VI G and IX A were declared as the Best Classes for the 2nd Term. The assembly concluded with the Principal congratulating everyone for the various achievements of the current year, motivating them to perform even better and excel in all spheres in the upcoming year.





National Festivals

Kargil Vijay Diwas was celebrated in the premises of SBPS Ranchi. The students conducted a special assembly to pay tribute to the martyrs of the war. They re-enacted the heroic deeds of the brave soldiers of 'Operation Vijay' on the war front. They also recited patriotic poems in their memory. The day was filled with activities which echoed pride for our nation and the heroes of our nation.

The School became a part of the 'Meri Mati Mera Desh' and 'Har Ghar Tiranga' initiative in observance of 'Azadi ka Amrit Mahotsav' celebrating 77th year of India's Freedom with great patriotic fervour on 15th August, 2023. A special assembly was conducted on the theme 'Sharing similarities, celebrating differences'. The assembly reverberated with patriotic songs and dance which reminded everyone about the sacrifices of our freedom fighters. A Prabhat Pheri was also organized around the school campus with the slogans of Jai Hind and Vande Mataram.

On the eve of Gandhi Jayanti, Sarala Birla Public School, Ranchi participated in the 'Swachhata Hi Seva' campaign organised by Ministry of Jal Shakti and Ministry of Educationin which the students delineated their







dexterity with great enthusiasm and fervour along with the teachers.The students and teachers participated in an array of activities.

To commemorate the birth anniversary of Sardar Vallabhbhai Patel, the architect of national integration of independent India, the School celebrated Rashtriya Ekta Diwas on 31st October, 2023. The students participated in the event 'Run for Unity' to foster and strengthen unity, integrity and security of our nation.

Veer Baal Diwas

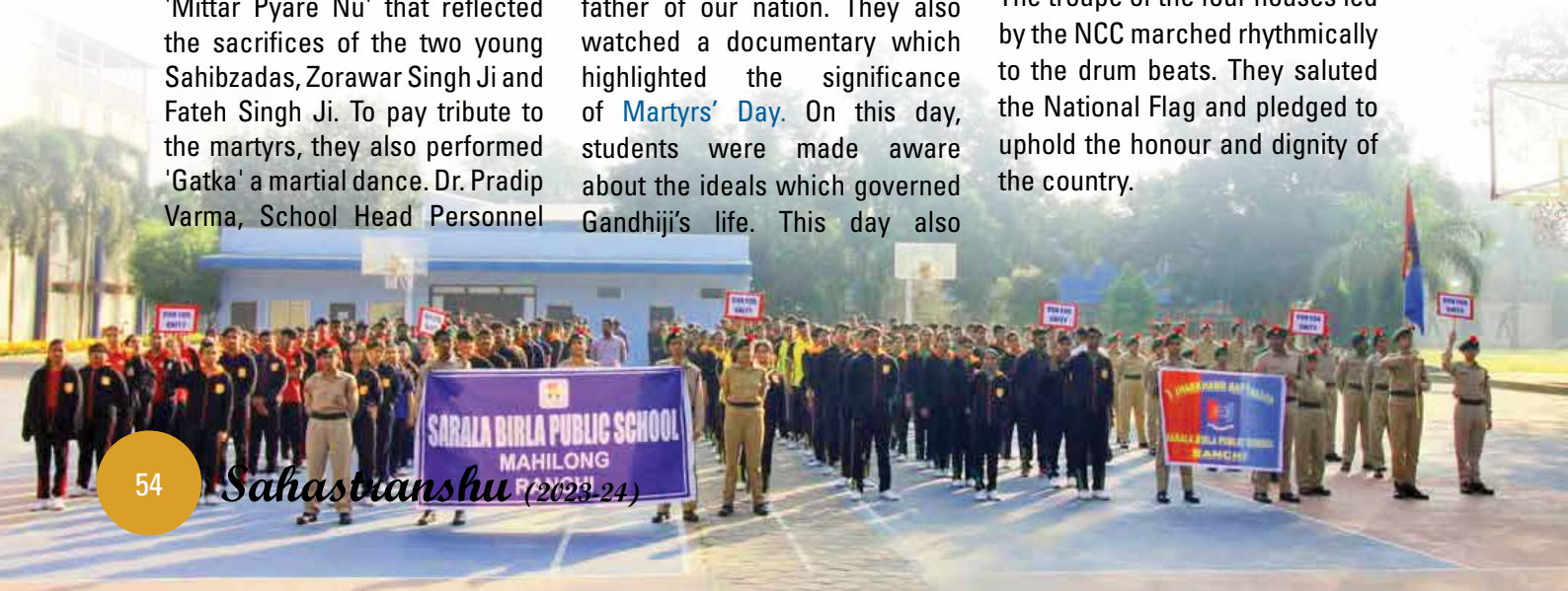
The students paid tribute to the sons of Guru Gobind Singh Ji who were also known as 'Sahibzades'. The students narrated the story of the great valour and the supreme sacrifices of Guru Gobind Singh Ji and his four sons. They also sang Shabad and Shaheedigeet, 'Mittar Pyare Nu' that reflected the sacrifices of the two young Sahibzadas, Zorawar Singh Ji and Fateh Singh Ji. To pay tribute to the martyrs, they also performed 'Gatka' a martial dance. Dr. Pradip Varma, School Head Personnel & Admin., Mrs. Paramjit Kaur, Principal, Mr. Gurvinder Singh Sethi, Mr. Surendra Mahto, Mr. Navjot Singh Alangand other dignitaries were also present to witness the momentous occasion.

The students and teachers of SBPS, Ranchi witnessed the live streaming of Pariksha Pe Charcha 2024 wherein PM Narendra Modi addressed the key questions on examinations with the objective to create a more joyful and less stressful learning experience for our future nation builders and exam warriors enlightening them about the diverse growth opportunities in the country.

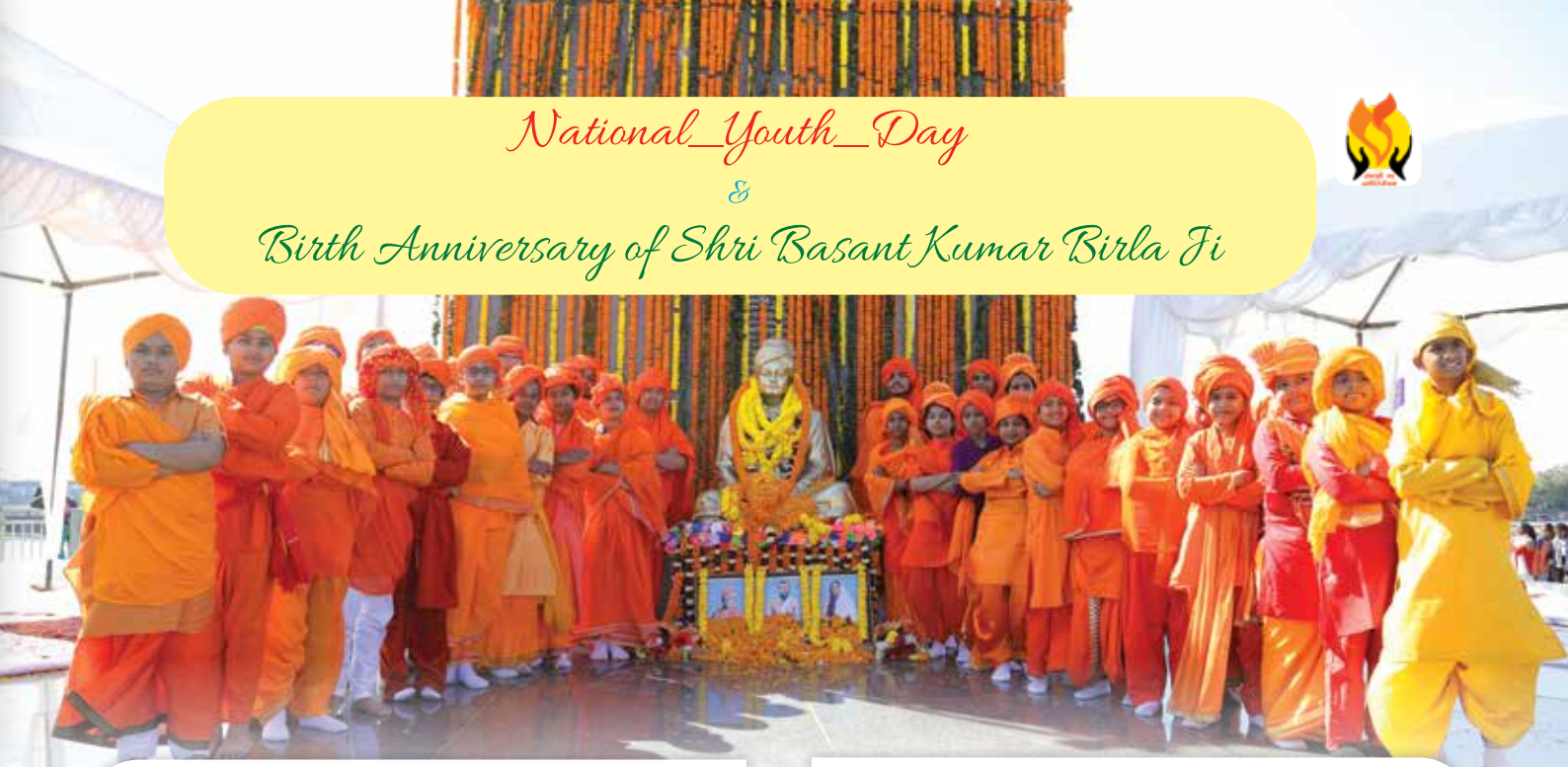
The father of the Nation, Mahatma Gandhi was remembered on his 76thdeath anniversary by the students and staff of SBPS, Ranchi. Students observed a condolence to pay homage to the father of our nation. They also watched a documentary which highlighted the significance of Martyrs' Day. On this day, students were made aware about the ideals which governed Gandhiji's life. This day also reminds the youth of the nation about the pioneer of truth and non-violence who led the country on the path of freedom.

Sarala Birla School, Ranchi celebrated India's 75thRepublic Day with great fervour and enthusiasm. The students took pride in glorifying and celebrating the spirit of freedom and unity. To mark the importance of this day, a grand celebration was held in the school which commenced with the unfurling of the national flag by the school Head Personnel & Admin, Dr. Pradip Varma and the Principal, Mrs. Paramjit Kaur.

The troupe of the four houses led by the NCC marched rhythmically to the drum beats. They saluted the National Flag and pledged to uphold the honour and dignity of the country.



National_Youth_Day
&
Birth Anniversary of Shri Basant Kumar Birla Ji





















SPICMACAY & *Loknaad Performance*

The students of SBPS, Ranchi were enthralled by the musical performance presented by Loknaad - people's voice at the B.K. Birla Auditorium. The two performers Charul Bharwada and Vinay Mahajan sang songs on various social causes.

Padma Shri Awardee Dr. Kiran Seth visits SBPS Ranchi

Dr. Kiran Seth, Padma Shri Awardee and founder of SPICMACAY, visited the campus of Sarala Birla Public School, Ranchi for an interaction with the students. He addressed the students and made them aware about classical music and other forms of Indian art and culture.

SPICMACAY- Chau Dance Performance by Sri Tarapada Rajak and his troupe

The students of Sarala Birla Public School, Ranchi witnessed a Chau Dance Performance in the school organized by The Society for the Promotion of Indian Classical Music and Culture among Youth (SPICMACAY). The school provided the students with a golden opportunity to behold the live Chau Dance performance by Sri Tarapada Rajak and his troupe who has been honoured with many awards and recognitions. The dance performed by the troupe was captivating.





Summer Camp & Adventure Camp

'Extravagance'- Summer Camp 2023 was inaugurated in the premises of SBPS, Ranchi on 10th of May by honourable Principal, Mrs. Paramjit Kaur. More than 500 students enrolled for the summer camp. It was a week-long camp filled with a range of Art-Integrated and fun-filled activities like aerobics, coding, robotics, art and craft, taekwondo, Zumba, Vocal and instrumental music, rifle shooting, dance, cricket, chess, basketball, abacus, NCC& Scouts. Special workshops on Sohrai paintings had also been planned with the motive of informing the participants about the story behind each painting and trying to connect them with their cultural roots. The camp started with great enthusiasm and ended in a grand manner.

Days of Adventure

In order to inculcate different life skills, SBPS, Ranchi organised a series of Adventure Camps for the students of grades KG to Std. XII. The students gained new perspective as they got to face different obstacles in the form of activities like Bamboo Bridge, Burma Bridge, Double Log Crossing, Parallel Rope, Flying Fox, Tyrolean Traverse, Double Jumaring, Commando Net, Cat Walk etc. It helped to make the students resilient and build their personality, unique and distinguishable. The amount of energy and enthusiasm exhibited by the students were enthralling.













Thirty students from SBPS, Ranchi participated in the 1st Bhagwan Birsa Munda Ranchi District Taekwondo Championship. Competition held at the Ranchi Press club from 19th to 20th May, 2023. The splendid performance of the students resulted in our school bagging the first runner up position with 15 students being accorded with gold medals, 9 with silver medals and 5 with bronze medals. The school revels at the proud achievement of all the students.

Another feather was added by the students with an outstanding performance at the 23rd State Sub-Junior & Junior Kyorugi Taekwondo Championship 2023 held at Dhanbad. More than 450 students from all over Jharkhand participated in the State level event. Seven students from SBPS, Ranchi bagged Gold medals and two of them bagged Silver medals.

The students of SBPS outshone in the 2ndBhagwan Birsa Munda Trophy and 14th Open National Taekwondo Championship-2023 held at Harivansh Tana Bhagat Indoor Stadium, Khelgaon Ranchi. Two students bagged gold medal, six students got silver medal and thirteen students were accorded with bronze medal.

The students excelled at the CBSE East Zone Taekwondo Championship-2023 held at Babatpur, UP. Riddhima Singh of Std. VIII won gold medal at the tournament and Hrishita Choudhury of Std. XII bagged silver medal. Naman Kumar Gulgulia of Std. XII, Siya Shukla of Std. VIII, Shradha Kumari of Std. IX and Anwesha Gupta of Std. XI also bagged bronze medals.

Subhrodip Banerjee of Std. VI made the school proud by winning 2nd runner up position in the U-13 Boy's singles category in Ranchi district Inter-school Table Tennis Association held at Ranchi.

The champions of SBPS Ranchi outshone at the third stage of Ranchi District Inter-School Badminton Championship 2023 held at Mega Sports Complex, Khelgaon, Ranchi from 26th to 28th July 2023. Pranit Ranjan Sinha IX-F U-15 secured second position in Boys' individuals category. In the Girls Team Championship category, our school team secured the second position.

The students exhibited exemplary performance at 22nd Jharkhand State Junior FIDE Rated Chess Championship held at Sarala Birla University, Mahilong from 27th to 31st July, 2023 organized by AII Jharkhand Chess Association. Ansh Kumar of Std XII-E got the 4th position, Aditya Tanmay Sharma of Std VII E secured the 7th position and Yash Ranjan of Std VII-D bagged the 10th position.

In 2nd HDCA All India Open FIDE Rating Chess Tournament 2023 held at Hazaribagh organized by Hazaribagh District Chess Association. Ansh Kumar of Std. XII-E increased his rating









performance and was awarded a cash prize of Rs. 4000 under Rating Category below 1500. Abhiraj De of Std. VII C, Shlok Singh of Std. IX A, Shudhanshu Ashok Singh of Std. VII E, Aarav Sharan of Std. VI D and Chirag Sahu of Std. VI F got Certificates of Participation.

Ishani Dutta of Std. IV performed exceptionally well in the 13th State Level Roller Competition organized by Roller Skating Association of Jharkhand in association with the Education Department of Jharkhand. She won silver medals in (U-11)100 metres & 500 metres category. She also bagged bronze medal in 200 metres category.

The cricket team of SBPS, Ranchi outshone in the Shri Mohan Lal Ji Nopany Memorial Cup Inter-school Cricket tournament U-17 category organised at Ranchi. They triumphed over the cricket team of the opponent school in the semi-final round and qualified for the finals. Manthan Salunkhe of Std. X scored 73 runs and led to the victory of our cricket team.

The Annual Training Camp of NCC was organised at Ranchi wherein 322 cadets from the third battalion of Jharkhand participated. The cadets were given various trainings including weapon training and camp training. Students also participated in cultural events and cleanliness programmes.



















CLUB ACTIVITIES





























CLUB ACTIVITIES







Vatsalyam 2023

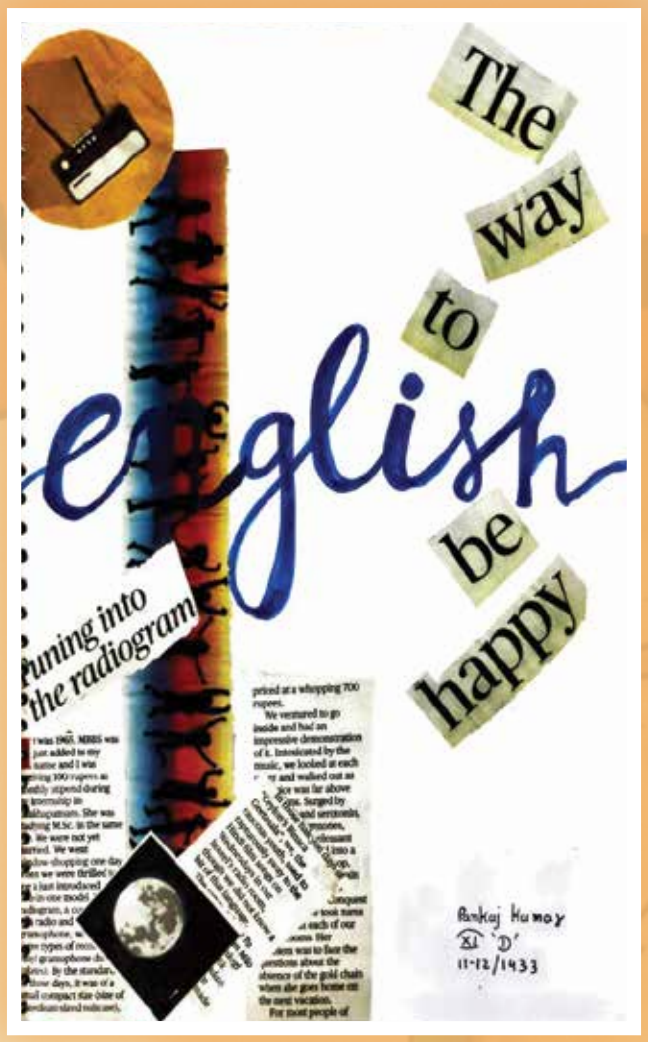
To honour and appreciate the invaluable role that grandparents play in their lives, the students of Std. II celebrated Vatsalyam 2023, Grandparents Day on 16th July 2023. Taking the same spirit, enthusiasm and motive forward of India's G-20 Presidency this year, the school has chosen the theme of Sustainable Development Goals for Grandparents Day celebration making it more significant and remarkable.

The celebration of Grandparents with the theme 'Towards sustainable development' by the students of Std.I continued amidst great verve and ardour on 4th August 2023.

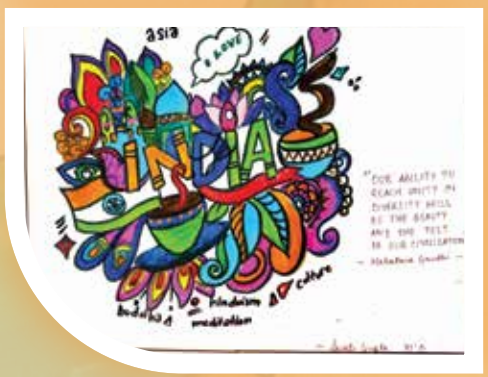
With a strong belief in the overall and holistic development of a child, Sarala Birla Public School celebrated 'Vatsalyam 2023: towards sustainable development', the celebration of Grandparents' Day. The students of KG-II presented a spectacular programme on the theme 'Sustainable Development Goals' on 11thAugust 2023 in the school premises.

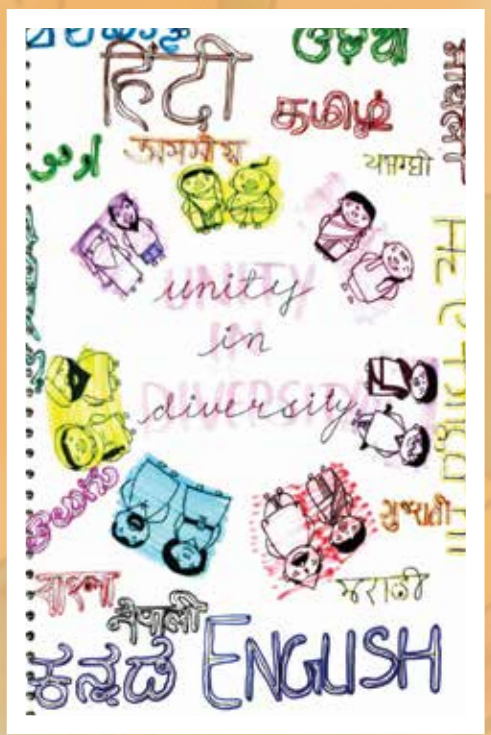
The morning of August 19, 2023 was filled with abundant showers of excitement and cheers, as the tiny tots of KG I and Nursery got the blessings from their dear grandparents on the occasion of Grandparents' Day 'Vatsalyam' 2023: towards sustainable development.











ENGLISH SECTION

SDG 3 - Good Health & Well being

A Healthy Mind dwells in a Healthy Body

The ancient Roman proverb 'Healthy mind in a healthy body' is significant even in today's modern world. Exercise helps us to keep fit and at the same time maintains an alert mind. Regular exercise increases blood circulation in our bodies and that means an increased supply of oxygen to the brains. Good and sound health would ensure an agile and active mind. Just as a person's mood and emotions are reflected in a person's health, a body that is a weak and unfit plays havoc on a person's mental well-being. Recent studies have shown that increasing stress of today's fast paced life is giving rise to a number of health problems. Major among those are heart and neurological problem. A good health helps a person to keep a positive attitude towards work and life in general. No matter what hardships and hurdles we come across, life is meant to be positive and happy. To enjoy and appreciate the beautiful things of life we need energy and zest for life. This can happen only when a body is healthy enough to take on the hardships of life. We must constantly strive to keep both body and mind healthy with proper food, rest and exercise.



VIHAAN BANKA
IV 'D'
SBPS/23-24/7542

Keeping your body healthy is an expression of gratitude to the whole cosmos.

Health is Wealth

"Health is wealth" is a proverb we have known since our early days. But we realise its importance and the deeper meaning attached to it only when we are old enough to think and give it some thought. A healthy body refers not only to your physical state but also to your mental and emotional stability. It has now been scientifically proven that your mind governs and controls your body. A healthy mind includes emotional, psychological and social well-being and affects how you think, feel and act. It works in unity with your body and influences how you handle stress, relate to others and make choices. Children with good mental health feel loved, safe and secure in their environments. They also feel happy and positive about themselves most of the time. A healthy mind stays in a healthy body. And later the creates healthy nation.



SHREYANSH RAJ
VIII 'E'
SBPS/15-16/3386

Walking Down the Memory Lane

Thirteen years of schooling,

It's all coming to an end now.

Graduating makes me happy,

but

The classes will be missed

The juniors remembered

The teachers will be cherished, the friends held tighter.

Munching on food while still in our classrooms.

The valuable life lessons taught by our seniors will forever be etched in our hearts.

We won't sit for long hours with our friends ever again.

We probably won't get to ever enjoy our visits to the Chemistry, Biology and Physics labs again.

Graduating makes me very happy, it does everything. But, leaving school makes me question journey. Thank you to all my teachers, friends and batchmates for this incredible It's highly unlikely that we'll ever live like this again.



ARCHIE CHOUDHARY
XII 'D'
SBPS/19-20/5274

Health is a state of of complete harmony of the body, mind and spirit.

A healthy mind leads a human to the path of success...

We all know how important good health is for human beings. A healthy mind develops only in a healthy body, which leads a human to the path of success. But knowing all this, now-a-days, in the race to earn money, man has become careless about his body, the result of which is his life.

Good health helps to make a person positive, when sick and unwell a person feels helpless and gets filled with negativity. A truly healthy person is considered to be one who is free from any kind of physical ailments and mental stress. Healthy and good thinking develops only in a healthy body. So having good health is very important for a successful and happy life.

Many researches on health were done and today a completely healthy person is considered to be one who is mentally, physically and socially healthy as well as spiritually and congnitively fit.



Akriti Agrawal
VIII 'A'
SBPS/15-16/3034

SDG 5 - Gender Equality

Samatwam – Gender Equality

'Samatwam' is the term taken from the Sanskrit word 'Samatwa' which mens equal consideration of human beings without any discrimination.

Gender is a social construct prevelent in society. It refers to the social characteristics of men, women, girls and boys. It also includes their norms, behaviour, roles and relations between each other.

Equality is the foremost and fundamental human right. Equality means having a vision of looking and treating every person equally without any discrimination. Equality is so important for humans that the first fundamental right given in our constitution is 'Right to Equality' which states that every person should be treated equally irrespective of their caste, creed, gender, religion, and place of birth. Everybody has equal access to use the resources in our country and utilise it for all their benefit.

In the Indian society, gender inequality can be seen widely now-a-days. Boys get many things for their entertainment, but girls do not. They are forced to do their household chores. Boys get better facilities of education than girls. There are lesser job opportunities for women than men and also women get lesser wages than men. Boys are allowed to play outside freely but girls are not. These are problems which indicate gender inequality in our society.

If the problems of gender inequality are reduced, then the human development will further increase and benefit each and every human being. We see that in developed areas, inequality is lesser as compared to less developed areas liks villages. In my opinion, people should not perform practvces like inegnality. in the society because everyone has right to live in this world. So, at last I would like to say that equality should be adopted by every human being to live with peace and prosperity in this world.



Arnab Paul
VIII 'C'
SBPS/15-16/3100





Sristi Gupta,
IX 'B'
SBPS/13-14/2190

Strength cannot be defined by gender

Most of us think that strength is the ability to fight or carry heavy things, or more trivial matters, that can only be performed by men. That is also the reason why a word that describes doing responsible work that requires strength is known as 'manly'. Because many of us think that only men can perform these tasks. But that is not the case in the real world. Let us understand this with some examples. People have this thought that women can't be involved in politics. They think that women are not capable of thinking about what is good for the country. But as we are seeing now, the post of the president, the first citizen of India, is chaired by a woman, Shri Draupadi Murmu. So strength doesn't mean being physically strong, rather it means being mentally smart.

The gender of strength doesn't only vary between men and women. There is another gender that is treated unfairly and is the most discriminated one. It is known as transgender.

But now, even transgender people are showing their strength in different ways. An example of such a person can be Manjunatha Shetty, commonly known as Manjamma Jogathi. A folk dancer, who won the Padma Shri for her unique gesture. She has the kind of strength that is the highest and the noblest. It is a kind of strength that commands respect from others. Now comes the strength that everyone considers to be 'manly'. In terms of physical strength, Karnam Malleshwari is the best weightlifting woman champion in India. She liften about 240 kgs in the Olympics which secured her a bronze medal.

In short, everybody has a kind of strength and it doesn't depend on gender at all. Each person has different types of strength that can't be matched by anyone.



Sanya Modi
IX 'G'
SBPS/14-15/2443

Strength has no relation with gender

In a world where gender roles have historically defined social expectations, it is important to recognize that strength knows no boundaries. Strength is not limited to Physical power. It is a quality that resides within one's spirit and determination. It transcends gender, empowering individuals to overcome challenges and achieve greatness.

Society associates strength with masculinity overlooking the counterless examples of women who have displayed immense strength throughout history. One such example is Rani Lakshmi Bai the queen of Jhansi in the 19th century. Known for her bravery and leadership, Rani Lakshmi Bai fought fearlessly against. British colonial rules in India. Rani Lakshmi Bai, exemplified that strength is not limited in gender but it is a testament to one character and resilience. Her legacy continuously inspires generations. The history of games and sports in India also provides evidence that strength has no gender. This year Indian women team led by Hamanpreet Kaur won the Asia Cup 2023.

Hence, it's all about a human mind set that discriminate between a male anda female. Both have reached the moon, climbed the Mount Everest. So from physical, mental, social and many more areas we require intelligence, hard labour, smartness, healthy mind on order to achieve the highest level of success.



Saanvi Agarwal
X 'H'
SBPS/19-20/5320

Strength has no gender

In hearts where courage finds its place,
Strength, unbound, reveals its grace.
Not bound by gender, it freely flows,
Gender aside, its might freely grows.

In women immense strength resides,
In front of their will every fear hides.
In every soul, its fiery might takes flight,
Its fire burns bright with a radiant light.

In men a silent force resides,
A strength that steadfastly abides.
Their strength, a beacon, stands tall,
Even while facing storms, they never fall.

Strength being independent of 'He' or 'She,'
Resides in every individual always free.
In every endeavour,
Strength has no gender.



Darsh 'S' Rai
X 'C'
SBPS/13-14/2249

In the realms where courage,
blooms, undeterred,
strength knows no bounds,
no gender's blurred.

A Symphony of grit,
resilience, untold,
In every heart,
a story to unfold.

Man or woman,
no cage can confine,
In the crucible of challenges,
souls entwine.

For strength, a beacon,
radiant, bright,
illuminating paths,
breaking gender's slight.



Akshita Sinha
IX 'G'
SBPS/17-18/4551



Women don't need to find a voice, they have a voice, and they need to feel empowered to use it, and people need to be encouraged to listen.



Navya Poddar
VI 'C'
SBPS/17-18/4333

Ramifications of Climate Change

In a forest of chaos, light pierces through leaves,
Reflections on the ground, broken glass deceives.
Aladdin's magic emerges, flames dance high,
Leaves tremble in fear, beneath the burning sky.

Through the eyes of a bird, not yet taking flight,
A tale unfolds, colours blending in the night.
Sky's supposed green, a sapphire's lost gleam,other sees black, pollution's toxic dream.

Escaping the fire, into the city's embrace,
Concrete forests of light, a surreal chase.
Bridges over rivers, cars flowing like streams,
Waterfall of debris, a round cave of dreams.

A creature displaced, from the forest's wrath,
Trauma echoes loud, in the city's aftermath.
Firecrackers ignite, memories ablaze,
A creature's journey, through life's tangled maze.

In the ocean's depth, a tale unfolds,
A fish and bottle, their story holds.
They bickered about the water's claim,
whose home it was, each staked their aim.

The fish declared, through ages long,
Its kin had thrived in waters strong.
The plastic bottle, a newcomer's plea,
Insisted it belonged, a rightful decree.

"I'm crafted for this modern age,
A refuge here, not just a cage."
But as they quarreled, a plastic foe,
A bag approached, a silent blow.
Wrapping round the fish, a choking bind,
The plastic pair, cruel fate assigned.

A cautionary tale of nature's strife,
In the dance of life, the plastic thrives.

Let's heed the lesson the ocean imparts,
Preserve its sanctity, in all our hearts.

Two minutes unfold, in a poetic spree,
Nature's outcry, in this urban sea.
From leaves to bird to the city's concrete sprawl,
A journey through perspectives, a poetic brawl.



Prajnashree Hota
X 'E'
SBPS/20-21/5967



Devansh Kumar
VII'C'
SBPS/15-16/3424



Our Carbon Footprint

Our beautiful planet is enveloped by the layer of atmosphere, consiting of 78% nitrogen, 21% oxygen, 0.05% carbon, and many other gases which are present in a very low quantity. The structure and planet Earth is in a complex form but bound with a unique cord. Even though carbon is present in our atmosphere in a very low quantity (0.05%) its importance cannot be overlooked as it regulates the Earth's temperature makes up the food that sustains us, and provides the energy necessary that fuels our global economy. Now we have to understand what carbon footprint is. Carbon footprint is not a footprint drawn with some carbon source like graphite, charcoal etc rather it is an indicator which is concerned with comparing the total amount of greenhouse gases emitted from an activity, product, company or country. In a nutshell, we can say that carbon footprint is the amount of CO_2, CH_4 etc. released into the atmopshere as a result of our activities.

Due to global warming our carbon footprint has increased significantly and if it keeps on increasing its result would be a warmer atmosphere, increase in ocean acidity, rising sea levels, mass extinction of species, more frequent and intense storms and food scarcity.

Elon Musk even stated that, "We're running the most dangerous experiment in history right now, which is to see how much carbon dioxide the atmosphere .... can handle before there is an environmental catastrophe."

In conclusion, increasing carbon footprint is a serious problem and we need to work together to face it. There are numerous steps which we can take to do our part in reducing carbon footprint like walking to nearby places and taking public transport or driving hybrid cars instead of petrol or diesel cars when travelling long distances, boycotting use of red meat, remembering to switch off appliances when they are not in use etc. Without the contribution of its citizens a government cannot resolve the problem of increasing carbon footprint.



HARSHIT GARODIA
X 'C'
SBPS/12-13/1729

Our Carbon foot print on the planet

In our daily lives, we leave a mark on our planet, and it's called a carbon footprint. Imagine it as a trail of invisible footsteps, each step reflecting the impact of our actions on the environment.

From the moment we wake up, we start adding to our carbon footprint. Turning on lights, using electronic gadgets, and even toasting our morning bread contribute to it. These activities often rely on energy sources that release carbon dioxide into the air.

Our choices in what we eat also matter. Foods that come from far away places often require long journey, adding to the carbon footprint. Opting for local and seasonal foods not only supports nearby farmers but also reduces the impact on our environment.

The things we buy play a role too. Everything from clothes to gadgets has a carbon footprint associated with its production. Choosing wisely and considering products with minimal environmental impact can make a difference.

In this story of our carbon footprints, each one of us has the power to rewrite the ending. By being mindful of our choices, we can leave a positive, greener and healthier world for future generations.



TANISHA TIBREWAL
VIII 'E'
SBPS/14-15/2429

Safeguarding Our Mother Earth

The planet provides us with an abundance of wealth and gifts. The human race has made use of these tools for centuries. Everyone has taken advantage of the funds and used it to their advantage. The ever use of energy on the other hand, had damaged the world. Because of our activities, we are putting the world in danger. It is high time for us to begin preserving and saving the world. We should begin making efforts to save the world. Saving the world in an operation that is urgently needed. It is important to begin finding ways to save the world. Humans have always relied on the planet to meet their needs. These behaviours are to blame for our planet's destruction. Humans are dependent on the blessings that the world has bestowed upon them. As a consequence, if resources are threatened human would be unable to live without them. It is one of the primary reasons for us to begin attempting to save the world. All life on Earth will cease to exist if the world ceases to exist.



ADITI KUMARI
VII 'C'
SBPS/13-14/2714

Protecting Mother Earth

Amidst bustling city, a computer noticed a neglected patch of land overrun by litter. Armed with a reusable bag and determined, she started a trend. Each day, she picked up a piece of trash, inspiring others to join. Soon, the once-dirty corner transformed into a clean haven. The event illustrates the ripple effect of individual actions, emphasizing that collectively safeguarding Mother Earth begins with seemingly small, but impactful gestures.



DHRUV BHARTIYA
IX 'D'
SBPS/13-14/2154



Trees are Friends

Trees are like silent, green friends standing tall all around us. I love my tree friend near my house, gate. Its branches wave 'Hello' when the wind comes to play.

One sunny day, I sat under my tree friend, feeling its cool shade, I imagined it telling stories about the birds nesting in its branches. My tree has seen many seasons, like a wise storyteller.

In my drawing, I've added colourful birds, each with a name. They have parties on my tree friend's branches, singing songs only they understand.

I hope you enjoyed my story about my tree friend. I want to remind everyone that trees are not just trees; they are friends who make our world beautiful and happy.



VANEESHA ANAND
IV 'D'
SBPS/19-20/5603

Trees are our friends

T - Temperature Controller
R - Reduce Stress
E - Energy Saver
E - Environment Friendly
S - Shadow for Living Beings

A - Always for Us
R - Retain Water
E - Enhance Biodiversity

O - Our Ecosystem
U - Utmost Beneficial
R - Replenish Soil Nutrients

F - Fruitful
R - Rare
I - Improves Health
E - Ecological Balancer
N - Nurturer
D - Dearly Helpful
S - Shelter for all Organisms



TEJASVEER SINGH SAINI
VIII 'A'
SBPS/15-16/3144

Tree, our Friends

O human, Trees are precious, trees are precious
You won't be able to pay back its value. So, plant trees save lives.
From trees only life nourishes
it is the pride of our earth.
Without it our Earth looks barren.
From trees only life and greenery come,
When the world was attacked by Corona Virus it became our life
SAVIOUR and gave us oxygen. When the sunlight troubled us it gave us shade.
So, O human you tell what are we without trees ?
It is the one who invites rain in our Earth,
Reduces pollution and gives us food.
O human what else do you want from someone who is already giving
Everything and doesn't ask anything in return.
So, let's take a resolution and give a solution to our Mother Earth,
Let's make trees our friend and plant them everywhere as trees are precious
And we won't be able to pay back its value,
That's why we say plant trees.
Save lives.



SHRIYA SONAL
VI 'D'
SBPS/18-19/5027

Tree, Tree, Tree

Tree gives oxygen to breathe,
Shadow to sit and fresh air to feel
Trees are the backbone of our planet earth.
Tree helps us but humans donot bother.

Can't we became friends, can't we like the lungs of the earth? Human beings use the tree for breathing, sitting under shadow and feel fresh air but the tree only wants us to give water and stop cutting them. We never do this.

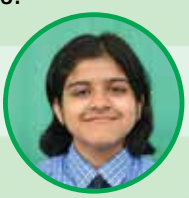
We build house, Building and so on ..... by cutting the tree.

We always drink water we never forget to drink water. As we never forget to drink water we should also give water to the trees regularly.

If trees are not on earth then, humans also can't live on this earth because no oxygen no human. If we want to live we must full fill her wish and plant more trees.

Trees are our friends. Please give what the tree wants.

"Plant a tree, so that the next generation can get air for free."



GINNI
VI 'C'
SBPS/17-18/4379

Trees are our best friends

I have many friends,
Tree is one of them,
A sapling comes out of ground,
Brings joy to those who found.
Ask for water and air,
Which it gets from nature here.

Like a friend it is always with us,
Standing tall, in nature's chorus.
Grows and bears flowers and fruits,
Through seasons' dance, its bounty recruits.
With time it becomes huge and tall,
From sapling small, it towers over all.

Nests of birds on it, we see,
A heaven high where birds room free.
The sight of it is loved by all,
Bringing joy with its grand, deafy sprawl.
Now, we trouble them with deforestation,
Once flourishing forester, now faced with devastation.

Will we realise their worth before they fade, our leafy friends ?
Before their whispers end, will we make amends, O friends ?



RISHIKA CHANDRA
IX 'D'
SBPS/13-14/2044

Our Evergreen friends

A dusky, dark, coarse trunk;
As a big chunk
Soft, shiny, bunches of leaves
This is a tree, and we should never deceive

Some friends might not be there for our whole life
But trees would be there for us as well as for wildlife
Consider trees as your best friend
Let us save our friends with good intend

Our friends provide us medicine, shelter, fruit
And also decrease the air that we pollute
Trees stay for a long time,
And destroying it is a crime

No matter how much we hurt
They will always clean our dirt
We should always be true
and create a bond pure and new.



VANEESA JAIN
VIII 'G'
SBPS/14-15/2444

Trees are our best companion

Oh dear trees, Our friends, glad, you are with us till end. You, we have life, thanks to you ... Can't imagine my life, without

Long branches of trees resemble hands, they want to hug,

There are three kinds of plants : trees, herb and shrub, you shelter birds and cutters Small, A heaven for life, a loving call.

In forests dup, where green life thrives, we shouldn't cut tree, because they gives us rain for free. Trees are dear friends, with branches wide.

The fresh clean air that we smell, keep us healthy and well.

The cool shade in which we rest, the different kinds of fruits with different tastes are best.



RUCHI MISHRA
VIII 'F'
SBPS/22-23/7002

Padhega India, toh Badhega India

In the heart of India, where dreams take flight,
A vision unfolds, bathed in the golden light.
'Padhega India, to Badhega India" they say,
In the pursuit to knowledge we'll find our way.

With books as our compass, and pens as our guide,
We embark on a journey, side-by-side.
In classrooms and libraries, the seeds are grown
A brighter future, a nation is respectfully shown.

Through the corridors, the young minds tread,
With each page turned, a new idea is spread.
In the dance of Ideas, like colours on a canvas
The spirit of progress, an intricate trance.

Teachers as becons, illuminating the way,
Nurturing mind, like the sun's gentle ray,
In the embrace of knowledge, we stand tall
For a learned India, united for all.

As the ink flows on the parchment of fate,
In the pursuit of wisdom, we celebrate.
"Padhega India to Badhega India" resounds,
In the heart of progress, where hope abounds.

So let the libraries echo with the turning of pages,
And let education be our legacy for ages.
In the dance of Progress, hand in hand,
Padhega and Badhega India, it's our promise to the motherland.



Ansh Kumar Jha
VII 'B'
SBPS/16-17/3772

Ending Hunger : It Starts with us

Hunger is not just an issue of the modern times but it is a curse that has to be fought not only by those who are facing it but by everybody. Many around us are not able to have one meal a day just because someone else wastes food and grains. If all of us are conscious in our efforts of how much we need to eat then food will not be wasted and it will help atleast one person a day to eat and fulfill their hunger drive.

It has been observed that people waste food in restaurants, weddings, birthday celebrations and other occasions. But it is quite pathetic to see people who are unable to have even one meal a day and eat the leftovers from these celebrations and parties. Therefore, if we are really mindful of eating and our eating habits at least we can make some difference in the world.



Aditi Sharma
IX 'H'
SBPS/13-14/2060

If you can't feed a hundred people, then feed just one.

India on Moon

Chandrayan-3 is India's ambitious and successful lunar mission. Following the footsteps of its predecessors, Chandrayan-1 and Chandrayan-2, Chandrayan-3 is India's successful attempt to achieve a self landing on the Moon's surface. It is a project undertaken by the Indian Space Research Organization (ISRO) to achieve a successful landing on the moon's surface and deploy a rover to conduct experiments and gather valuable data. The mission for studying the moon's geology, mineralogy and exosphere which will contribute to our understanding of the moon's origin and revolution. The objectives of Chandrayan-3 are to demonstrate a safe and self landing on the lunar surface, to landing on the lundar surface, to demonstrate rover roving on the moon and to conduct in-situ scientific experiments. To achieve the mission objectives, several advanced technologies and present in Lander such as laser & RF-based Altimeters, Voltmeters, propulsion system etc. to demonstrate advanced earth conditions. Through Chandrayan-3 India aims to showcase its technological prowess scientific capabilities, and its commitment to space exploration. Chandrayan-3 is further strengthening India's position in the global space community. This mission is inspiring the younger generation also.



AARADHYA
V 'C'
SBPS/19-20/5314

Step on Moon

India's space program has made rapid advances in recent decades, with a focus on exploring the moon through the Chandrayan series of lunar orbiter mission.

Chandrayan-1 launched in 2008, was India's first mission to the moon. Its objectives included high resolution mineralogical and chemical mapping, searching for surface or sub-surface water ice, and studying the lunar interior. Chandrayan-1 operated for 312 days, achieving most of its goals while confirming the widespread presence of water molecules on the moon before the mission ended prematurely. The Chandrayan-2 mission aimed to land a rover on the lunar surface to conduct in situ-studies, but the landing attempt in 2019 was not successful. The proposed Chandrayan-3 aimd to try again to land near the lunar south pole, were permanently shawdowed caters are believed to contain water ice a valuable poential resource for sustained lunar habitation. The scientific payloads on Chandrayan-3 are designed to study lunar habitation. The scientific payloads on Chandrayan-3 are designed to study lunar topography, minerology elemental abudance, and the subsurface structure down to a depth of 100m.

The overaching scientific objectives are to understand the origin and evolution of the moon as well as to assess the presence and accessibility of resources such as water ice. On the technology slide, the Chandrayan program is advancing India's capabilities in lunch vehicles deep space communication, lunar orbit injection, and soft landing systems, Lunar explorations provides opportunities for interplanetary research and prepares for potential future human exploration and utilization. The Chandrayan missions demonstrate India's commitment to planetary science and leadership in space technology development.



ADITI MANDAL
IV 'D'
SBPS/19-20/5129

India's Chandrayaan

India's space program has made rapid advances in recent decades, with a focus on exploring the moon through the Chandrayan series of lunar orbiter mission.

Chandrayan-1 launched in 2008, was India's first mission to the moon. Its objectives included high resolution mineralogical and chemical mapping, searching for surface or sub-surface water ice, and studying the lunar interior. Chandrayan-1 operated for 312 days, achieving most of its goals while confirming the widespread presence of water molecules on the moon before the mission ended prematurely. The Chandrayan-2 mission aimed to land a rover on the lunar surface to conduct in situ-studies, but the landing attempt in 2019 was not successful. The proposeds Chandrayan-3 aimed to try again to land near the lunar south pole, were permanently shawdowed caters are believed to contain water ice a valuable poential resource for sustained lunar habitation. The scientific payloads on Chandrayan-3 are designed to study lunar habitation. The scientific payloads on Chandrayan-3 are designed to study lunar topography, minerology elemental abudance, and the subsurface structure down to a depth of 100m.

The overaching scientific objectives are to understand the origin and evolution of the moon as well as to assess the presence and asseccibility of resources such as water ice. On the technology slide, the Chandrayan program is advancing India's capabilities in lunch vehicles deep space communication, lunar orbit injection, and soft landing systems, Lunar explorations provides opportunities for interplanetary research and prepares for potential future human exploration and utilization. The Chandrayan missions demonstrate India's commitment to planetary science and leadership in space technology development.



Aditi Mandal
IV 'D'
SBPS/19-20/5129

Perseverance is not a long race; it is many short races one after the another.

Stubble Burning

The field are golden, the air is clear,

But the smoke of stubble burning is what we fear;

It's time to break the cycle, to find a new way,

To protect our land, and keep pollution at bay.

The earth is our mother, and we must treat her right.

For the sake of our childhood and for our children's delight.

So let us come together, and make better resolution.

So end this practice and make a pollution free revolution.



Keshav Sharma
IX 'A'
SBPS/15-16/3554

An Ounce of Prevention is Worth a Pond of Cure

In the tapestry of life, so intricately sewn,
Exists a simple truth we all should have known.
A stitch in time, they say, saves nine,
A remedy so small, yet greatly divine.

When a thread unravels, just a tiny flaw,
Ignoring it can only pave the way for more.
But with needle and thread, swiftly we repair,
Avert disaster, show our tender loving care.

For time, ever passing, does not wait for long,
And neglecting the small can create something wrong.
So heed the wisdom of this humble phrase,
Tend to the broken thread, before it disarrays.

A stitch in time, a touch of gentle grace,
Can mend the fabric, bring a smile to one's face.
For in the act of mending, we save much more,
Preserving what's dear, binding what's tore.

So let us not ignore those stitches astray,
For a single stitch, earnestly sewn, will convey,
A tapestry united, in harmony we'll find,
With each stitch in time, a victory defined.



SAMPADA PRAKASH
IX 'H'
SBPS/13-14/2064

A Stitch in Time Saves Nine

A stitch in time saves nine,
If done in time, the future will shine.
A torn cloth stretches even more,
Unsolved things give, heart a sore.
With time, present becomes past,
Particular action should be taken fast.
Life is like a butterfly,
And it should be treated to glorify.

Start doing things today,
So, it can become a charming day.
Make each moment combine,
And it should be totally fine.



PRATIBHA KUMARI
VIII 'G'
SBPS/14-15/2539

Cleanliness is next to Godliness

'Cleanliness is next to Godliness' is the comon proverb which promotes us to maintain cleanliness in our daily lives to get the feeling of well being. It highlights the importance of cleanliness in our lives and teaches us to follow the clean habits through out the life. Cleanliness is not only to keep ownself clean physically but it means to keep both physically and mentally clean by maintaining personal hygiene and bringing positive thoughts. Cleanliness is the way to godliness which means maintaining cleanliness and thinking good bring a person near to the God. Being clean is very important for getting a good health and living a good life.

A clean and well dressed person indicates good personality and good character with impressive habits. Good character of a person is assessed by the clean clothes and good manners. Cleanliness of body and mind improve self-respect of any person. Cleanliness of the body, mind and soul leads towards a feeling of physically, mentally and socially fit person. A person needs to maintain cleanliness in daily life, needs to follow a strict discipline and certain principles in the life.



ISHIT RAJ
VIII 'E'
SBPS/14-15/2597

Teamwork Work : Working hand in hand

Teamwork is the backbone of successful collaboration, where individuals synergize their skills and efforts to achieve common goals. When a team works hand in hand, each member contributes unique strengths, creating a collective force that surpasses individual capabilities. This interdependence fosters a sense of unity and shared responsibility, as team members recognize that their combined efforts lead to greater accomplishments than what any one person could achieve alone.

Effective communication is a cornerstone of teams working seamlessly together. Members exchange ideas, provide constructive feedback, and coordinate tasks to ensure everyone is aligned with the team's objectives. This constant flow of information not only enhances productivity but also builds a supportive environment where trust and camaraderie flourish. When individuals communicate openly and respectfully, conflicts are minimized, and problem-solving becomes a collaborative endeavor rather than a isolated challenge.

Furthermore, the diversity within a team contributes to its strength when harnessed appropriately. Each member brings a unique perspective, skill set, and backbone to the table. Embracing this diversity allows a more comprehensive approach to problem solving and innovation. Team members learn from one another, expanding their horizons and fostering a culture of continuous improvement. When teamwork involves individuals working hand in hand, it becomes a powerful catalyst for achieving ambitious objectives and creating a positive work environment.



Aarit Samdarshi
VIII 'E'
SBPS/23-24/7588

Where the mind is without fear : Promising conducive work environment

"Where the mind is without fear and the head is held high"

In my opinion, a fearless mind leads to a confident and successful being. A mind which is free from the fear of judgements, insecurities, validations and self limiting belifes makes a person limitless. It reflects confidence, not only in oneself but also for others which promotes conducive environment. For a person to grow in every aspect of life, he/she requires a mind which does not allow anyone to bring a negative change or manipulate their beliefs. As it takes huge amount of efforts to build self confidence and having an opinion which is not the replication of thoughts of the society, the power a fearless mind holds is surreal. A person who has growth mindset and is secure within oneself can radiate the attitude of perseverance and growth amongst others which contributes to a conducive environment.

"Condifence is silent and insecurity is loud".

Someone who is confident and fearless would always be aware of his worth. On a countrary, an insecure and fearful being keeps limiting himself. Surrounding yourself with high value people will always help to keep the working environment healthy.



Palak Agarwal
XI'E'
SBPS/11-12/1471

Together Towards Triumph

In the realm of work and play
Where dream takes shape and grows
We find the power of unity
And the beauty it bestows.

For no task is too daunting
When we join hands as one,
Working towards a common goal
Until the task is done.

With each unique member,
A puzzle piece we bring,
Together we create the picture
And make the choir sing.

Like the gears of a clock,
We work in harmony,
Each cog contributing its part
To sustain productivity.

For in teamwork lines the strength,
The magic of shared might,
As we conquer any challenge
And reach new heights each night.

Hand in hand we stand tall
With trust and respect in our hearts,
Embracing cooperation's call
As we aim for greater arts.

From brainstorming to execution,
Through the trails we go,
Embracing the adversities,
Helping each other to grow.

For through unity, we flourish,
And our talents brightly shine,
Weaving together a masterpiece
That stands the test of time.

So let us rally together,
Building bridges strong and true,
Creating a world of wonder
Through the power of me and you.

For in this tapestry of teamwork,
Where minds and hearts ignite,
We epitomize the strength
Of working as one, day and night.



Priyanshu Raj
IX 'H'
SBPS/19-20/5490

Teamwork is the fuel that allows common people to attain uncommon results

Conservation of Flora and Fauna

The Ecosystem is a complex network of biotic and a biotic components. The Flora and Fauna come under the biotic components. Flora means the plant life existing in a particular region on time on the other hand Fauna is related to the animal life of any particular region on time.

To safeguard the life of Fauna and Flora the Government has already established many biosphere reserves, national parks and wildlife sancturies. Currently India has around 14 biosphere reserves, 90 National parks and 448 wildlife sancturies.

These are completed with many stringent laws for example Wildlife (Protection) Act of 1972; but these actions are not sufficient to protect the life of Flora and Fauna. Government need to focus on other conservation practices like :-

i. Saving wildlife from poaching and smuggling of timbers,

ii. Minimizing mining activities etc.

Action can be taken from the society are :-

1. Societies of India need to look for their respective religious and cultural traditions to emphasize on protection of nature. What we need is to make more and more people aware of India's unique culture and traditional values.
2. Support and participation in local and global conservation projects.
3. Need to adopt sustainable practice in daily life, such as reducing energy consumption and using friendly products.
4. Should encourage schools to incorporate environmental studies into their curriculum.
5. Support scientific research focused on understanding and conserving biodiversity.

By incorporating these practices the Government and the society can actively by participate in the protection of wildlife Fauna and Flora, since we share this planet with millions of plant, animal and microbe species. Realize that every species has an intrinsic value. Therefore, it is our moral obligation to care for their well being and pass on our biological legacy in good order to future generations.



Vaishnavi Kumari
VIII 'B'
SBPS/16-17/3911



हिन्दी विभाग

हिन्दी



श्रीया सोनल
छठी 'डी'
SBPS/18-19/5027



सम्पादकीय

प्रिय बच्चों,

इस पत्रिका के माध्यम से आप सभी को हार्दिक शुभकामनाएं। वर्तमान युग में शिक्षा के महत्व को समझना अत्यंत आवश्यक है। आजकल की तेजी से बदलती दुनिया में ज्ञान और नैतिकता का संतुलन बनाए रखना बहुत महत्वपूर्ण है। इस संपादकीय के माध्यम से मैं आप सभी को एक शिक्षिका के रूप में कुछ महत्वपूर्ण बातें बताना चाहती हूँ।

स्वास्थ्य ही धन है- सबसे पहले, अपने स्वास्थ्य का ध्यान रखना बहुत आवश्यक है। स्वामी विवेकानंद ने कहा है, "शरीर को स्वस्थ और मज़बूत बनाना हमारा पहला कर्तव्य है। इसके बिना हम किसी और कार्य को सही ढंग से नहीं कर सकते" इसलिए, अपने खानपान, व्यायाम और नियमित दिनचर्या का विशेष ध्यान रखें। स्वस्थ शरीर में ही स्वस्थ मस्तिष्क का वास होता है।

मोबाइल का सही उपयोग- आजकल मोबाइल फोन हमारे जीवन का अभिन्न हिस्सा बन चुके हैं। यह हमारे लिए एक वरदान भी है और अभिशाप भी, जो इस बात पर निर्भर करता है कि हम इसका उपयोग कैसे करते हैं। अनावश्यक समय मोबाइल पर बिताने से बचें और इसे अपने ज्ञानवर्धन के लिए उपयोग करें। "समय अनमोल है" इस कहावत को हमेशा याद रखें और उसका सदुपयोग करें।

बड़ों का सम्मान- संस्कार और संस्कृति हमारी धरोहर हैं। माता-पिता, गुरुजनों और बुजुर्गों का सम्मान करें। "विद्या ददाति विनयं" यानी विद्या से विनम्रता आती है। विनम्रता के साथ आगे बढ़ें, आपका आचरण ही आपकी असली पहचान है।

अध्ययन की महत्ता - पढ़ाई को कभी भी बोझ न समझें। यह आपके भविष्य की नींव है। "मेहनत का फल मीठा होता है" इस मुहावरे को अपने जीवन में उतारें और कठिन परिश्रम से कभी पीछे न हटें। नियमित अध्ययन से ही आप अपने लक्ष्यों को प्राप्त कर सकते हैं।

संस्कृति और विरासत का संरक्षण - हमारी संस्कृति और धरोहर हमारे गौरव हैं। इन्हें जानें, समझें और अगली पीढ़ी को भी सिखाएं। "अपनी जड़ों से जुड़ें रहना" हमारे जीवन को संतुलित और सार्थक बनाता है।

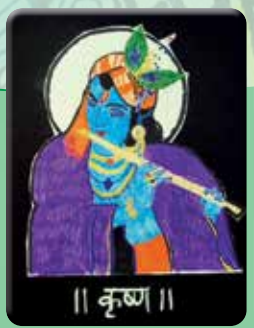
अंत में, मैं यही कहना चाहती हूँ कि जीवन में सफलता पाने के लिए अनुशासन, मेहनत, और सच्चाई का मार्ग अपनाएं। आप सभी को उज्ज्वल भविष्य की शुभकामनाएं।

कुमारी जया
हिंदी शिक्षिका
सरला बिरला पब्लिक स्कूल, रांची











देखो पहने फटा पजामा

समझ न आए मुझको रामा।
तुम तो हो बच्चों के मामा,
सिखाओ अब तो सा–रे–गामा।
'चन्द्रयान' को देख रहे हो,
मन ही मन क्या सोच रहे हो?

क्या तुमको धरती पर आना?
रबड़ी, दूध, मलाई खाना।
पहले बदलो फटा पजामा,

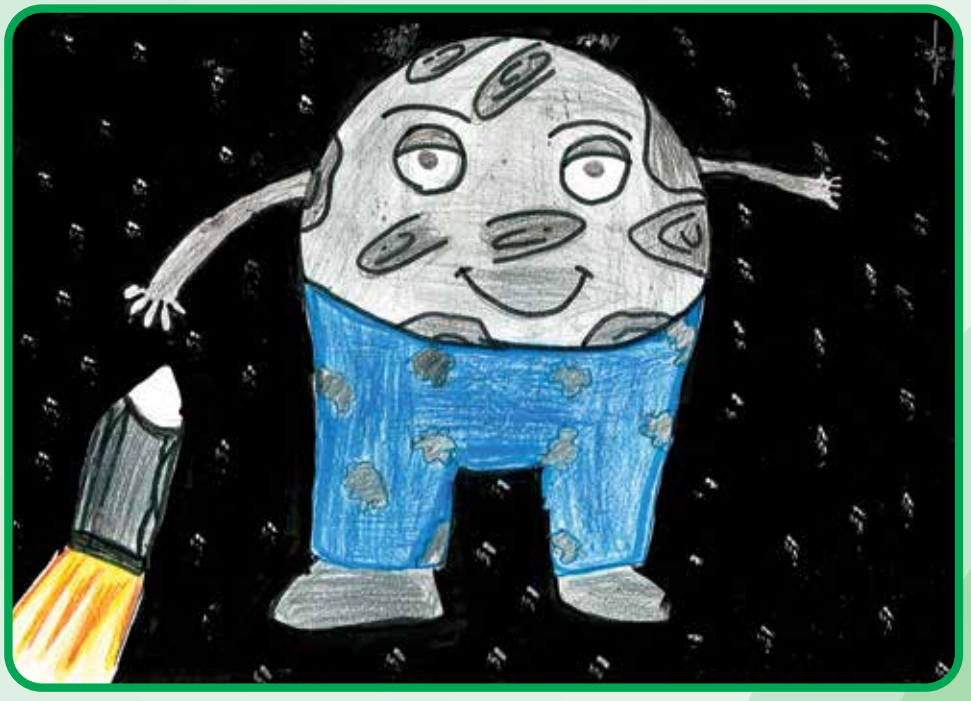
बन जाओ तुम मेरे मामा।
जीवन के रहस्य समझाते हुए,
तुम बनो एक अच्छे गुरू के जैसे।

बच्चों को संस्कार दो, शिक्षा दो,
उनकी जिंदगी में बनो उनके आधार जैसे।

चन्द्रयान की तरह उड़ते जाओ,
जीवन की समस्याओं से लड़ते जाओ।
बनो एक उदाहरण, एक प्रेरणा,
जो बनाए आसमान में तुम्हारा नाम।
दिखते थे यूँ छैल–छबीले बनकर चंदा मामा,
चन्द्रयान ने पाया तुमको पहने फटा पजामा!



नमन सोमानी
सप्तम् 'अ'
SBPS/16-17/3834



"चाँद को देखने की ख्वाहिश रखना अच्छा है, लेकिन हमें अपने पैरों को जमीन पर रखना चाहिए।"– अब्दुल कलाम

मुझे गुस्सा क्यों आता है?

मुझे गुस्सा क्यों आता है?
इन खुशियों के बीच,
ये ख्याल अब क्यों सताता है?
इन खुशियों के बीच,
मुझे गुस्सा क्यों आता है?

गुलाब पर बैठती हूँ मैं,
पर फिर भी सिर्फ ये काँटे क्यों दिखते हैं?
मेरे मन में ये काँटे ही क्यों लिखते हैं?
गुलाब पर बैठती हूँ मैं,
फिर भी गुस्सा क्यों आता है?

आसमान में उड़ती हूँ मैं,
पर फिर भी ये बारिशें मुझे क्यों रोकती हैं?
ये ख्याल मुझे क्यों टोकते हैं?
आसमान में उड़ती हूँ मैं,
फिर भी गुस्सा क्यों आता है?

तारों के बीच सोती हूँ मैं,
फिर भी ये मन चाँद के लिए क्यों तरसता है?
ये ख्याल खुशियों पर क्यों बरसता है?
तारों के बीच सोती हूँ मैं,
फिर भी गुस्सा क्यों आता है?

यूँ ही सोचती हूँ मैं,
वो गुलाब होता कितना मुलायम,
अगर मैं अनदेखा करती वो काँटे।
कितनी अच्छी होती उड़ान,
अगर अनसुनी रहने देती वो बातें।

कितनी अच्छी होती नींद,
अगर न तरसती, ना माँगती मैं और ज़्यादा।
पर अब मुझसे मेरा है ये वादा,
कि ये फालतू की बातों पर,
नहीं करूँगी गुस्सा अब।

उन खुशियों को मैंने कितनी बार है मारा,
ना सोचा कि ये जिंदगी नहीं मिलेगी दोबारा।
बस ये सोचती हूँ,
ये गुस्सा कैसे है आता
जब मिलता है इतना ज़्यादा?

इन खुशियों के बीच
ये गुस्सा कैसे है आता?



आद्या ओजल
सप्तम् 'अ'
SBPS/16-17/3792

"गुस्से को पकड़े रखना ऐसा है जैसे किसी दूसरे पर फेंकने के लिए एक गर्म कोयला पकड़ कर रखना। इससे आप ही जलते हैं।"- गौतम बुद्ध

मुझे गुस्सा क्यों आता है?

मुझे गुस्सा क्यों आता है?
मैं आग का गोला क्यों बन जाता हूँ?
सिर से पैर तक गुस्से से क्यों भर जाता हूँ?

मुझे गुस्सा क्यों आता है?
ख्याल किसी का क्यों नहीं आता है?
मेरा दिमाग क्यों खो जाता है?

मुझे गुस्सा क्यों आता है?
मुझपर गुस्से का भूत क्यों चढ़ जाता है?
अक्लमंदी पर ताला क्यों लग जाता है?

मुझे गुस्सा क्यों आता है?
आँखों पर पट्टी क्यों बँध जाती है?
इंसानियत क्यों गुम हो जाती है?
मुझे गुस्सा क्यों आता है?





काव्या आनंद
छह 'डी'
SBPS/19-20/5305



परिधि पुष्प
सप्तम् 'अ'
SBPS/16-17/3891

क्रोध में भी शब्दों का चुनाव ऐसा होना चाहिए कि कल जब गुस्सा उतरे तो खुद की नज़रों में शर्मिंदा न होना पड़े।

धरती को साफ़ और सुंदर रखने की जिम्मेदारी हम सबकी

(पृथ्वी बचाओ, जीवन बचाओ)

पृथ्वी हमारा ग्रह है और जीवन की निरंतरता के लिए महत्वपूर्ण है। यह जीवन की निरंतरता के लिए सभी आधारभूत संसाधनों से भरी हुई है, हालाँकि, यह मनुष्य के अनैतिक व्यवहार के कारण लगातार नष्ट हो रही है। पृथ्वी पर कुछ सकारात्मक बदलाव लाने के लिए, 'धरती बचाओ' या 'पृथ्वी बचाओ' अभियान बहुत महत्वपूर्ण सामाजिक जागरूकता अभियान है, जिसके बारे में सभी को अवश्य जानना चाहिए।

पृथ्वी ब्रह्माण्ड में सबसे अनमोल है, जो जीवन के लिए आवश्यक वस्तुएँ, ऑक्सीजन और पानी को रखती है। पृथ्वी पर पाए जाने वाले प्राकृतिक संसाधन दिन–प्रतिदिन मानव के गलत कार्यों के कारण बिगड़ रहे हैं।

मनुष्य ने खुद, पृथ्वी पर जीवन को संकट में डाल दिया है। जिससे उत्पन्न हुई अनुकूल वातावरण की कमी के कारण बहुत से जंगली जानवर पूरी तरह से विलुप्त हो गए है। कई प्रकार के प्रदूषण, ग्लोबल वार्मिंग और अन्य पर्यावरणीय मुद्दों की दर दिन–प्रतिदिन बढ़ रही है।

इसके नकारात्मक प्रभावों को कम करने के लिए सभी गलत प्रचलनों को रोकना बहुत आवश्यक है। विश्व भर के लोगों के बीच में जागरूकता फैलाने के लिए 'पृथ्वी दिवस' हर साल 22 अप्रैल को मनाया जाता है। यह वार्षिक रूप से पृथ्वी के पर्यावरण को बनाए रखने के साथ ही लोगों को प्रोत्साहित करने के लिए मनाया जाता है।



काव्या
षष्ठ 'जी'
SBPS/23-24/7570



अंशिका रंजन सिंह
सप्तम् 'सी'
SBPS/21-22/6365



धरती को साफ और सुंदर रखने की जिम्मेदारी हम सबकी

हमारा स्वास्थ्य 'स्वस्थ पर्यावरण' पर निर्भर करता है। जहाँ स्वच्छ हवा और पानी मानव स्वास्थ्य के लिए आवश्यक है, वहीं पौधों के स्वस्थ विकास के लिए स्वच्छ मिट्टी की आवश्यकता होती है। अपने परिवेश को स्वच्छ रखने से, हमारा स्वास्थ्य ठीक रह सकता है और पर्यावरण की रक्षा करने में मदद मिल सकती है। हमारे ग्रह को बचाने के कई तरीके हैं, जिनमें 'जल संरक्षण,' तेल का उपयोग कम करना और हरित–ऊर्जा को अपनाना, अपशिष्ट और एकल–उपयोग प्लास्टिक को कम करना और अधिक पेड़ लगाना शामिल है। पर्यावरण को स्वच्छ रखना आवश्यक है। इससे हमें ताज़ी हवा मिलती है, तथा प्रदूषण कम होता है। अशुद्ध वातावरण में बीमारियों का आगमन होता है और कई अन्य संबंधित समस्याएँ होती हैं। अतः यह हम सबकी जिम्मेदारी होनी चाहिए कि हम धरती को साफ़ और सुंदर रखें क्योंकि यह किसी एक की नहीं बल्कि हम सबकी है।



हर्षित कुमार प्रमाणिक
षष्ठ 'जी'
SBPS/16-17/3718





दृष्टि कुमारी
षष्ठम् 'अ'
SBPS - 17-18/4357

मेरी पसंदीदा फिल्म

'3 इडियट्स' मेरी पसंदीदा फिल्म है। जिसने मुझ पर एक अमिट छाप छोड़ी है। 'राजकुमार हिरानी' द्वारा निर्देशित यह फिल्म तीन दोस्तों के जीवन पर आधारित है। यह फिल्म जीवन के उन संघर्षों को प्रस्तुत करती है जिनका लोगों को अपने जीवन में सामना करना पड़ता है इसे 'चेतन भगत' के उपन्यास 'फाइब पॉइट समवन' (five point someone) से रूपांतरित किया गया है। 3 इडियट्स के जरिये हिरानी ने वर्त्तमान शिक्षा प्रणाली, पैरेंट्स का बच्चों पर कुछ बनने का दबाव और किताबी ज्ञान की उपयोगिता पर मनोरंजक तरीके से सवाल उठाए हैं।

मुख्य कलाकार में आर. माधवन, शर्मन जोशी और आमिर खान हैं। आमिर खान ने मुख्य किरदार फुंसख बांगडु की भूमिका निभाई है जो एक अमीर व्यापारी के बेटे रणछोड़ दास चांचड की पहचान रखता है।

फिल्म में दिखाया गया है कि कैसे एक बच्चे के जन्म के साथ ही माता–पिता की उम्मीदें जुड़ जाती हैं।

बच्चे, अपने माता–पिता की आँखों में तैरती उम्मीदों को देखने के लिए, दुनियाँ के सामने आँखें खोलता है। जो चाहते हैं कि उनके बच्चे इंजीनियर, डॉक्टर बनें। माता–पिता इस बात से पूरी तरह अनभिज्ञ हैं कि क्या उनकी उम्मीदें वास्तव में उनके बच्चों को फायदा पहुँचा रही हैं या मानसिक दबाव को बढ़ा रही हैं?

इस फिल्म में मुझे विशेष रूप से ''ऑल इज वेल' और ''कामयाबी के पीछे मत भाग, काबिल बन, कामयाबी झख मारकर तेरे पीछे आएगी'' जैसे उद्धरणों ने बहुत प्रभावित किया है। पूरे फिल्म में पात्रों को सामाजिक उपेक्षाओं, माता–पिता के दबाव और विफलता की डर सहित विभिन्न बाधाओं का सामना करना पड़ता है। फिल्म, 'मानसिक स्वास्थ्य,' 'आत्महत्या' और 'खुशी की तलाश' जैसे मुद्दों को संबोधित करती है। इसके अतिरिक्त '3 इडियट्स' मित्रता और करूणा का मूल्य सिखाता है। तीन दोस्तों के बीच का बंधन उनके सामने आने वाली चुनौतियों के दौरान मजबूत बना होता है, जो बाधाओं पर काबू पाने में समर्थन और सौहार्द्र के महत्व को दर्शाता है।

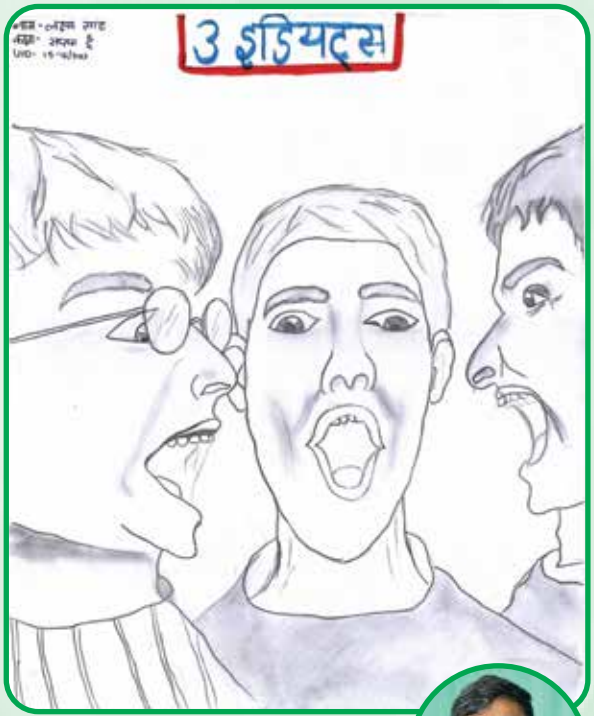
यह फिल्म मुझे पारंपरिक शिक्षा प्रणाली और इनके खामियों पर सवाल उठाने के लिए प्रेरित करती है।

सौ बात की एक बात यह है कि इस फिल्म ने वास्तव में मेरे दिल को छू लिया है। यह मनोरंजक होने के साथ–साथ एक महत्वपूर्ण संदेश भी देती है। यह हमारे लिए एक तनाव नाशक फिल्म है।

इसी कारण यह मेरी पसंदीदा फिल्म है।



आरव सिन्हा
सप्तम 'जी'
SBPS/19-20/5337





लक्ष्य साह
सप्तम 'ई'
SBPS/15-16/3103

मेरी पसंदीदा फिल्म : 'मणिकर्णिका'

मेरी पसंदीदा फिल्म 'मणिकर्णिका' है। यह एक ऐतिहासिक विषय पर बनाई गई है, जो झाँसी की रानी लक्ष्मीबाई के जीवन पर आधारित है।

रानी लक्ष्मीबाई ने 1857 की क्रांति में भारत की आज़ादी के लिए ब्रिटिश साम्राज्यवाद के खिलाफ लड़ाई लड़ी थी।

इस फिल्म में कंगना रनौत ने 'मर्णिकर्णिका' यानि लक्ष्मीबाई का किरदार निभाया है।

मुझे यह फिल्म इसलिए पसंद है क्योंकि, यह मुझे प्रेरित करती है। यह दिखाती है कि रानी लक्ष्मीबाई कितनी शूरवीर, बलिदानी और देशभक्त थीं।

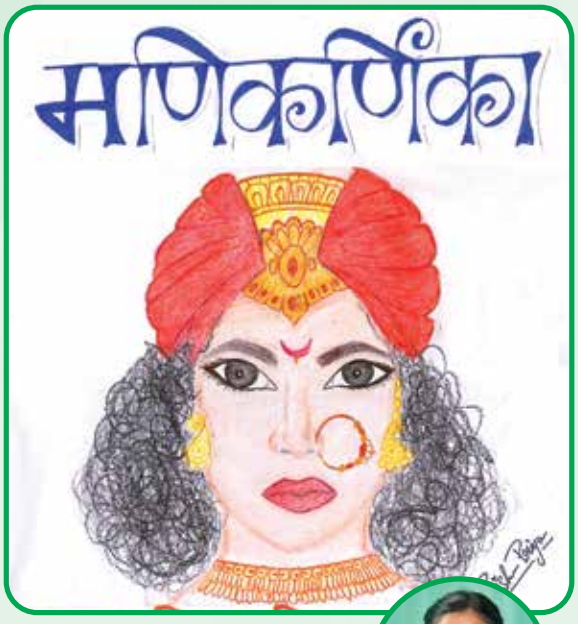
उन्होंने अपने पति, बेटे तथा राज्य को खोने के बाद भी हिम्मत नहीं हारी और अपने लोगों को संघर्ष करने का साहस दिया।

उन्होंने अपने शत्रु को डराया और अपने मित्रों को प्रभावित किया।

देश की आजादी के लिए उन्होंने अपना बलिदान कर दिया।



अनन्या सचान
सप्तम् 'अ'
SBPS - 16-17/3727





बिष्णु प्रिया
सातवीं 'अ'
SBPS - 15-16/3217





यशस्वी मुण्डा
दशम् 'सी'
SBPS/12-13/1788

"एक समय में एक काम करो। इसे करते समय अपनी पूरी आत्मा तक को इसमें झोंक दो, बाकी सब भूल जाओ।" - स्वामी विवेकानंद जी

आओ कुछ स्वादिष्ट बनाएँ

लिट्टी चोखा

लिट्टी चोखा भले ही बिहार का एक व्यंजन है लेकिन यह पूरे देश में मशहूर है। बिहार और झारखंड के खान–पान का जिक्र तो इसके बिना अधूरा है। ठंड के मौसम में तो इसे खाने का मज़ा ही कुछ और है। जो भी एक बार इसे चख लेता है उसका मन इसका स्वाद दोबारा लेने का हो ही जाता है।

इसे बनाने की प्रक्रिया अत्यंत ही सरल है। इसे कभी भी घर पर बनाया जा सकता है। इसे बनाने की विधि कुछ इस प्रकार है :–

लिट्टी के लिए, आटा लगाने के लिए सबसे पहले गेहूँ का आटा एक बड़े बर्तन में निकाल लें। फिर आटे में घी डाल लें। फिर उसमें आजवायन (आधा छोटी चम्मच) और नमक स्वादानुसार डाल लें और अच्छी तरह से मिला लें।

पिठ्ठी बनाने के लिए सत्तू (200 ग्राम या 1 कप) अदरक, हरी मिर्च (2 से 4), हरा धनिया, जीरा (1 छोटी चम्मच), सरसों का तेल (2 छोटी चम्मच) नींबू, काला नमक, इन सभी चीजों को अच्छे से मिला लें।

लिट्टी बनाने के लिए गुथे हुये आटे से मध्यम आकार की लोइयाँ बना लीजिये। लोई को अंगुलियों की सहायता से 2–3 इंच के व्यास में बड़ा कर लीजिये। कटोरी जैसा बना लीजिये, इस पर 1–2 चम्मच पिठ्ठी रखिये और आटे को चारों ओर से उठा कर बन्द कीजिये और आटे को गोल करके हथेली से दबा कर चपटा कर लीजिए।

चोखा बनाने के लिए बैंगन और टमाटर धोइऐ और भून लीजिये। ठंडा हो जाने के बाद छिलका उतारकर एक बरतन में रख कर मैश कर दीजिए। मैश करने के बाद उसमें कुछ मसाले और नमक और तेल डालकर मिला लें। आप चाहें तो आलू का चोखा भी बना सकते हैं।

लिट्टी को तंदूर या गैस पर पका लीजिए और सुंदर तरीके से परोस दीजिए और यह बन गया 'हमारा लिट्टी चोखा'।



संस्कृति
अष्टम् 'एच'
SBPS/ 15-16/3629





साव्या कुमारी
पाँचवीं 'एफ'
SBPS /19-20/5390

"एक रेसेपी में केवल अच्छे अवयवों से ही अच्छा भोजन बनता है और जीवन में अच्छे परिणामों के लिए भी यही सिद्धांत लागू होता है।"
– थामस केलर

छोला भटूरा

भोजन हमारे जीवन का एक बहुत ही महत्वपूर्ण हिस्सा है। इसके बिना हमारा जीवित रहना असंभव है। आज कल लोगों को सिर्फ स्वादिष्ट चीजें खाना ही पसंद है। हमें ध्यान रखना चाहिए कि हमारा भोजन स्वादिष्ट होने के साथ–साथ पौष्टिक भी हो। भोजन को स्वादिष्ट बनाने के लिए हमें उसमें सही मात्रा में मसाले डालने चाहिए एवं अच्छे से पकाना चाहिए।

आइये हम देखें कि छोले भटूरे कैसे बनाए जाते हैं। छोले भटूरे सिर्फ पंजाबियों का ही नहीं बल्कि पूरे देश के लोगों को पसंद है। भटूरे बनाने के लिए सबसे पहले एक बर्तन में मैदा और सूजी को अच्छे से मिला लें। फिर उसमें तेल, नमक, बेकिंग सोडा भी मिलाएँ। उसके बाद मैदा को गुनगुने पानी से गूँथ के कुछ समय के लिए कपड़े से ढक दें। थोड़े समय बाद उसकी छोटी–छोटी लोई बनाकर उसे गोल बेल लें। तेल गर्म होने पर उन्हें अच्छे से तल लें। अब ये भटूरे तैयार हैं।

छोले बनाने के लिए एक रात पहले पानी में भिंगोने रख दें। अगले दिन, कुकर में 3–4 सीटी लगाकर उन्हें उबाल दें। इसके बाद तेल गर्म करके उसमें अदरक एवं लहसुन का पेस्ट डालें और टमाटर की प्यूरी डालें। अब इसमें लाल मिर्च, हल्दी और धनिया डालें। मसाले अच्छे से भुन जाने के बाद उसमें नमक और पानी डालें। थोड़ी देर बाद छोले डालें। अब मसाले और छोले को मिला लें। जब वह मिल जाए तो आँच बंद कर दें और उसमें हरा धनिया और गर्म मसाला डाल दें। छोले तैयार हैं और इन्हें आप भटूरे के साथ सर्व कर सकते हैं।



डिम्पल सरदाना
अष्टम् 'एच'
SBPS/14-15/2470



आल्या चौधरी
सप्तम 'अ'
SBPS/22-23/6957

आओ कुछ स्वादिष्ट बनाएँ

स्वादिष्ट खाने की हो गई घड़ी।
स्वादिष्ट खाने के लिए मेहनत करनी पड़ी।
कुछ खाने के लिए कुछ बनाना पड़ा।
खाना खाने के बाद काम न करना पड़ा।
ऐसा था हमारा स्वादिष्ट खाना।।

मेरी मम्मी बनाती है स्वादिष्ट खाना।
जिसे खाकर मैं गाती हूँ गाना।
स्वादिष्ट खाने में और भी स्वाद आ जाता
जब खाने की मेज़ पर पूरा परिवार आ आजा।

बाहर का खाना चाहे कितना भी क्यूँ ना ललचाए
लेकिन घर का खाना हमेशा दिल को छू जाए।
सर्दी हो या गर्मी का मौसम
असल मज़ा तो घर के खाने से आए।
हमारे इस स्वादिष्ट खाने को हम भी न भूल पाएँ!!!



श्रुति रंजन
सप्तम् 'इ'
SBPS/16-17/3859

आज रसोईघर में स्वादिष्ट केक बनाएँगे

केक बनाने के लिए हमें कोई भी बिस्कुट 3 पैकेट, 1 इनो का पैकेट और दूध चाहिए होगा। सबसे पहले हमें एक कटोरे में बिस्कुट पाउडर डालेंगे। फिर उसमें दूध डालेंगे। उसके बाद उस घोल में एक इनो का पैकेट डाल देंगे। आप चाहे तो केक कड़ाही या फिर प्रेशर कुकर में बना सकते हैं। एक कटोरे में अच्छे से तेल लगा कर उसमें केक का बैटर डालकर कुकर में एक स्टैंड के ऊपर रख दीजिए। कुकर की सीटी और रबर को निकाल लें और उसे 30–40 मिनट तक धीमी आँच पर पकने के लिए रख दें। फिर 40 मिनट के बाद हम केक को जाँच करेंगे कि वह अच्छे से पका है या नहीं। केक को ठंडा होने देंगे फिर उसे कटोरे से निकाल लेंगे और अच्छी तरह क्रीम से सज़ा देंगे।
अब हमारा केक तैयार है। कैसी लगी आपको हमारी केक की यह रेसिपी?
धन्यवाद।



अलाया चौधरी
सप्तम् 'अ'
SBPS/22-23/6957



निकुंज केजरीवाल
पाँचवीं 'बी'
SBPS/17-18/4460

क्या स्मार्ट फोन की लत में एक रोबोटिक समाज बनते जा रहे हैं हम?

आज का दौर फोन नहीं, स्मार्ट फोन का है जिसने एक नई सभ्यता को जन्म दिया है। इसके फेसबुक, व्हाट्सएप, इंस्टाग्राम, ट्विटर जैसे अनेक ऐसे सोशल मीडिया प्लेटफॉर्म हैं, जहाँ बिन बात किए ही बात हो जाती है। आज के इस डिज़िटल दौर में हम एक ऐसे रोबोटिक समाज की ओर बढ़ रहे हैं जहाँ लाइक और कमेंट्स से जज्बात बयाँ होते हैं। दोस्ती और नाराजगी ऑनलाइन निभाई जाती है।

यह क्रांति नहीं तो क्या है कि आज इंटरनेट से चलने वाला स्मार्टफोन बहुत से लोगों के लिए उनका पहला कम्प्यूटर बन गया है। किसी के लिए उसकी प्राइवेट टीवी स्क्रीन तो किसी के लिए पहला कैमरा। कुछ लोगों के लिए स्मार्ट फोन की छोटी सी स्क्रीन ही उनकी पर्सनल दुनिया बन गई है।

जो बच्चे कल तक गली, मोहल्लों और पार्कों में आज़ाद पंछी की तरह उछलते–कूदते और चहचहाते उनके रौनक हुआ करते थे, आज अपने–अपने स्मार्टफोन में कैदी बनकर रह गए हैं। आज बच्चों का बचपन भी डिज़िटल हो गया है क्योंकि जिन बच्चों का बचपन कल तक परिकथाओं और दादी–नानी की कहानियों के साथ मासूमियत में बीतता था, आज वो बचपन स्मार्टफोन की स्क्रीन पर विभिन्न विषयों की चाही–अनचाही जानकारी के 'ज्ञान' के साथ अपनी मासूमियत कब खो देता है, पता ही नहीं चलता। हम रोबोटिक समाज की ओर धीरे–धीरे अग्रसर होते जा रहे हैं जो भविष्य के लिए एक खतरा है।



राशि खेतान
अष्टम 'जी'
SBPS/14-15/2532

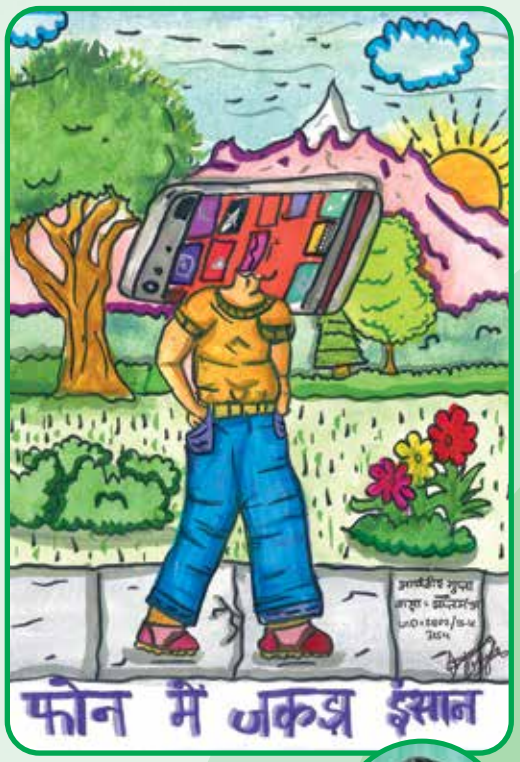
फोन में जकड़ा इंसान

बच्चे हों या बूढ़े, महिला हो या पुरूष, मोबाइल ने सभी को अपनी गिरफ्त में ले लिया है। दुनिया भर की विभिन्न रिसर्च में, स्मार्टफोन के अधिक प्रयोग के कारण शारीरिक, मानसिक और सामाजिक सभी प्रकार के दुष्परिणाम सामने आने लगे हैं। इसलिए आवश्यक है कि समाज के स्वास्थ्य एवं परिवार के संस्कारों की रक्षा के लिए स्मार्टफोन के उपयोग और उसके दुरूपयोग के अंतर को समझा जाए और मानवता के बेहतर भविष्य की नींव रखी जाए।

''फोन जब तक तार से बंधा था, इंसान आज़ाद था, जब से फोन आज़ाद हुआ है, इंसान बँध गया है।''



यशस्वी कुमार
सप्तम् 'ई'
SBPS/15-16/3072





आर्यवीर गुप्ता
सप्तम 'अ'
SBPS/15-16/3154

विश्व-पटल पर सफलता के नए आयाम गढ़ता भारत

दिल्ली में G-20 शिखर सम्मेलन

नई दिल्ली, भारत में 9 और 10 सितंबर, 2023 को 18वें G-20 शिखर सम्मेलन था, जब भारत ने G-20 देशों के शिखर सम्मेलन की मेजबानी की। इस शिखर सम्मेलन का विषय था – 'वसुधैव कुटुंबकम', जिसका अर्थ है, 'विश्व एक परिवार है'। इस गठबंधन की शुरूआत नौ आरंभिक सदस्य देशों, भारत, अमेरिका, ब्राजील, अर्जेन्टीना, बांग्लादेश, इटली, मॉरिशस, दक्षिण अफ्रीका और संयुक्त अमीरात के साथ की गई थी। (आई.एम.ई.सी.) भारत, मध्य–पूर्व और यूरोप को जोड़ने वाले एक महत्वपूर्ण बुनियादी ढ़ाँचा परियोजना है। इस परियोजना का लक्ष्य रेलवे और समुद्री मार्गों सहित परिवहन गलियारों का एक नेटवर्क स्थापित करना है। प्रधानमंत्री नरेन्द्र मोदी ने देशों के बीच मानव–केंद्रित विकास की ओर एक स्थानांतरण को बढ़ावा दिया, पुराने परिप्रेक्ष्य से नए दृष्टिकोणों की ओर बढ़ते विचारों की चर्चाएँ कीं। भारत का नाम पूरे विश्व में सम्मानजनक तरीके से लिया जाता है।



अक्षिता रंजन
नवम् 'एफ'
SBPS/20-21/5925

G-20

पिछले वर्ष 2023 में हमारे भारत ने कई क्षेत्रों में ऊँचाइयों को छुआ है जैसे – हमारे 'अंतरिक्ष अनुसंधान संगठन' (इसरो) द्वारा भेजा गया तीसरा चंद्र मिशन (चंद्रयान–3) सफल रहा वहीं दूसरी तरफ हमारे देश को इस वर्ष G-20 का शिखर सम्मेलन आयोजित करने का अवसर प्राप्त हुआ जिसे भारत की राजधानी दिल्ली में आयोजित किया गया।

G-20 सम्मेलन आयोजित करने का मुख्य उद्देश्य अंतरराष्ट्रीय आर्थिक और वित्तीय स्थिरता पर चर्चा करना है जो सबसे महत्वपूर्ण औद्योगिक और विकासशील अर्थव्यवस्थाओं को साथ लाता है।

इस वर्ष G-20 का विषय 'वसुधैव कुटुम्बकम्' रखा गया था जिसका अर्थ ''एक धरती, एक परिवार और एक भविष्य'' है।

इसी सम्मेलन को आयोजित कर भारत ने विश्व–पटल पर सफलता का आयाम गढ़ा है।



दिव्यांशी कुमारी
नववीं 'एफ'
SBPS /14-15/2615





अंशुमान सिंह
नवम् 'एफ'
SBPS/14-15/2687

मेरी प्रेरणा स्रोत :- विद्युत जामवाल

'विद्युत जामवाल,' एक नाम, जिसने मेरे मन को नई ऊँचाइयों की ओर प्रेरित किया है। यह एक ऐसा चेहरा है, जो न केवल एक शानदार एक्टर हैं, बल्कि उनकी जीवनशैली और उनकी मेहनत ने मुझे बहुत कुछ सिखाया है।

'विद्युत' का उत्साह और आत्मसमर्पण हमें यह सिखाता है कि किसी भी माध्यम से सफलता प्राप्त करने के लिए हमें कार्य के प्रति पूरी तरह से समर्पित रहना चाहिए। उनकी संघर्षशीलता और संघर्ष की भावना हमें यह सिखाती है कि कोई भी मुश्किल हमें रोक नहीं सकती है, अगर हमारा संकल्प दृढ़ हो तो।

उनका उत्कृष्ट अभिनय, हमें हमेशा प्रेरित करता है कि हमें अपने क्षेत्र में मानक निर्धारित करने के लिए स्वयं को पूरी तरह से समर्पित करना चाहिए।

विद्युत जामवाल, मेरी प्रेरणा स्रोत हैं। जो मुझे यह याद दिलाते हैं कि अगर हम सच्चे दिल से किसी कार्य में समर्पित हैं और अपने लक्ष्यों की प्राप्ति के लिए हर मुश्किल का सामना करते हैं, तो सफलता खुद हमारे कदमों में होगी।



मनीष कुमार महतो
दशम् 'एच'
SBPS/15-16/3622

अपनी गलती का एहसास जब हुआ

हर सोमवार को मेरे स्कूल में अलग–अलग विषय की परीक्षा होती है। कुछ दिनों पहले, मेरी विज्ञान की परीक्षा थी। शनिवार और रविवार को छुट्टी थी। मैंने शनिवार को सोचा कि अभी रविवार का दिन बाकी है, कल पढ़ूँगी। परंतु रविवार को शाम में सात बजे के आस–पास मैंने पढ़ना शुरू किया। जिस कारण मेरी परीक्षा में अच्छे अंक नहीं आएँ। घर आने के बाद मुझे अपनी गलती का एहसास हुआ, मुझे कल का इन्तज़ार न कर उसी दिन पढ़ लेना चाहिए था।



अदिति पाल
नवम् 'एफ'
SBPS/13-14/2093





अदिति साहु
सातवीं 'अ'
SBPS/15-16/3138

"गलती करना अच्छा है, क्योंकि यह तुरंत स्पष्ट हो जाता है कि क्या सही है।" – विंस्टन चर्चिल

गलती का एहसास

झारखण्ड के छोटे से गाँव, 'चान्दो' में एक किसान रहता था। उसके दो बच्चे थे। एक बेटा और एक बेटी। बेटा का नाम, नवीन और बेटी का नाम नीतू था। दोनों हर रोज़ गाँव के बाहर स्थित स्कूल में पढ़ने जाते थे। किसान अपने दोनों बच्चों को बहुत प्यार करता था। उसका सपना था कि उसके दोनों बच्चे पढ़–लिखकर अच्छे और बड़े आदमी बनें। एक दिन उनके मामा आए और साथ में मिठाई लाए। मामा के जाने के बाद माँ ने समझाया था कि उन्हें हर रोज सिर्फ एक ही लड्डू मिलेंगे, एक से ज्यादा लड्डू रोज़ खाना सेहत के लिए हानिकारक हो सकता है। माँ ने उन्हें ऐसा डराने के लिए कहा था ताकि लड्डू ज्यादा समय तक चले, कुछ ही दिनों में खत्म न हो जाये। एक दिन घर पर कुछ मेहमान आए। उनको लड्डू देने के लिए जब माँ ने लड्डू का डिब्बा खोला तो वह दंग रह गईं। उसमें से आधे लड्डू गायब थे। माँ तुरंत समझ गई कि उसके बच्चे लड्डू चोरी करके खा रहे हैं। माँ ने यह बात किसान को बताई। किसान को यह बात सुनकर बहुत दुख हुआ। वह इतनी मेहनत करके अपने बच्चों को पढ़ा–लिखा रहा था। उसके बच्चे यदि चोरी जैसा गलत काम करना सीख रहे हैं, तो उसके लिए बड़े शर्म और दुःख की बात थी। किसान के लिए यह पता लगाना बहुत मुश्किल था कि उसका कौन–सा बच्चा लड्डू चोरी करके खा रहा है। फिर अचानक किसान को एक तरकीब सूझी। उसने अपनी पत्नी को समझाया था कि लड्डू में नीम के पत्तों का रस मिला दे। किसान की पत्नी को यह तरकीब अच्छी लगी और उसने ऐसा ही किया।

दोपहर के बाद जब दोनों बच्चे स्कूल से लौटकर घर आए, तो माँ उन्हें खाना देकर गाय को चारा डालने के लिए घर से बाहर चली गई। कुछ ही समय बाद किसान की बेटी नीतू घर के मुख्य द्वार पर आई। उसने दरवाजे पर ही सब खाया–पीया उलट दिया। नीतू का चेहरा उतरा हुआ था। तभी किसान और उसकी पत्नी भी घर पहुँच गए। वे दोनों समझ गए कि नीतू ही लड्डू चोरी करके खा रही थी। किसान ने क्रोधित होते हुए यह कहा कि कल से अब वह स्कूल नहीं जाएगी। वह मेरे साथ खेतों में मजदूरों की तरह काम किया करेगी। यदि उसे चोर ही बनना है तो उसे पढ़ाने–लिखाने से कोई फायदा नहीं है। उधर नीतू की रो–रोकर हालत खराब थी। नीतू को अपनी गलती का एहसास हो चुका था। उसने अपनी गलती स्वीकार कर ली। नीतू ने अपने माता–पिता से माफी माँगते हुए कहा कि वह आगे कभी चोरी नहीं करेगी। पिता ने उसे समझाते हुए कहा कि – देखो बेटा, चोरी करोगे तो अपमान ही मिलेगा। यदि सम्मान चाहते हो, तो अच्छे काम करने पड़ेंगे। अब तुम्हें खुद फैसला करना है कि अपमान चाहिए या सम्मान।'' नीतू ने निश्चय किया कि अब वह ऐसा कोई काम नहीं करेगी जिससे उसके माता–पिता को दुःख हो या उसे अपमान मिले। इसके बाद उसने कभी चोरी नहीं की।

शिक्षा – चोरी करना गलत है। इससे व्यक्ति को हमेशा अपमानित होना पड़ता है। इसलिए चोरी कभी न करें।



अनुष्का त्रिपाठी
नवम् 'जी'
SBPS/15-16/3231

अपनी गलती का एहसास जब हुआ

यह घटना उस दिन की है, जब मैंने अपनी गलती से कई सबक सीखे। मेरी सबसे अच्छी दोस्त का जन्मदिन था इसलिए उसने एक पार्टी का आयोजन किया। उस पार्टी का स्थान बहुत अच्छा था। कुछ अच्छी तस्वीरें खींचने के लिए यह अच्छी जगह थी। मेरे अन्य मित्र भी उपस्थित थे। हमने तस्वीरें लेनी शुरू कर दीं। हम ज्यादा से ज्यादा तस्वीरें लेना चाहते थे ताकि हम सोशल मीडिया पर पोस्ट कर सकें। हम अपनी तस्वीरें लेने में इतने व्यस्त थे कि हम उस पार्टी के आयोजित कार्यक्रम में भाग नहीं ले पाए। यहाँ तक कि केक काटने के दौरान भी हम तस्वीरें लेने में व्यस्त थे। मैं तस्वीरें खींचने में इतना व्यस्त थी कि मैं भूल गई कि मैं जन्मदिन की पार्टी में थी। मेरी दोस्त जिसका जन्मदिन थ वह मेरे व्यवहार से बहुत दुःखी थी। उसने सोचा कि हम पार्टी एन्जॉय करेंगे लेकिन ऐसा कुछ नहीं हुआ। लेकिन उस दिन उसने मुझसे कुछ नहीं कहा, मैं घर आई और अपनी तस्वीरें सोशल मीडिया पर पोस्ट की। अगले दिन उसने मुझसे कहा कि वह मेरे व्यवहार से निराश है। तब मुझे अपनी गलती का एहसास हुआ और खुद पर बहुत बुरा और शर्मिंदा महसूस हुआ। मैं तस्वीरें खींचने में इतना मशगूल हो गई कि भूल ही गई कि मैं किसी की पार्टी में हूँ। सिर्फ सोशल मीडिया पर पोस्ट करने के लिए मैंने अपने सबसे अच्छी मित्र की पार्टी बर्बाद कर दी। पिछले कुछ महीनों में मैं सोशल मीडिया पर बहुत सक्रिय थी। मैं हमेशा देखती हूँ कि मेरे अन्य दोस्त जब भी किसी पार्टी में जाते हैं, तो तस्वीरें पोस्ट करते हैं। मैं भी ऐसा ही करने की कोशिश की। लेकिन मुझे अपनी गलती का एहसास हुआ। फोटो खींचना कोई बुरा काम नहीं है। लेकिन किसी भी चीज़ की अधिकता हानिकारक होती है। सोशल मीडिया की लत नए जमाने की सबसे आम लतों में से एक है। लोग सोशल मीडिया के जरिए अपनों से जुड़ने की बजाय उनसे होड़ करने लगे हैं। वे दूसरों की तुलना में बेहतर तस्वीरों और स्टेटस अपडेट पोस्ट करना चाहते हैं और चाहते हैं कि उनकी प्रोफाइल सबसे अच्छी दिखे। सोशल मीडिया के आधे लोग अपना ज़्यादातर समय यह सोचने में बिताते हैं कि वे अपनी प्रोफाइल को बाकियों से बेहतर कैसे बना सकते हैं? हमें खुशी के पलों को फोन में कैद करने की बजाय उन्हें जीना चाहिए। दूसरों को अपने बारे में दिखाने के लिए सोशल मीडिया पर सब कुछ पोस्ट करना अच्छी बात नहीं है।



सौम्या प्रसाद
नवम् 'जी'
SBPS/13-14/2062





नव्या तनेजा
छठी 'डी'
SBPS/22-23/7230

मुझे माफ कर दो गौरव

9वीं कक्षा का छात्र गौरव हाल ही में अपनी बहन आर्या के एक साथ नए स्कूल में आया था। एक दुर्घटना में गौरव का पैर टूट गया और वह लंगड़ा कर चलने लगा था। आर्या, नए दोस्त बनाने के लिए उत्साहित थी और वह नहीं चाहती थी कि उसके नए दोस्त, उसके भाई से मिलें क्योंकि उसे अपने भाई की वज़ह से शर्म आती थी। गौरव को उसके लंगड़ेपन के कारण उसके सहपाठी हमेशा परेशान करते थे। उसकी बहन हमेशा उसे परेशान होते देखती थी लेकिन कुछ नहीं कहती। गौरव अपनी बहन के साथ रहना चाहता था क्योंकि उसका कोई भी दोस्त नहीं था। आर्या ऐसा व्यवहार करती थी जैसे वह गौरव को जानती तक नहीं। आर्या का जन्मदिन था, लंच के समय उसके दोस्तों ने उसके लिए 'जन्मदिन का गाना' गाया। गौरव उसे कपकेक देने के लिए उसकी कक्षा में आया लेकिन आर्या ने ऐसा व्यवहार किया जैसे गौरव कोई अजनबी हो। जब अवकाश हुआ तब आर्या और उसके दोस्त खेल रहे थे। गौरव आया और पूछा ''क्या मैं भी तुम लोग के साथ खेल सकता हूँ ?'' ''बिल्कुल नहीं'' आर्या ने उत्तर दिया। उसके दोस्त हँसे और गौरव को जाने के लिए कहा। गौरव बहुत दुखी था। जब उनके पिता उन दोनों को लेने आए तो उन्होंने आर्या के लिए केक खरीदा। ''वाह! शुक्रिया पापा'' आर्या ने कहा। जैसे ही गौरव उनकी ओर बढ़ रहा था, वह किसी चीज से टकरा गया, अपना संतुलन खो बैठा और गलती से अपने पिता को धक्का दे दिया जिससे केक गिर गया। ''मेरा केक!'' आर्या ने चिल्लाकर कहा। ''मुझे माफ कर दो, मैंने जानबूझकर नहीं किया'' गौरव ने माफी माँगी। ''यह सब तुम्हारी गलती है! अगर तुम लंगड़ाते नहीं तो ऐसा कुछ भी नहीं होता'', आर्या गौरव पर चिल्लायी। गौरव को बहुत बुरा लगा और वो कार के अंदर चला गया। ''आर्या! तुम्हें अपने भाई से इस तरह बात नहीं करनी चाहिए!'' उसके पिता ने उसे डाँटा। ''वह लंगड़ा क्यों है?'' आर्या ने कहा। ''तुम जानना चाहती हो? तो सुनो। एक बार जब तुम और गौरव सड़क पर खेल रहे थे तो एक कार तेजी से सीधे तुम्हारी ओर आ रही थी। गौरव ने तुम्हें धक्का दिया जिससे तुम बच गई और उसका एक्सीडेंट हो गया। डॉक्टरों ने कहा कि उसका पैर फ्रैक्चर हो गया है। गौरव अंदर से टूट गया लेकिन उसने तुम्हें प्यार करना कभी नहीं छोड़ा। तुम बहुत छोटी थी इसलिए तुम्हें याद नहीं है और गौरव ने भी तुम्हें बताने से मना किया था।'' उसके पिता ने समझाया। अपनी गलती का एहसास होते ही आर्या रोने लगी। ''मुझे माफ कर दो गौरव, मैंने तुम्हें बहुत बुरा–भला कहा। मुझे नहीं करना चाहिए था। मैं तुमसे प्यार करती हूँ। तुम सबसे अच्छे भाई हो।'' आर्या ने अपने भाई से माफ़ी माँगी और उस दिन के बाद से जब भी कोई गौरव को परेशान करता, आर्या हमेशा उसकी मदद के लिए आती।



ईप्सा साह
नवम् 'एच'
SBPS/18-19/5008

"माफी वह शक्ति है, जो दुश्मनों को भी मित्र बना सकती है।"
— नेल्सन मंडेला

उतना ही लो थाली में कि न जाए नाली में

महाराष्ट्र की पुरन पोली, झारखण्ड
का पीठा हो या छत्तीसगढ़ का छप्पन भोग
फेंकते हैं क्यों भोजन लोग?
यही भोजन के लिए तरसते भूखे कुछ लोग
उतना ही लो थाली में
कि न जाए नाली में।

चाहे कितना भी हो पेट खाली
चाहे कितनी भी हो बड़ी थाली
उतना ही लो थाली में कि न
जाए नाली में।

गए हो बर्थ डे पार्टी में
या किसी की शादी में
तरह–तरह के व्यंजन हो पार्टी में
उतना ही लो थाली में
कि न जाए नाली में।

कल रात में भी था पेट खाली
और नाश्ते में बस एक रोटी खाई
सामने रखी थी तरह–तरह की मिठाई
फिर भी उतना ही खाई।

बहुमूल्य भोजन क्यों हो कूड़े में
कृपा करो उन सब पे जो
कूड़े से उठाकर खाते हैं।
उतना ही लो थाली में
कि न जाए नाली में।



सृष्टि बड़ाईक
नवम् 'जी'
SBPS/14-15/2714

"अन्न का सम्मान करें

उतना ही लो थाली में कि न जाए नाली में।
अन्न का सम्मान करो, फिजूल खर्ची से बचो।
हर दाना मेहनत का है नतीजा प्यारा,
थाली में बरकत भरो, नाली में न करो इशारा।

थाली में है हर रस, हर खुशबू का असर,
नाली में न गिराओ, बचाओ अन्न, करो इज़हार।
रोटी, चावल, सब्ज़ी – है हर एक का महत्व,
अन्न का मोल समझो, हर कोना थाली का है सोना,
नाली में न जाए, जरूरी है इसका ध्यान में होना।
उतना ही लो थाली में, प्यार से सजाओ,
नाली में न गिराओ, अन्न को बचाओ।



सान्या मोदी
नवम् 'जी'
SBPS/14-15/2443

जीवन का आधार - भोजन

दुनिया में शायद ही ऐसा कोई होगा, जिसे भोजन की आवश्यकता न हो। भले ही विभिन्न जीवों के भोजन एक समान न हो परन्तु इस संसार में जीवित रहने के लिए भोजन महत्वपूर्ण है। हम भारतीयों को तो भोजन से इतना प्रेम है कि विश्व के सबसे स्वादिष्ट और अनोखे पकवान हमारे ही देश में मिलते हैं। हमारे देश में किसी भी समारोह की बड़ाई तभी की जाती है जब वहाँ का भोजन स्वादिष्ट होता है।

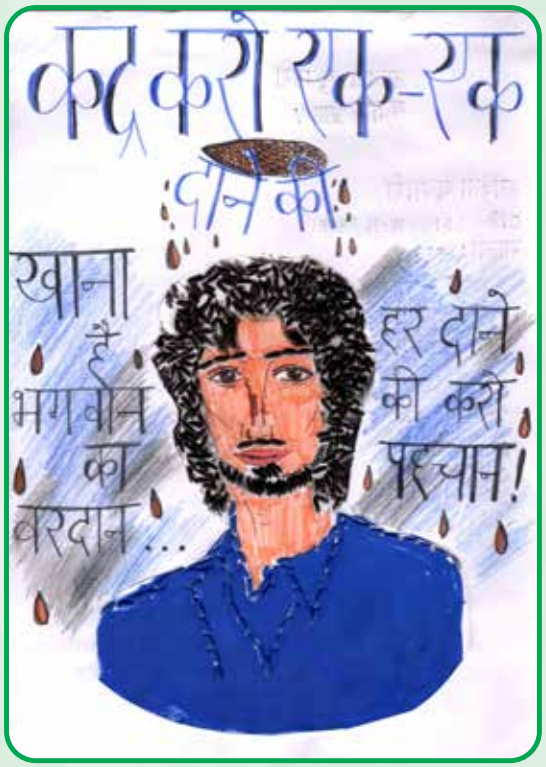
लेकिन भोजन के प्रति इतना प्रेम होने के बावजूद हम उसे फेंककर उसका अपमान करते हैं। शादी या कोई भी समारोह होता है तो हम तरह–तरह के व्यंजनों को देखकर उसका लुत्फ उठाने के लिए सभी पकवान एक साथ थाली में अधिक मात्रा में ले लेते हैं। फलतः उसे खत्म नहीं कर पाते हैं और भोजन कूड़ेदान में जाता है। इस बुरी आदत के कारण देश भर में भारी मात्रा में भोजन व्यर्थ हो जाता है।

हम यह भूल जाते हैं कि अन्न का एक दाना तैयार होने में किसानों की कितनी मेहनत लगती है। कड़ी मेहनत और प्रेम से तैयार हुए अन्न को हम कूड़ेदान में फेंककर, उनकी मेहनत का भी अपमान करते हैं। भोजन का महत्व हमें उनसे सीखना चाहिए जिन्हें भोजन नसीब नहीं होता है। गरीबों को पेट भरने के लिए दिनभर काम करना पड़ता है। तब उन्हें एक समय का भोजन मिलता है यहाँ तक कि बैलों को भी दिनभर खेतों में काम करने के बाद ही भोजन प्राप्त होता है। कई बार तो कुछ लोग इतने भूखे होते हैं कि कूड़े में फेंका हुआ खाना भी खा लेते हैं ताकि उनकी भूख शांत हो सके।

हम चाहे कितने भी अच्छे और सम्पन्न परिवार से हों, हमें हमेशा भोजन का आदर करना चाहिए। हमें भोजन लेने से पहले याद रखना चाहिए "उतना ही लो थाली में कि ना जाए नाली में।"



प्रियांशु राज
नवम् 'एच'
SBPS/19-20/5490





अदिति कुमारी
सातवीं 'अ'
SBPS/15-16/3051

"स्वस्थ आत्मा एक स्वस्थ शरीर में ही निवास करती है, और स्वस्थ शरीर का आधार ठीक आहार है।" - स्वामी रामतीर्थ

संसाधनों का सदुपयोग

कहावत 'उतना ही लो थाली में कि ना जाए नाली में' जागरूकता, संरक्षण और जिम्मेदार उपभोग के लोकाचार को समाहित करती है।

भोजन की खपत के संदर्भ में, यह वाक्यांश भोजन की बर्बादी से बचने के महत्व पर जोर देता है। भूख और खाद्य असुरक्षा से जूझ रही दुनिया में, हिस्से के प्रति सचेत रहना एवं जितना खा सकते हैं उतना खाना न केवल व्यक्तिगत जिम्मेदारी को दर्शाता है, बल्कि भोजन की बर्बादी को कम करने के दिशा में एक सामूहिक प्रयास भी है।

इस कहावत के रूपक निहितार्थ जीवन के विभिन्न क्षेत्रों में किए जा सकते हैं। यह सामान्य रूप से संसाधनों के उपयोग के प्रति सचेत दृष्टिकोण का सुझाव देता है – चाहे वह पानी हो, ऊर्जा हो या भौतिक संपत्ति हो। केवल वही लेना जो आवश्यक है और अधिकता से बचकर व्यक्ति, सीमित संसाधनों के संरक्षण में योगदान करते हैं और उनके पारिस्थितिक पदचिह्न को कम करते हैं।

इसके अलावा, किसी भी चीज को 'नाली में नहीं जाने' देने का दर्शन मूल्य प्रशंसा का संदेश देता है। यह मनुष्यों के संसाधनों के महत्व और उनके उत्पादन में निवेश किए एक प्रयास को पहचानने के लिए प्रोत्साहित करता है। यह मानसिकता अधिक टिकाऊ और पर्यावरण के प्रति जागरूक जीवनशैली को बढ़ावा देती है, जिससे ग्रह के प्रति जिम्मेदारी की भावना पैदा होती है।

समय प्रबंधन के क्षेत्र में, सिद्धान्त प्राथमिकता देने को प्रोत्साहित करता है। समय, एक सीमित वस्तु, को उन गतिविधियों पर विवेकपूर्ण तरीके से खर्च किया जाना चाहिए जो किसी के लक्ष्यों और मूल्यों के अनुरूप हों। अनावश्यक विकर्षणों से बचकर, कोई उत्पादकता बढ़ा सकता है और अधिक संतुलित और पूर्ण जीवन प्राप्त कर सकता है।

निष्कर्ष, यह कहावत उपभोग के प्रति सचेत और विचारशील दृष्टिकोण की वकालत करता है। यह व्यापक वैश्विक चुनौतियों के साथ व्यक्तिगत कार्यों के अंतर्संबंध की याद दिलाता है, लोगों से संसाधनों का प्रबंधक बनने और अधिक टिकाऊ और सामंजस्यपूर्ण दुनिया में योदगान करने का आग्रह करता है।



सान्वी शाम्भवी
नवम् 'जी'
SBPS/15-16/3423

"धरती, जल और वायु – ये सभी हमारे जीवन के मूल हैं। इनका संरक्षण ही हमारा धर्म है।"— डॉ. ए.पी.जे. अब्दुल कलाम

कद्र करो एक-एक दाने की

शायद ही दुनिया में कोई जीव होगा जिसे खाना पसंद न हो और हम भारतीय तो भोजन के इतने प्रेमी हैं कि हमें बस खाने का बहाना चाहिए। लेकिन इस भोजन प्रेम के बीच में हम कुछ ऐसा करते हैं जो भोजन का अपमान है। शादी हो या कोई पार्टी हम पूरी थाली को भर लेते हैं और फिर थोड़ा–सा खाकर बाकी बचे हुए खाने को फेंक देते हैं। भोजन ओर प्रसाद में बस इतना ही अंतर है कि भोजन थाली भर–भर लेते हैं और छोड़ देते हैं। भोजन को प्रसाद मान लें तो अन्न कभी बर्बाद न हो। जहाँ हमें ईश्वर के कृपा से खाने को इतना स्वादिष्ट भोजन मिलता है उसके बावजूद भी हम अन्न को फेंक देते हैं तो दूसरी ओर कुछ बच्चों को खाना नसीब भी नहीं होता और उन्हें भूखा रहना पड़ता है। इन सब कारणों से उन्हें अनेक प्रकार की बीमारियाँ हो जाती हैं और वे कुपोषित रह जाते हैं। खाना खाने और फेंकने के बीच में कभी यह ख्याल नहीं आता कि आखिर अन्न का एक दाना तैयार होने में कितनी मेहनत, श्रम, पूंजी लगती है। अगर अन्न का महत्व समझना है तो कभी किसी भूखे को जूठन से खाना उठाकर खाते देखो। इटली के रोम में स्थित संयुक्त राष्ट्र की खाद्य और कृषि संस्था एफएओ ए०एफ०ओ० के मुताबिक सालाना करीब एक अरब तीस करोड़ टन अनाज बर्बाद होता है। हम किसी भी आयु वर्ग के क्यों न हों, कितने भी संपन्न परिवार से क्यों न हों, आज से हमें संकल्प लेना होगा कि हम थाली में जूठन नहीं छोड़ेंगे और दूसरे लोगों को ऐसा करने के लिए प्रेरित करेंगे। इसलिए थाली में उतना ही भोजन लो, कि उसे नाली में न फेंकना पड़े।



सौम्या मिश्रा
नवम् 'जी'
SBPS/22-23/7034





श्रेयांश पोद्दार
नवीं 'आई'
SBPS/24-25/8074

"खाने के एक-एक दाने की कद्र करना हमारी सबसे बड़ी शिक्षा होनी चाहिए।" - महात्मा गाँधी

हेर्मन हेस्स द्वारा लिखित 'डेमियन'

'डेमियन', हेर्मन हेस्स की किताब है, जो एक अद्वितीय और गहरा साहित्यिक अनुभव प्रदान करती है। यह कहानी एक युवक के जीवन के चरम संघर्षों की ओर आत्मिक अन्वेषण की ओर बढ़ती है।

इस कहानी के माध्यम से हम जीवन के उच्चतम और आध्यात्मिक दृष्टिकोण से जुड़े महत्वपूर्ण प्रश्नों का सामना करते हैं। हेर्मन हेस्स की इस लेखनी और गहरे विचारों ने मेरे भूतकाल, वर्तमान और भविष्य के संदर्भ में एक नई दृष्टिकोण प्रदान किया है।

'डेमियन' मेरे लिए एक अच्छी किताब बन गई है, जो मुझे जीवन के असली मायने समझने में मदद करती है। यह किताब मुझे यह सिखाती है कि हमें अपनी आत्मा को समझने के लिए समय निकालना चाहिए और अपने सपनों की पूर्ति के लिए मेहनत करनी चाहिए। हेर्मन हेस्स की यह रचना मेरे दिल को छू जाती है और मुझे यह सिखाती है कि कभी–कभी हमें अपने अंदर की आवाज को सुनना चाहिए।



सोनाखी शॉ
दशम् 'ई'
SBPS/12-13/1686

'रामचरितमानस'

पुस्तकें हमारे लिए अत्यंत महत्वपूर्ण हैं। वे समय–समय पर एक अच्छे मित्र व गुरू की भूमिका अदा करती हैं। किसी व्यक्ति को जीवन में सफलता दिलाने में इनका बहुत बड़ा योगदान होता है।

'लोकमान्य बाल गंगाधर तिलक' ने सच ही कहा है कि ''मैं नरक में भी उत्तम पुस्तकों का आदर करूँगा क्योंकि इनमें वह शक्ति है जो नर्क में भी स्वर्ग का सुख प्रदान कर सकती है। वैसे तो मैंने अनेक पुस्तकें पढ़ी हैं परंतु इन सब में 'गोस्वामी तुलसीदास' द्वारा रचित 'रामचरितमानस' ने मुझे अत्यधिक प्रभावित किया है।

'रामचरितमानस' मेरी सबसे प्रिय पुस्तक है, क्योंकि यह 'महाकाव्य' मात्र ही नहीं है अपितु उससे अधिक है, जिसमें दर्शन के साथ ही उत्तम चरित्र निर्माण हेतु सभी तत्व विद्यमान हैं। यह पुस्तक अयोध्या के राजा श्रीराम के जीवन चरित्र पर आधारित है, जिन्हें हिंदूजन भगवान का अवतार मानते हैं।

श्रीराम अयोध्या के राजा दशरथ के पुत्र थे। बचपन से ही वे बहुत प्रतिभावान थे। उनमें वे सभी गुण विद्यमान थे जो किसी आदर्श पुत्र में होने चाहिए। अपने पिता की इच्छा का सम्मान करते हुए वे 14 वर्ष के लिए अपने भाई लक्ष्मण तथा पत्नी सीता सहित वनवास के लिए गए।

इस दौरान उन्हें अनेक असुरों का सामना करना पड़ा। 'श्री हनुमान जी' भी वनवास के दौरान ही उनसे मिले। माता सीता को आततायी असुरराज 'रावण' उठाकर ले गया। 'श्रीराम' का 'रावण' के साथ भयंकर युद्ध हुआ।

अंत में श्रीराम की विजय हुई तथा रावण सहित अनेक बड़ी आसुरी शक्तियों का नाश हुआ। वनवास पूरा होने के उपरांत वे अपनी पत्नी व भाई सहित वापस अयोध्या लौट आए और अनेक वर्षों तक अयोध्या पर राज किया।



संजना
नवम् 'ई'
SBPS/14-15/2572

'समर्पण भाव ही लक्ष्य प्राप्ति का साधन'

किताबें हमारे जीवन का महत्वपूर्ण हिस्सा होती हैं। एक अच्छी किताब हमे न सिर्फ मनोरंजन प्रदान करती है, बल्कि हम में नई सोच की क्षमता प्रदान करती है और जीवन को सही दिशा में बदलने में मदद करती है।

रॉबिन शर्मा की पुस्तक 'द मौंक हू सोल्ड हिज़ फरारी' ऐसी ही एक पुस्तक है जो मेरे पसंदीदा किताबों में से एक है।

यह किताब कुछ अजीब से किस्सों से भरी हुई है जो हमें नए दुष्टिकोण से जीवन को देखने का अवसर प्रदान करती है। 'द मौंक हू सोल्ड हिज़ फरारी' में रॉबिन शर्मा ने एक सफल वकील जूलियन मैंनटल की कहानी बताया है, जिसके जीवन मे सब कुछ होने के बावजूद वह न खुश होता है और न ही संतुष्ट। इस कहानी में आगे चलकर अपने आत्मा–समर्पण और आत्म प्रेरणा से भरे जीवन का अनुभव करता है।

पुस्तक का शीर्षक ही उसकी अद्वितीयता को दर्षाता है। इसमें एक अधिवक्ता अपनी 'फरारी' को बेचकर संत बन जाता है। इस प्रेरणादायक कहानी के माध्यम से हमें यह सीखने का मौका मिलता है कि सफलता और धन से भी अधिक महत्वपूर्ण है हमारा आत्मा समर्पण और आत्म नियंत्रण।

शर्मा जी ने इस पुस्तक में विभिन्न सीखों को शामिल किया है जो हमारे जीवन को सकारात्मक रूप से देखने के लिए प्रेरित करती है। उनकी लेखनी अद्भुत है और वे विचारों को सरलता से समझाते है।

इस किताब में जीवन को सफल बनाने के लिए अन्य उपायो की चर्चा की तथा समय का मूल्य, और स्वस्थ जीवनशैली की अहमियत पर ध्यान दिया गया है।

रॉबिन शर्मा की शैली और उनके विचार मेरे मन को छू लेते है और मुझे यह बात याद रखने के लिए प्रेरित करते हैं कि अपने लक्ष्यों को प्राप्त करने के लिए सदैव समर्पित रहना चाहिए।

इस पुस्तक को पढ़कर मैनें अपने जीवन में कई सकारात्मक परिर्वतन किए हैं और मेरी समझ से यह किताब हर किसी के जीवन को प्रभावित कर सकती है। वह मेरी पंसदीदा किताब बन गई है, जो मेरे जीवन को एक नए स्तर पर ले जाने में मदद करती है।



आध्या दुबे
दशम् 'एच'
SBPS/20-21/5859

पुस्तकों का मनुष्य के जीवन में विशेष महत्व होता है। यह उसकी सच्ची साथी व मित्र होती है। उसके अच्छे व बुरे समय में उसका साथ देती है। उसकी प्रत्येक समस्या का निवारण इनकी सहायता से किया जा सकता है। अच्छी पुस्तकों के ज्ञान से मानव की मानसिकता व बौद्धिक शक्तियों का विकास होता है। मैं भी अपनी ज्ञान की वृद्धि के लिए 'रामचरितमानस' अर्थात् 'रामायण' पढ़ता हूँ। यह ही मेरी प्रिय पुस्तक है।

मेरी प्रिय पुस्तक 'रामचरितमानस' में वे गुण विद्यमान हैं जो एक श्रेष्ठ पुस्तक में होने चाहिए। इस महाकाव्य के नायक 'श्रीराम' मर्यादा पुरूषोत्तम है। ये जीवन के सभी क्षेत्रों में त्याग, दया, परोपकार, शौर्य, धैर्य, सहानुभूति, जनरक्षक, कृपालु आदि और गुणों के परिचायक हैं। इसकी भाषा अवधी है। यह एक 'महाकाव्य' है जिसमें दोहे, चौपाई और छंदों का प्रयोग किया गया है। इसमें 'श्रीराम' का वर्णन एक आज्ञाकारी पुत्र, आदर्श भ्राता, आदर्श पति आदर्श मित्र व आदर्श राजा के रूप में किया गया है।



आयुष कुमार
दशम् 'एच'
SBPS/15-16/3618

'द एलकेमिस्ट'

'द एलकेमिस्ट' मेरे जीवन की सबसे प्रभावशाली किताबों में से एक है जो मेरे मन, शरीर और आत्मा को सहारा देने में समर्थ है। इस किताब से लेखक हमें जीवन में सही राह चुनने की सीख देते हैं।

यह कहानी सेंटियागो की है, जिसे सपने आते हैं कि इजिप्ट में पिरामिड के नीचे खजाना दबा है और वह एक दिन इन सपनों की तलाश में निकल जाता है। इस यात्रा में कई मुश्किलें आती हैं। इस रोमांचक सफर में उसके सारे पैसे चोरी हो जाते हैं। उसे एक दुकान में साफ–सफाई करनी पड़ती है और बहुत संघर्ष भी करना पड़ता है।

यह कहानी हम में उत्साह, आत्मविश्वास और धैर्य, की भावना भरती है। सेंटियागो की कहानी हमें यह सिखाती है कि हमें सपनों के पीछे चलते रहना चाहिए, चाहे रास्ता कितना भी कठिन क्यों न हो?

'द एल्केमिस्ट' मेरे लिए एक अनमोल रत्न है, जो मेरे जीवन में नई दिशा दिखाती है और मुझे सही मार्ग पर चलने के लिए प्रेरित करती है। इसकी गहरी सीखें, जीवन की कठिनाइयों का सामना करने को प्रेरित करती है।



आर्यन कुमार
दशम् 'ई'
SBPS/13-14/2081



यशस्वी मुण्डा
दशम् 'सी'
SBPS/12-13/1788

सूर्य की यात्रा पर निकला आदित्य एल-1

इसरो ने, 2 सितंबर 2023 को सुबह 11:50 बजे, श्रीहरिकोटा, आंध्रप्रदेश, भारत से भारत का पहला वेधशाला वर्ग अंतरिक्ष आधारित, सौर मिशन 'आदित्य L-1 'लॉन्च किया। चंद्रयान–3 की सफल लैंडिंग और चंद्र अध्ययन शुरू होने के बाद, इसरो सूर्य की सतह की जाँच के लिए आदित्य L-1 का प्रक्षेपण किया। हिन्दी में ''आदित्य'' सूर्य का पर्याय है। आदित्य L-1 सूर्य के व्यापक अध्ययन के लिए समर्पित उपग्रह है। इसमें 7 अलग–अलग पेलोड विकसित किए गए हैं। पाँच इसरो द्वारा और दो, इसरो के सहयोग से भारतीय शैक्षणिक संस्थानों द्वारा किया गया।

2 सितंबर 2023 को अपने निर्धारित प्रक्षेपण के बाद आदित्य L-1, 16 दिनों तक पृथ्वी की कक्षा में रहा जिसके दौरान यह अपनी यात्रा के लिए आवश्यक वेग हासिल करने के लिए 5 युद्धाभ्यास से गुजरता है। आदित्य L-1 पृथ्वी से लगभग 1.5 मिलियन किलोमीटर दूर, सूर्य की ओर निर्देशित रहेगा जो पृथ्वी – सूर्य की दूरी का लगभग 1% है। सूर्य गैस का एक विशाल गोला है और आदित्य L-1 सूर्य के बाहरी वातावरण का अध्ययन करेगा। आदित्य L-1 न तो सूर्य पर उतरेगा और न ही सूर्य के करीब उतरेगा और न ही सूर्य के करीब आएगा। आदित्य L-1 का उद्देश्य सूर्य के कोरोना, क्रोमोस्फीयर और फोटोस्फीयर का अध्ययन करना है।

भारतीय खगोल भौतिकी संस्थान के प्रोफेसर आर रमेश ने बताया कि भारत का आदित्य L-1 अमेरिका और यूरोप के सौर अध्ययन अभियानों से बेहतर है। खासतौर पर कोरोना के अध्ययन के लिहाज से यह काफी उन्नत है। अमेरिका और यूरोपीय अभियान कोरोना से आने वाली धुँधली रोशनी का अध्ययन करने में सक्षम नहीं थे, क्योंकि इसके लिए एक खास डिस्क की जरूरत थी, जिससे फोटोस्फेयर अवरूद्ध किया जा सके। पहली बार आदित्य L-1 मिशन के साथ, ऐसी अकल्ट डिस्क लगाई गई है। जिससे कोरोना की धुंधली रोशनी का करीब से अध्ययन किया जाएगा।



ओम आनंद नीरज
नवम् 'एच'
SBPS/14-15/2131

आदित्य एल-1 मिशन

सूर्य हमारे सौर मंडल के लिए ऊर्जा का स्रोत है। सौर ऊर्जा के बिना पृथ्वी पर जीवन का अस्तित्व संभव नहीं हो सकता। सूर्य का गुरूत्वाकर्षण, सौर मंडल की सभी वस्तुओं को एक साथ बाँधे रखता है।

'आदित्य एल–1 मिशन' भारत का पहला सूर्य मिशन है। 2 सितंबर 2023 को आंध्र प्रदेश के श्रीहरिकोटा स्थित 'सतीश धवन अंतरिक्ष केन्द्र' से आदित्य एल 1 को सफलतापूर्वक लान्च किया गया। पृथ्वी से लगभग 15 लाख किमी दूर एल 1 अर्थात् लैंग्वेज 1 प्वाइंट पर आदित्य को स्थापित किया गया। इसे वहाँ तक पहुँचने में 4 माह का समय लगा। सूर्य के मध्य क्षेत्र में तापमान 15 मिलियन डिग्री सेल्सियस तक पहुँच सकता है। इसे 'कोर' के नाम से जाना जाता है। इस तापमान पर, कोर में परमाणु संलयन नामक एक प्रक्रिया होती है, जो सूर्य को शक्ति प्रदान करती है। सूर्य की दृश्य सतह, जिसे प्रकाशमंडल के नाम से जाना जाता है, अपेक्षाकृत ठंडी है और इसका तापमान लगभग 5,500 डिग्री सेल्सियस है।

सूर्य मिशन आदित्य एल–1, सूर्य के ऊपरी वायुमंडल के गति का अध्ययन करेगा। इसके बाद कोमोस्फीयर और कोरोना की हिटिंग, आंशिक रूप से आयनित प्लाज्मा के भौतिकी, कोरोनल मास इजेक्शन और फ्लेयर्स की शुरूआत का अध्ययन किया जाएगा।



संजना
नवम् 'ई'
SBPS/14-15/2572



आदित्य एल - 1

आदित्य एल–1 अंतरिक्ष में सूर्य की यात्रा के लिए एक अद्वितीय उपग्रह है। इस उपग्रह को भारतीय अंतरिक्ष अनुसंधान संगठन (ISRO) ने बनाया है और यह सूर्य के करीब भेजा गया है। इस मिशन का उद्देश्य सूर्य की तपनशीलता और उसके वायुमंडलीय प्रभावों को गहराई से अध्ययन करना है। आदित्य एल–1 ने अपनी यात्रा के दौरान सूर्य की विभिन्न परतों को अध्ययन किया और सूर्यमंडल के रहस्यमयी पहलुओं को सुलझाने का प्रयास किया है। इसके साथ ही, आदित्य एल–1 ने सूर्य की ऊर्जा की उत्पत्ति और उसके प्रभाव का भी गहराई से अध्ययन किया है। इसमें उपग्रह के उपकरणों ने सूर्य की चमकीली कक्षा, सूर्यदीप्ति, और अन्य उपग्रहों के साथ इंटरेक्ट करने की क्षमता प्रदान की है। आदित्य एल–1 के उपग्रह, से मिले डेटा ने हमें सूर्यमंडल के अद्वितीयता की नई सकारात्मक जानकारी प्रदान की है, जिससे हम सूर्य की विशेषताओं और उसके अद्भुत गुणों को और अच्छे से समझ सकते हैं।



प्रियांशी सिंह
दशम् 'डी'
SBPS/12-13/1962

वर्ष 2024 में पर्दापण के साथ ही भारत वर्ष में एक ही लहर देखने को मिली और वह थी, "राम–लहर"। आइए जानते हैं, इसके बारे में।

करीब 500 साल के लंबे इंतजार और कड़ी लड़ाई के बाद अंततः वह दिन आ ही गया जब प्रधानमंत्री श्री नरेंद्र मोदी ने अयोध्या में 22 जनवरी, 2024 को 'राम मंदिर' का उद्घाटन किया। भारत के इतिहास में यह एक महत्वपूर्ण अवसर था। रामलला की मूर्ति का प्राण–प्रतिष्ठापन समारोह काफी धूमधाम से किया गया। इस कार्यक्रम में 7000 से अधिक गणमान्य व्यक्तियों ने भाग लिया।

हिंदुओं की मान्यता है कि 'श्रीराम' का जन्म अयोध्या में हुआ था और उनके जन्मस्थान पर एक मंदिर विराजमान था, जिसे 1528 में मुगल बादशाह बाबर के सिपहसालार, 'मीर बाकी' ने गिराकर बाबरी–मस्जिद बनवाई थी। 'राष्ट्रीय स्वयंसेवक संघ' और 'भारतीय जनता पार्टी' की अगुवाई में इस स्थान को मुक्त करने एवं वहाँ एक नया मंदिर बनाने के लिए एक लंबा आंदोलन चला। दिसंबर 1992 को यह विवादित ढांचा गिरा दिया गया और वहाँ 'श्रीराम' का एक अस्थायी मंदिर निर्मित कर दिया गया। वर्षों तक 'राम मंदिर' को लेकर विवाद बना रहा और न्यायालय में बहस चलता रहा। 9 नवंबर, 2019 को न्यायालय का फैसला आया जिसमें न्यायमूर्ति एस अब्दुल नजीर की पांच सदस्य बेंच ने 'राम मंदिर' के निर्माण के पक्ष में फैसला सुनाया। न्यायालय के इस फैसले से पूरे देश में खुशी की लहर दौड़ पड़ी।

5 अगस्त, 2020 को प्रधानमंत्री नरेंद्र मोदी द्वारा राम मंदिर निर्माण के लिए भूमि–पूजन किया गया। पंचांग के अनुसार राम मंदिर में भगवान 'श्रीराम' की मूर्ति की प्रतिष्ठा के लिए 22 जनवरी, 2024, 12 बजकर, 29 मिनट, 08 सेकेंड से लेकर 12 बजकर, 30 मिनट, 32 सेकेंड का शुभ–मुहूर्त निकाला गया।

'रामलला' की मूर्ति को कर्नाटक के प्रसिद्ध मूर्तिकार अरुण योगीराज ने बनाया है। यह मूर्ति पांच साल के बालस्वरूप में है।

'राम मंदिर' 250 फीट चौड़ा, 380 फीट लंबा और 161 फीट, 49 मीटर ऊंचा है। यह तीन मंजिला है, जिसकी प्रत्येक मंजिल 20 फीट ऊंची है। इसमें कुल 392 खंभे और 44 दरवाजे हैं। यह दुनिया का तीसरा सबसे बड़ा हिंदू मंदिर है। इसे नागर शैली में डिजाइन किया गया है, जो एक प्रकार की हिंदू मंदिर वास्तुकला है और यह उत्तरी भारत में पाई जाती है।

इसके मुख्य वास्तुकार चंद्रकांत सोमपुरा हैं। मंदिर के निर्माण में लोहे का कोई उपयोग नहीं किया गया, पत्थर के खंडों को जोड़ने के लिए लगभग 10,000 तांबे की प्लेटों का प्रयोग किया गया है।

अंत में मैं यह कहना चाहूंगा कि 'राम मंदिर' का निर्माण तो हो चुका है पर अब इसकी सार्थकता तब साबित होगी जब हम सभी अपने मन, कर्म, वचन में 'श्रीराम' के आदर्शों को रखें। भगवान 'राम' सुखों से समझौता कर न्याय और सत्य के मार्ग पर चलें और अपने इन्हीं गुणों के कारण वे मर्यादा पुरुषोत्तम कहलाए। भगवान 'राम' के गुणों में से यदि हम कुछ गुणों को भी अपना लें, तो हमारा जीवन सफल हो जाएगा।



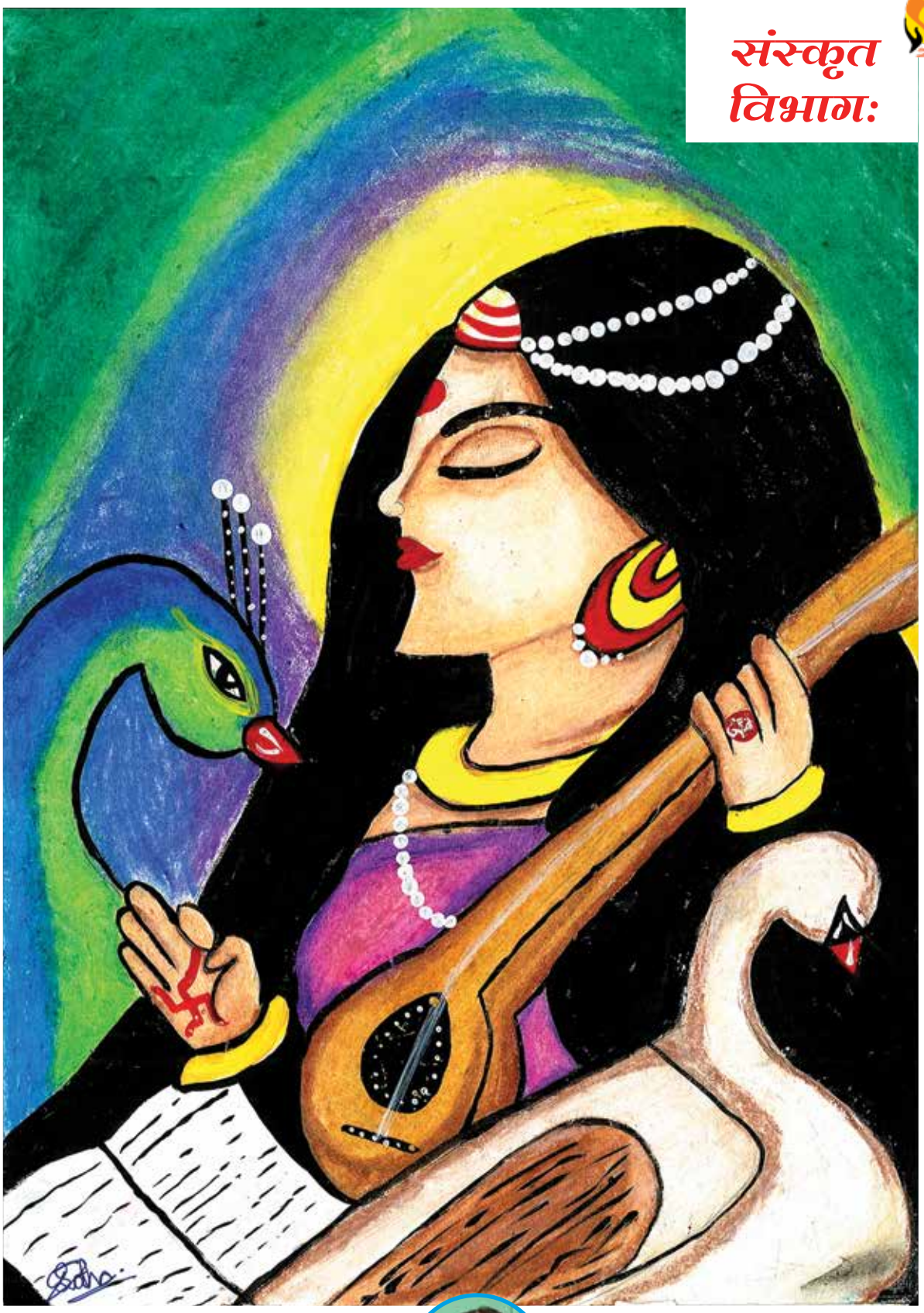
यश रंजन
सप्तम 'डी'
SBPS/ 22-23/7177





स्वर्णदीप कुमार मुंडा
सातवीं 'डी'
SBPS/21-22/6369

संस्कृत विभाग:





आद्या खिरवाल
चतुर्थ 'एफ'
SBPS/23-24/7589

सम्पादकीयम्



सर्वस्तरतु दुर्गाणि सर्वो भद्राणि पश्यतु।
सर्वः कामनावाप्नोतु सर्वः सर्वत्र नन्दतु।।

संस्कृत साहित्यं हि अतिविशालं वर्तते। नानाकविभिः बहूनि महत्वपूर्णानि पुस्तकानि विलिख्यम् अस्य श्रीः परिवर्धिता। संस्कृत साहित्ये दे धारे प्रमुखरूपेण प्राप्येते। एका – मनुस्यम् अध्यात्ममार्गम् अनुसर्तुं प्रेरयति, द्वितीया च धारा मनोरञ्जेन सह जीवनमाय उपयोगिनम् उपदेशमपि दंदाति। संस्कृतस्य महत्वं तु अक्षुण्णः। संस्कृतस्य प्रचारः प्रसारः च अस्माकं कर्त्तव्यः। आचार्य–दण्डिना सम्यगेवोक्तम् 'भाषासु मुख्या मधुरा दिव्या गीर्वाणभारती सर्वेषांकृते हर्षस्य विसयोऽयं प्रतिवर्षमिव सरल सुबोधशैल्या 'सहस्त्रांशु' पत्रिकायाः पुनरागमनं भवति। इयं पत्रिका छात्राणाम लघुप्रयासः अस्ति। अतः त्रुटिनाम् उपरि दृष्टिपातः न कुर्युः इति मम सुदृढ़ो विश्वासः। कृतज्ञता ज्ञापन केवलं परम्परायाः निर्वहनम् न अपितु परमावश्यकमपि वर्तते। प्रधानाचार्या श्रीमती परमजीत कौरः प्रति आभारं ज्ञापयामि यस्थाः कुशलमार्गदर्शनेन सम्भवः अभवत्। सवेषां कृते आभारं ज्ञापयामि येषां प्रत्यक्षः वा परोक्षः सहयोगं प्राप्तवान्।

संगीता पाण्डेय
संस्कृत शिक्षिका



इस्फा नायरा
षष्ठम् 'ए'
SBPS/17-18/4375

शान्तिः मन्त्रः

''ऊँ द्यौः शान्तिरन्तरिक्षं शान्तिः पृथिवी शान्तिरापः शान्तिरोषधयः शान्तिर्वनस्पतयः शान्तिर्विश्वे देवाः शान्तिर्ब्रह्म शान्तिः सर्वं शान्तिः शान्तिरेव शान्तिः सा मा शान्तिरेधि। ऊँ शान्तिः शान्तिः शान्तिः।।''



अदिति केशरी
दशम 'सी'
SBPS/12-13/1799

संवादः

पिता – मोहितः! अद्य विलम्बेन कथम् आगच्छसि?

पुत्रः – पितः! अद्य तु विद्यालये प्रतियोगितासीत्।

पिता – कीदृशी प्रतियोगिता?

पुत्रः – स्वतंत्रतादिवसस्य कृते प्रतियोगिता आसीत्।

पिता – त्वं कस्यां प्रतियोगितायां सहभागितां करोषि?

पुत्रः – अहं तु भाषण प्रतियोगितायां सहभागितां करोमि।



अंकिता सिंह
अष्टम् 'स'
SBPS/15-16/3041





शिवम काबरा
अष्ठम 'जी'
SBPS/14-15/2505

संवादः

पितामह : – कियत्कालं यावत् क्रीडसि? किं भवतः ऑनलाइन कक्षा अद्यापि न आरब्धाः?

पौत्रः – अहं यांत्रिकविफलतायाः कारणेन अवकाशे अस्मि।

पितामहः – यत् एते दिवसाः अपि अतीव विचित्राः भवन्ति। अस्माकं काले सर्वे बालकाः विद्यालयं गत्वा पठन्ति स्म।

पौत्रः – किम्? एतत् रोचकं ध्वन्यते! तस्य समयस्थ विषये अधिकं कथंयतु।

पितामहः – तस्मिन् समये भिन्नम् आसीत्। कालः भवन्तः अवकाशदिनेषु चन्द्रं गन्तुं आग्रहं कुर्वन्ति स्म। परन्तु 2023 तमे वर्षे यदा चन्द्रायनः चन्द्रे अवेतरत् तदा भारतस्य नाम गौरवपूर्णम् अभवत्।

पौत्रः – तस्मिन् समये अपि आधु निकवस्तूनि आसन् वा? किं भवन्तः एकेन यन्त्रेण अपि सर्वं कर्तुं समर्थाः आसन्?

पितामहः – अस्माकं काले वयं केवलं मोबाईल द्वारा एव बहवः कार्याणि कर्तुं शक्नुमः स्म। यन्त्राणि अस्माकं गृहकार्यं न कुर्वन्ति स्म। न कश्चित् चिन्तितवान् यत् कोअपि जनः श्ररणमात्रेण पृथिव्याः कस्मिश्चित् भागे गन्तुं शक्नोति इति।

सम्यक् उक्तम् – ''परिवर्तनं जगतः नियमः''।



श्रीहर्ष दास
नवम 'सी'
SBPS/19-20/5270



वसुधैव कुटुम्बकम्

वसुधैव कुटुम्बकं सनातनधर्मस्य मूलपरम्परा विचारधारा च अस्ति सा महाउपनिषदसहितेषु अनेकेषु ग्रन्थेषु लिखिता अस्ति। अस्य अर्थः – पृथिवी एव कुलम् (वसुधा च कुटुंम्बकं च)। भारतीयसंसदस्य प्रवेशशालायां अपि एतत् वाक्यं अभिलेखितम् अस्ति। एतत् एकतायाः सहकार्यस्य मूल्यानि, सर्वेषां प्रति दयालुतया सहानुभूतिपूर्वकं च व्यवहारः कर्तव्यः इति विचारः च प्रवर्धयति।



प्रबल मोदी
नवम 'डी'
SBPS/15-16/3252

वसुधैव कुटुम्बकम् इति संस्कृतवाक्यं महाउपनिषद् इत्यादिषु हिन्दुग्रन्थेषु प्राप्यते, यस्य अर्थः – ''जगत् एकपरिवारम् इति।''
(अतिथि देवो भव)



श्रुति रंजन
सप्तम 'ई'
SBPS/16-17/3859



सिद्धी गोयनका
दशम 'सी'
SBPS/12-13/1803



वसुधैव कुटुम्बकम्

अस्माकं जीवनस्य आधारभूताः वृक्षाः

वृक्षाः अस्माकं जीवनस्य आधारभूताः सन्ति। वृक्षाणां महत्वं वयं कदापि विस्मर्तुं न शक्नुमः। वृक्षाः पदे–पदे अस्मान् उपकुर्वन्ति। एते वातावरणम् कार्बनडाइऑक्साइड गैसं गृह्णन्ति ऑक्सीजनवायुं च उत्सृजन्ति, यं विना अस्माकं जीवनं असम्भवम् एव। एते लताश्च फलानि, पुष्पाणि इन्धन काष्ठानि च बाहुल्येन समुपहरन्ति। मृदाः जलस्य च संरक्षणे अपि वृक्षाणां महत्वं स्पष्टमेव। वस्तुतः वृक्षा सर्वस्वं परोपकाराय समर्पयन्ति।

'छायामन्यस्यकुर्वन्ति स्वयं तिष्ठन्ति चातपे।
फलान्यपि परार्थाय वृक्षाः सत्पुरूषा इव।।



ध्रुवभारतीया
नवम् 'डी'
SBPS/13-14/2154

पर्यावरणम्

विश्वस्य सभ्यानां जीवनं पर्यावरणे निर्भरं अस्ति। प्राकृतिक सौन्दर्यं, जल, वायु, औषधयः, वनस्पतिः, जीवजन्तुः औद्योगिक विकासः पर्यावरणस्य अभिन्नाङ्गानि सन्त। जलस्य पुनर्चक्रणं एवं वायुप्रदूषणस्य निवारणं अत्यंत आवश्यकं अस्ति। वन्यप्राणिनः अत्यन्तम् महत्वं प्राप्नुवन्ति। पर्यावरणस्य संरक्षणं कृत्स्नसमुदायस्य सर्वसुखानि सुखानि भवन्ति। संस्कृते 'परि' च 'आवरणं' च योगः यथा, पर्यावरणं सञ्पश्यति। वयं लक्ष्यामः पर्यावरणस्य सुरक्षणं प्रत्येकस्याः जीवनस्य महत्वपूर्णं कार्यं भविष्यति।



आदित्री
षष्ठम 'अ'
SBPS/16-17/3803

पर्यावरणम्

अस्माकं परितः यत् प्राकृतिकं आवरणं अस्मान् सहजतया जीवितुं साहाय्यं कुर्वन्ति, सर्वतोभ्यः च परितः भवन्ति। अस्मान् वर्धयितुं विकासाय च उत्तमं माध्यमं ददाति, अस्मिन् ग्रहे जीवितुं आवश्यकं सर्वं प्रति प्रदाति। अस्माकं पर्यावरणम् अपि अस्मात् किञ्चित् साहाय्यं अपेक्षते येन वयं पोषणं प्राप्नुमः, अस्माकं जीवनं निरन्तरं भवति, कदापि न नष्टं भवति। प्रौद्योगिकीविपदाकारणात् वयं दिने दिने प्राकृतिकतत्वस्य अङ्गीकारं कुर्मः।

पृथिव्या जीवनं निर्वाहयितुम् अस्माभिः पर्यावरणस्य वास्तविकतां निर्वाहयितव्या। सम्पूर्णे जगति पृथिव्यां एव जीवनम् अस्ति। वर्षेषु प्रतिवर्षं 05 जून दिवसः विश्वे विश्वपर्यावरणदिवसरूपेण आचर्यते यत् जनानां मध्ये जागरूकता प्रसारयितुं तथा च पर्यावरणस्य स्वच्छतायै रक्षणाय च। पर्यावरणदिवसस्य उत्सवस्य विषयं ज्ञातुं, अस्माकं पर्यावरणं कथं सुरक्षितं स्थापनीयम् इति ज्ञातुं, अस्माकं सर्वाणि दुष्टाभ्यासानि ज्ञातुं च ये पर्यावरणस्य हानिं कुर्वन्ति, अस्माभिः सर्वैः अस्य अभियानमस्य भागः भवितुम् अर्हति।



आरूषि मेहता
अष्टम 'एच'
SBPS/14-15/2584

प्रकृतिः

जीवनम् अस्ति सुखदुःखयोः समाहितम्। यः सर्वेषां सखा मित्राणि च अस्ति। सूर्यस्य प्रकाशं दृष्ट्वा अहम् आत्मविश्वासेन परिपूर्णः अस्मि।

प्रकृतिः सदैव रमणीयं भवति। यत्र वृक्षाः पुष्पाणि पशवः नद्याः जलम्, पर्वताः प्रकृत्याः शोभां स्वयमेव वर्णयन्ति।

इतिहासे अनेकानि वर्णनीयानि घटनाक्रमाः सन्ति। यः मनुष्याणां जीवने प्रेरणादायकं भवति।

अस्माकम् जीवनस्य अनेकानि रूपाणि सन्ति। सुखं–दुःखं सान्त्वयितु बहुविध विकल्पाः सन्तिः। यथा – विद्या, क्रीडा, मित्राणि, सामाजिकं कार्यं यत्र वयं सर्वे मिलित्वा सामूहिकरूपेण कार्यं कुर्मः।

सर्वं श्रीकृष्णार्पणमस्तु



वनिशा अनन्द
चतुर्थ 'डी'
SBPS/19-20/5603





आकृति उराँव
सप्तम 'एफ'
SBPS/23-24/7526

जलं जीवनम् अस्ति !!!

जलम् एव जीवनम् इति उक्त्यनुसारम् अस्माकं
जीवने जलस्य आवश्यकता वर्तते।
जीवनाय जलम् आवश्यकं वर्तते।
तृष्णायां सत्यां जलेन एव निवारणं भवति।
पृथिव्याः जीवानां कृते आवश्यकं तत्वम् अस्ति जलम्।
अस्माकं सौभाग्यम् अस्ति शत पृथिवी जलीयः ग्रहः वर्तते।
जलं सौरमण्डले दुर्लभ वर्तते। अन्यत्र कुत्रापि जलं नास्ति।
पृथिव्यां जलं पर्याप्तम् अस्तिः। अतः पृथिवी नीलाग्रहं इति उच्यते।
जलं निरन्तरं स्वरूपं परिवर्तते। सूर्यस्य तापेन वाष्पस्वरूपं, शीतले
सति सङ्घानीकरणे मेवास्वरूपं, वर्षामाध्यमेन जलस्वरूपं धरति।
जलं महासागरेषु वायुमण्डले, पृथिव्यां च परिभ्रमति।
जलस्य तत्परिभ्रमणं जलचक्रं कथ्यते।
अस्माकं पृथिवी स्थलशाला इव अस्ति। अलवणस्य जलस्य
मुख्यं स्रोतः नदी, तडागाः हिमनदी च वर्तते।
महासागराणां, समुद्राणां च जलं लावण्यं वर्तते।
तस्मिन् जले सोडियम् क्लेराइड् पापकलवणं च प्राप्यते।

संजना
नवम 'इ'
SBPS/14-15/2572



जलं जीवनम् अस्ति

जीवनाय जलम् आवश्यकं वर्तते। जलं नाम महती आवश्यकम्। कश्मलदूषितं जलं च पुनः संशुद्ध प्रयुज्यति। अस्माकं पृथिवी स्थलशाला इव अस्ति। अलवणस्य जलस्य मुख्यं स्रोतः नदी, तडागः, हिमनदी च वर्तते। जलम् जल स्थानगतिम् सर्वथा एव रक्षणीयम्।



आकांक्षा गढ़याण
षष्ठम 'अ'
SBPS/17-18/4277

सूक्तिः

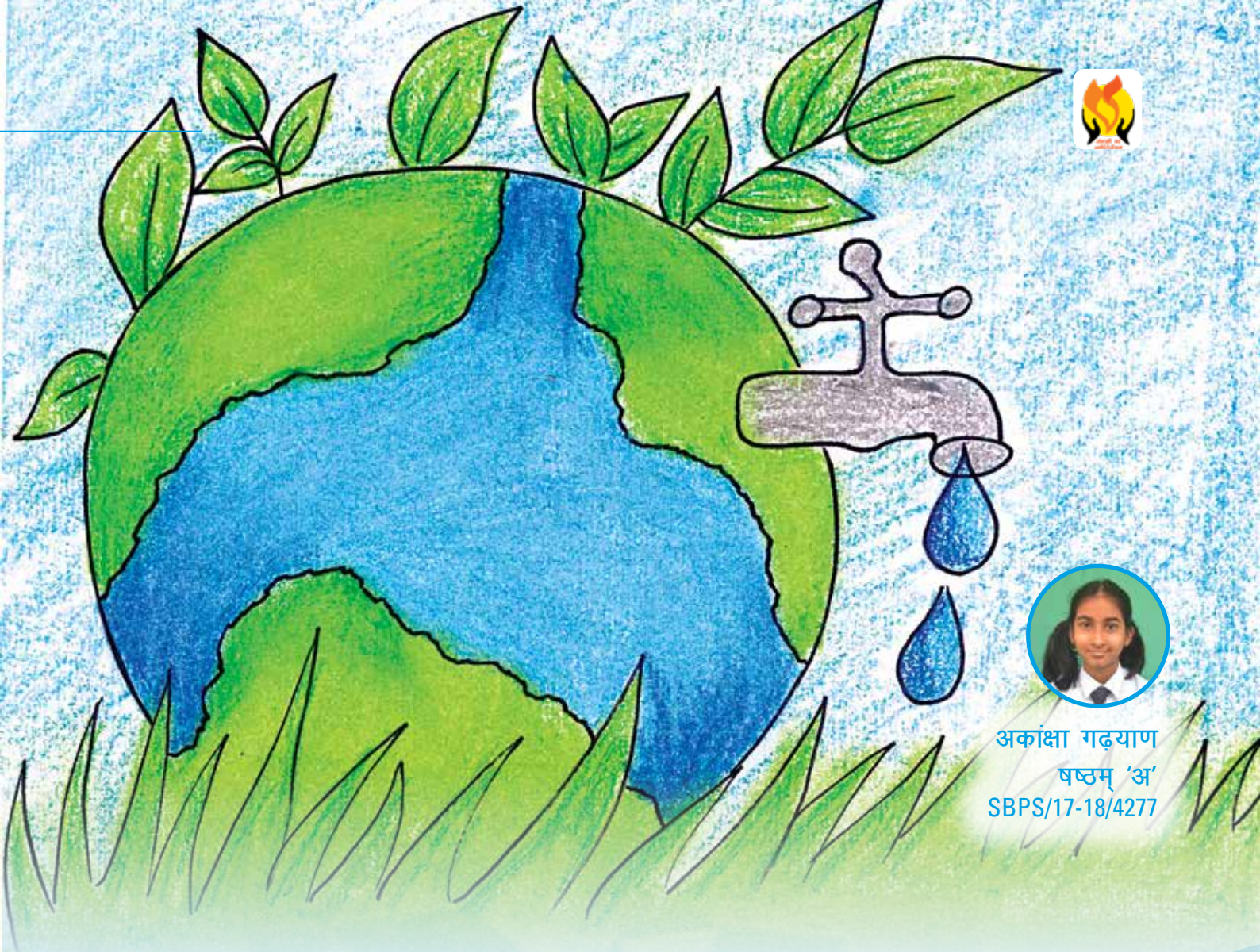
आचारः परमो धर्मः।
विद्वान् सर्वत्र पूज्यते।
लोभः पापस्य कारणम्।
श्रद्धावान् लभते ज्ञानम्।
यथा क्रियते तथा युज्यते।

जलं संरक्षणं

जलम् जल स्थानगतिम्
सर्वथा एव रक्षणीयम्।
जन्तूनां सुख जीवनं हेतु
जलस्य रक्षणम् नूनं भवतु।
निर्मल जलं संपादनीर्यम्
जल संरक्षणम् अनिवार्यम्।
अभोजनेन जीवितुम् भवेत्।
विना जलं तु सर्व हि नश्येत्
किंचित् जलमपि पीतम्
दाहं कष्टं करोति दूरम्।
शुष्क तपनं हाहाकारः
जल संरक्षणम् परिहारकः।।



रिशिका चन्द्रा
नवम 'डी'
SBPS/13-14/2044



अकांक्षा गढ़याण
षष्ठम् 'अ'
SBPS/17-18/4277

जलं विना जीवनं नास्ति

जलं विना मनुष्याणां जीवितुं, जीवितुं च न शक्यते। अस्माकं दैनन्दिनजीवने जलस्य उपयोगः शौिानार्थं, पेयस्य, वस्त्रप्रक्षालनस्य, अन्नस्य वीिनाय चा भवति। विद्युत उत्पादनार्थं, सामग्री निर्माणार्थं च जलस्य उपयोगः भवति। नद्यः, समुद्राः, च सामग्री वाहने सहायकाः भवन्ति। प्रतिदिनं पर्याप्तं जलं भवतः स्वास्थ्याय महत्वपूर्णम् अस्ति। जलस्य सेवनेन निर्जलीकरणं निवारयितुं शक्यते, एषा स्थितिः अस्पष्टचिन्तनस्य कारणं भवितुम् अर्हति, मनोदशायाः परिवर्तनं कर्तुं शक्नोति, भवतः शरीरस्य अतितापं जनयितुं शक्नोति, कब्जं, वृक्कापाषाणं न जनयति। अस्माकं शरीरस्य 70 प्रतिशत भागः जलेन पूरितः अस्ति। अतः जलम् अस्माकं जीवनस्य अत्यावश्यकः भागः अस्ति। प्रतिदिनं विविधप्रयोजनस्य जलस्य आवश्यकता भवति। अस्माकं पेयस्य, प्रक्षालनस्य, शोधनस्य, पाकस्य इत्यादीनां कृते जलस्य आवश्यकता अस्ति यथा प्राणवायुः विना जीवनं नास्ति तथा जलं विना अस्तित्व नास्ति। तथा च वयं जलं विना अस्माकं जीवनं कल्पनां कर्तुं न शक्नुमः।

जलबिन्दुनिपातेन क्रमशः घटः पूर्यते।



वैष्णवी कुमारी रॉय
सप्तम 'एफ'
SBPS/14-15/2646





अनुष्का कुमारी
पंचम 'अ'
SBPS/22-23/7019



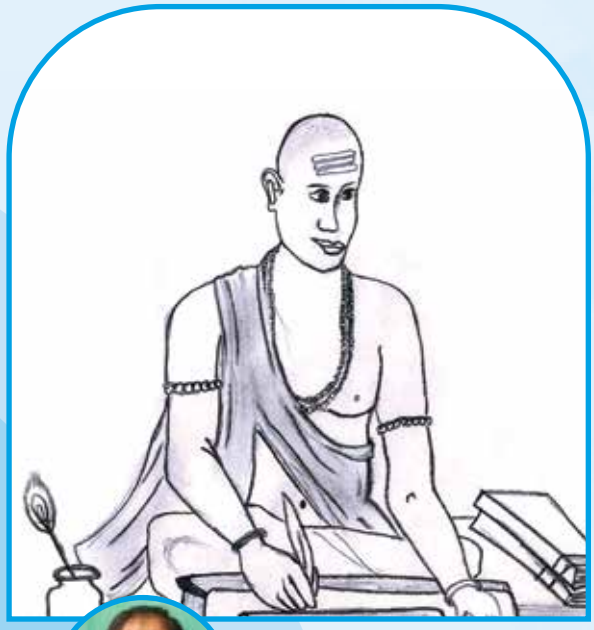


श्रुति रंजन
सप्तम 'इ'
SBPS/16-17/3859





नीतिका भारती
सप्तम् 'एच'
SBPS/16-17/3713





अनंता कुमारी
नवम 'डी'
SBPS/18-19/4851





अनुष्का आर्या
पंचम 'डी'
SBPS/17-18/4353

महाकविः भारविः

कौशिक–गोत्र उत्पन्नस्य नारायणस्वामिनः पुत्रो भारविः।

भारवेः पूर्वजा पूर्वम् उत्तर पश्चिम–भारतान्तर्गतम् आनन्दपुरं नाम नगरमध्यवास्तुः, परतश्च ते नासिक

नामकं दक्षिण भारत नगरमायातः। तस्य पुत्रो मनोरथनामाऽसीत्। तस्य प्रपौत्रः दण्डी बभूव। इयं

कथा अवन्ति सुन्दरी कथायां लिखिता।



अनन्ता कुमारी
नवम 'डी'
SBPS/18-19/4851

महर्षिः वाल्मीकिः

महर्षिः वाल्मीकिः संस्कृत साहित्याकाशे साक्षात् सूर्यः इव शोभते। अयं हि आदिकाव्यस्य रामायणस्य रचयिता अस्ति। अतः आदिकवि रूपेण विख्यातः अस्ति। प्रचेतसः पुत्रः इति कारणेन् प्राचेतसः इति अस्य अपरं नामं अस्ति। जन्मना अयं व्याधः आसीत्। अहं महानः पुरूषः पुरा तस्करः अभवत्। नारदस्य अनुग्रहेण सः रामस्य कथाम् अरचयत्। अस्मिन् महाकाव्ये चतुर्विंशति सहस्र श्लोकाः सन्ति। आदिकविना दत्तः अयम् अमूल्यः निधिः सर्वे: पूजनीयः।



सार्थकः लालः
नवम 'सी'
SBPS/13-14/2098

महाकविः कालिदासः

संस्कृतसाहित्ये महाकविः कालिदासः सर्वेषु कविषु श्रेष्ठः अस्ति। महाकाली देव्याः प्रसादेन एषोऽनुपमं पाण्डित्यं कवित्वं च लब्धवान्, ततोऽयं 'कालिदासः' इति प्रसिद्धोऽभवत्। महाकवेः कालिदासस्य अनेकाः कृतभः सन्ति – 'रघुवंशम्', 'कुमारसम्भवम्' चेति द्वे महाकाव्ये, 'मेघदूतम्', 'ऋतुसंहारम्' चेति गीतिकाव्ये, 'मालविकाग्निमित्रम्', 'विक्रमोर्वशीयम्', 'अभिज्ञानशाकुन्तलम्', चेति त्रीणि नाटकानि। एतासु, रचनासु 'अभिज्ञानशाकुन्तलम्' सर्वश्रेष्ठा कृतिः मन्यते। कालिदासः स्वरचनासु विविधां कथानां, स्थानानां पात्राणां च सजीवं चित्रणं कृतवान् कालिदासस्य कात्यानि नाटकानि च संस्कृतसाहित्यागारे अमूल्यानि रत्नानीव भासन्ते। ताभिरनुपमभिः काव्यकृतिभिः अमरोऽयं महाकविः'कविकुलगुरूः' इति प्रतिष्ठितोऽस्ति।



सार्थक लाल
नवम 'सी'
SBPS/13-14/2098



भारतस्य प्रतिष्ठा संस्कृतम् संस्कृतिश्च

संस्कृत भाषा विश्वस्य प्राचीनतमा अस्ति। संस्कृतं देवभाषा अस्ति। संस्कृत भाषायाः शब्दाः मूलरूपेण आधुनिक भारतीय भाषाः अस्ति। नेटं परोक्षं यत् भारतीयानां प्राचीनाऽखिला संस्कृतिः–संस्कृति–वाङ्मये निबद्धाऽस्ति। तद्यथा ज्ञान– विज्ञान–भण्डारागाराः चत्वारो वेदाः, उपनिषदः, पुराणानि, नीति–ग्रन्थाः सन्ति। तत्तद्विषथेषु अवबोधायु, प्राचीन–संस्कृते गुणलाभाय, विशेषचातुरी प्राप्तये च देववाण्याः अधीतिः भारतीयेभ्यः श्रेयष्करीति मन्यन्ते विपश्चितः।

भारतशासनमपि स्वदेशहिताय भारतोद्भूतजनाय संस्कृतभारती शिक्षणं गौरवाय स्वीकरोति।



वागिसा सिंह
ग्यारहवीं 'डी'
SBPS/21-22/6645

मम प्रधानाध्यापिका

मम प्रधानाध्यापिकायाः नाम श्रीमती परमजीत कौरः अस्ति। स अस्माकं विद्यालयस्य उत्तमनेतृत्वस्य अद्वितीयं प्रतीकम् अस्ति। अस्माकं विद्यालयं उच्चतम शिक्षायाः, शिक्षणस्य च क्षेत्रे अग्रणीस्थानं प्रति नेतुम् सर्वासु कठिनतासु अपि तस्याः अद्वितीयं योगदानं अस्ति।

तस्य उदारं हृदयं, शिक्षायाः प्रति समर्पणं छात्राणां प्रति समर्थनं च अस्मान् सर्वदा प्रेरयति। स न केवलं प्रशिक्षिका अपितु आदर्शगुरूः अपि अस्ति य अस्मान् नैतिकमूल्यानां उच्चतमानाम् आदर्शानां च प्रति मार्गदर्शनं करोति।

प्राचार्या अस्मान् सर्वदा शिक्षायाः महत्वं अवगन्तुं प्रेरितवती अस्ति तथा च तस्य परिश्रमस्य, समर्पणस्य, नेतृत्वकौशलस्य च कारणात् एव अस्माकं विद्यालयः सर्वदा उच्चतमस्तरस्य एव तिष्ठति, छात्रान् अग्रे गन्तुं प्रेरयति च।

तेषां प्रेम समर्थनं च अस्मान् सर्वदा सुरक्षितं अनुभवितुं अवसरं ददाति, आत्मनिर्भरतां समर्थं च। प्राचार्याः न स्यात् तर्हि अस्माकं विद्यालयः एतावत् सफलः न स्यात्।

उपसंहारं कुर्वन् अहं गर्वेण वक्तुं शक्नोमि यत् मम प्राचार्या अस्मान् न केवलं शिक्षायां अपितुं जीवने अपि सम्यक् मार्गे गन्तुं सम्यक् मार्गदर्शनं प्रदत्तवती।

पलक उपाध्यायः
अष्टम 'एफ'
SBPS/14-15/2490



सूक्तिः

विद्या सर्वस्य गुरुम्
विद्याधनं सर्वधनप्रधानम्
विद्या ददाति विनयम्
नास्ति विद्या समं चक्षु

चन्द्रयान तृतीय

भारतस्य तृतीयचन्द्रमिशनं चन्द्रयान 3 सायं 2:34 वादने सफलतया अवतरितम्। आन्ध्रप्रदेशस्य हरिकोटानगरस्य सतीशधवन–अन्तरिक्षकेन्द्रात् 24 जुलाई दिनांके इदं भारतस्य चन्द्रपृष्ठे मृदु–अवरोहणस्य तृतीयाः प्रयासः आसीत् यतः 2022 तमे वर्षे तृतीयचन्द्रविस्फोटकानिशनस्य विफलं चन्द्रयान–2 इति मिशनं चन्द्रभारतस्य दक्षिणध्रुवे अवतरणं इसरो–द्वारा विकसितम् यतः प्रथमः देशः इतिहासं रचितवान् अमेरिका–रूस–चीन–देशयोः पश्चात् भारतं चतुर्थः देशः स्यात्। चन्द्रायन–3 इत्यस्य बजटं प्रायः 624 कोटिरूप्यकाणि आसीत्। भारतं भग्नं भूत्वा अग्निपटाखां प्रक्षेप्य वीथिकायां नृत्यं कृत्वा उत्सवं कृतवान्। अस्माकं प्रधानमंत्री नरेन्द्रमोदी ट्वीट कृतवान् यत् चन्द्रयान इत्यनेन भारतस्य इतिहासस्य नूतनः अध्यायः लिखितः। एषा उपलब्धिः अस्माकं वैज्ञानिकस्य अथक समर्पणस्य परिश्रमस्य च परिणामः आसीत्। तासां प्रतिभां नमस्कारं करोमि।



श्रुति श्रेया
सप्तम 'एफ'
SBPS/16-17/3695





सूर्या मिंज
पंचम् 'ई'
SBPS/18-19/4734

स्वच्छं पर्यावरणम्

स्वच्छं पर्यावरणम् अस्माकं स्वस्थजीवनस्य अपि। यथा निर्मलं कीटाणुरहितं जलं वायुः च अस्मभ्यं स्वस्थजीवनं प्रयच्छतः सम्प्रति वैज्ञानिक युगे उद्योगानां विकासात् पर्यावरणस्य महती समस्या। औद्योगिक संस्थानेभ्यं निर्गतं क्षतिग्रस्तं जलं तत्रत्यं परिवेषं दूषयति येन बहुविधाः रोगाः जायन्ते। इदमेव क्षतिग्रस्तं जलं नदीं चाभय तत्रत्यं जलमपि बहुशः शोषितं जातम्। गंगाजल कुल मुक्त राष्ट्रिय योजना निर्माता तदनुरूपः प्रयासः च प्रवर्तते।



आदित्य पाण्डेय
षष्ठम 'अ'
SBPS/19-20/5373

प्रकृतिः

यथा महिलया शिशु जन्यते, पालनं लालनम् क्रीयते, तां महिला माता इति मन्यते। माता सदृशः पुल्लिंग प्रतिवस्तु पिता। संस्कृत भाषायां जननी, जन्यत्ति, अम्बा, सावित्री आदी इत्यादिनि अनेकानि पदानि मातृ शब्दस्य कृते पर्यायशब्दरूपेण उपयुज्यते। शिशोः पालन विषये पित्रे तथा इतर बन्धुजनेभ्यः अपि दायित्वं अस्ति एव परन्तु अम्बायै ज्येष्ठांशम् विद्यते।

माता इति पदम् स्पष्टीकर्तुं सुलभकार्यं नास्ति। ने केवलं मानवाः इतरेषु पशु अपि मातृत्वं सुस्पष्टं विद्यते। यथा शिशोः जीवनं अम्बया विना जीवनं बहु कष्टं भवति। भारत देशे स्वमातरं अपेक्षया तरवः, भाषाः इत्यादयः अपि मातृवत् पूजनीयाः इति मन्यते।



निकिता राय
पंचम 'ई'
SBPS/17-18/4296



अनन्या कुमारी
अष्टम 'सी'
SBPS/16-17/4106

सुभाषितानि

अयं निजः परो वेति गणना लघु चेतसाम्।
उदारचरितानां तु वसुधैव कुटुम्बकम्।।

यह मेरा है, यह उसका है, ऐसी सोच संकुचित चित्त वाले व्यक्तियों
की होती है, इसके विपरीत उदारचरित वाले लोगों के लिए तो यह
सम्पूर्ण धरती ही एक परिवार जैसी होती है।

दुर्जनः स्वस्वभावेन परकार्ये विनश्यति।
नोदर तृप्तिमायानी मूषकः वस्त्रभक्षकः।।

दुष्ट व्यक्ति का स्वभाव दूसरे के कार्य बिगाड़ने का होता है। वस्त्रों को
काटने वाला चूहा कभी पेट भरने के लिए कपड़े नहीं काटता।

न कश्चित् कस्यचित् मित्रं न कश्चित् कस्यचित रिपुः।
व्यवहारेण जायन्ते, मित्राणि रिप्वस्तथा।।

न कोई किसी का मित्र होता है। न कोई किसी का शुत्रु। व्यवहार से ही मित्र या शत्रु बनते हैं।

सत्यं ब्रूयात् प्रियं ब्रूयात् न ब्रूयात सत्यं प्रियम्।
प्रियं न नानृतं ब्रूयात एष धर्मः सनातनः।।

सत्य बोलो, प्रिय बोलो, अप्रिय लगने वाला सत्य नहीं बोलना चाहिए।
प्रिय लगने वाला असत्य भी नहीं बोलना चाहिए।



प्रज्ञा भास्कर
अष्टम 'एच'
SBPS/15-16/3085

मधुरा प्रभातवेला

अहा! मधुरा प्रभातवेला। आकाशे सूर्यः उदितः। अन्धकारः गतः। सर्वत्र प्रकाशः एव प्रकाशः अस्ति। खगाः आकाशे अत्र–तत्र भ्रमन्ति। वृक्षेषु वानराः कूर्दन्ति। जनाः प्रसन्नाः सन्ति। ते उद्यानेषु भ्रमन्ति धावन्ति च। बालाः अपि उद्यानेषु क्रीडन्ति। पशवः अपि प्रसन्नाः सन्ति। ते वनेषु अत्र–तत्र गच्छन्ति। सर्वे जनाः स्वकार्येषु संलग्नाः भविष्यन्ति। अहा! धन्या एषा सुखदायिनी प्रभातवेला।



रागिनी कुमारी
सप्तम 'ई'
SBPS/15-16/3025





तान्या गुप्ता
चतुर्थ 'ई'
SBPS/19-20/5098

श्लोकाः

पुष्प-पत्र फलच्छाया मूलवल्कलदारूभिः।
धन्या महीरूहा येषां विमुखा यान्ति नार्थिनः।।

वे वृक्ष धन्य हैं जिनके पास से याचक फूल, पत्ते, फल, छाया, जड़, छाल और लकड़ी से लाभान्वित होते हुए कभी भी निराश नहीं लौटते।

दश कूप समा वापी, दशवापी समोहद्रः।
दशह्रद समः पुत्रो, दशपुत्रो समो द्रुमः।।

दस कुओं के बराबर एक बावड़ी होती है, दस बावड़ियों के बराबर एक तालाब, दस तालाबों के बराबर एक पुत्र है और दस पुत्रों के बराबर एक वृक्ष होता है।

परोपकाराय फलन्ति वृक्षाः परोपकाराय वहन्ति नद्यः।
परोपकाराय दुहन्ति गावः परोपकारार्थ मिदं शरीरम्।।

परोपकार के लिए वृक्ष फल देते हैं, नदियाँ परोपकार के लिए ही बहती हैं और गाय परोपकार के लिए दूध देती है, अर्थात् यह शरीर भी परोपकार के लिए है।



समृद्धि पोद्दार
अष्टम 'बी'
SBPS/14-15/2658



डिम्पल सरदाना
नवम् 'डी'
SBPS/14-15/2470

विद्या संबधिताः श्लोकाः

1. विद्या नाम नरस्य रूपमधिकं प्रच्छन्नगुप्तं धनं,
   विद्या भोगकरी यशः सुखकरी, विद्या गुरूणां गुरूः।
   विद्या बन्धुजनो विदेश गमने, विद्या परं दैवतं,
   विद्या राजसु पूज्यते न हि धनं, विद्याविहीनः पशुः।।
2. केयूराणि न भूषयन्ति पुरूषं, हारा न चन्द्रोज्ज्वला
   न स्नानं, न विलेपनं, न कुसुमं, नालङ्कृता मूर्द्धजाः।
   वाण्येका समलङ्करोति पुरूषं या संस्कृता धार्यते,
   क्षीयन्ते खलु भूषणानि सततं, वाग्भूषणं भूषणम्।।
3. येषां न विद्या न तपो न दानं ज्ञानं न शीलं न गुणो न धर्मः।
   ते मर्त्यलोके भुवि भारभूता मनुष्यरूपेण मृगाश्चरन्ति।।
4. वरं पर्वतेदुर्गेषु भ्रान्तं वनचरैः सह।
   न मूर्खजनसम्पर्कः सुरेन्द्रभवनेष्वपि।।



निलिम्प नंदनः
षष्ठम 'स'
SBPS/16-17/3664

वृक्षाः सत्पुरूषाः इव

छायामन्यस्य कुर्वन्ति तिष्ठन्ति स्वयमातपे।
फलान्यपि परार्थाय वृक्षाः सत्पुरूषा इव।।
वृक्षाः प्रकृत्याः प्रदत्तः अमूल्यः वरदानं भवति।
वृक्षेण वयम् ऊर्जां प्राप्नुमः।
वृक्षेण शुद्धं सुवसितः समीरः प्रवहन्ति।
प्रातः काले वृक्षेषु स्थिताणां पक्षिणां कलरवं
अत्यन्तं आनन्दितं करोति।
वृक्षाः प्रदूषणां वारयति शोभां वर्धयति च।



अनन्या कुमारी
अष्टम 'स'
SBPS/16-17/4106





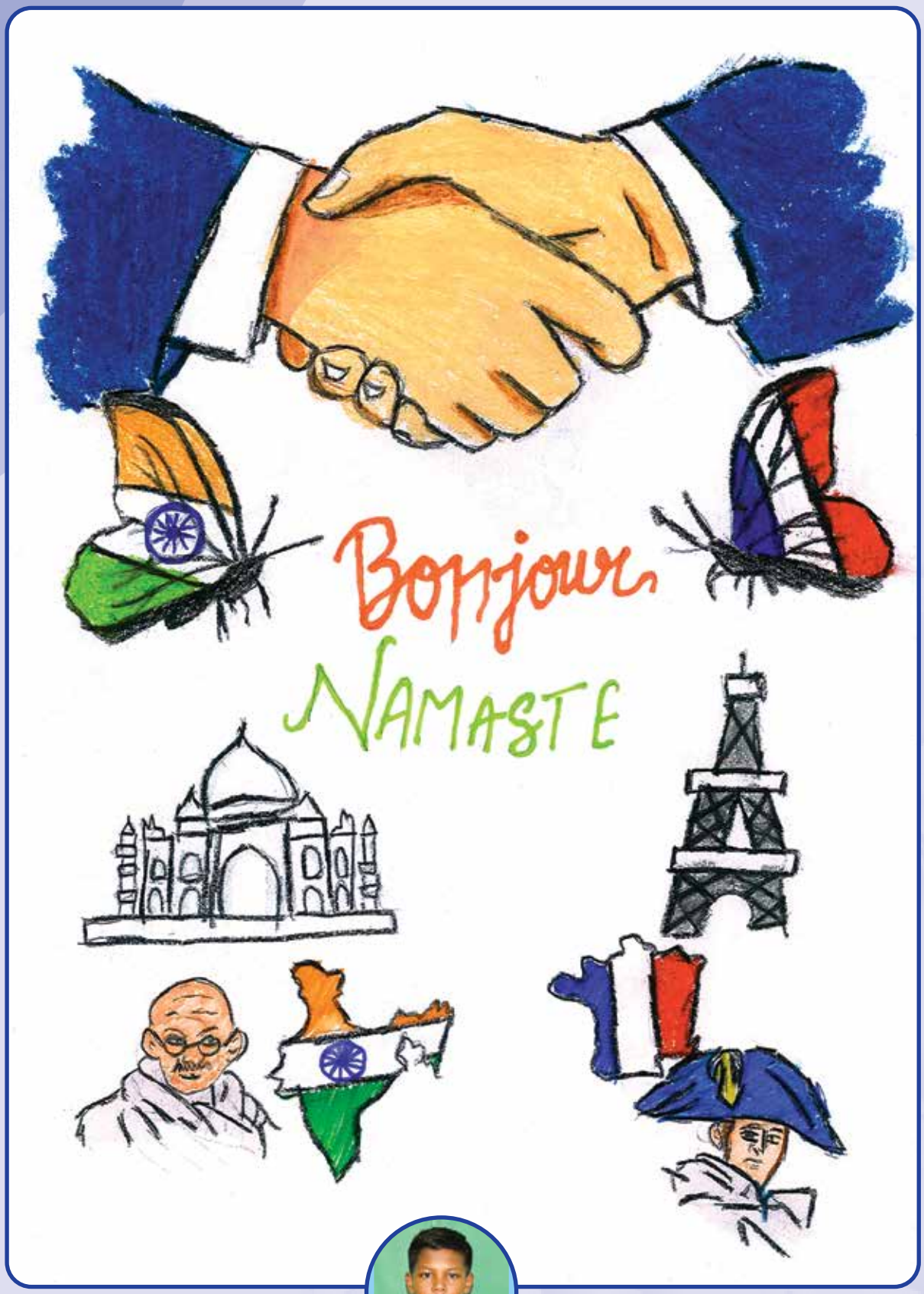
अदिति मेहता
छठवीं 'अ'
SBPS/16-17/3854





निकिता राय
पंचम् 'ई'
SBPS/17-18/4296

FRENCH SECTION





Surya Munda
VI 'B'
SBPS/16-17/3743



Aman Agarwal
VIII 'B'
SBPS/14-15/2647



La Révolution française a été une période de changement politique et sociétal en France qui a commencé avec les États généraux de 1789 et s'est terminée avec le coup d'État du 18 brumaire en novembre 1799 et la création du consulat de France. Beaucoup de ses idées sont considérées comme des principes fondamentaux de la démocratie libérale, tandis que ses valeurs et ses institutions restent au cœur du discours politique français moderne.

Hemal Chotalia
VII'B'
SBPS/16-17/3692

Aadyaa Gupta
VII'B'
SBPS/19-20/5643

La Pollution



French:

Comme l'eau est un élément important de santé humaine, eau polluée directement affecte le corps humain. L'Eau pollution de l'eau provoque diverses maladies comme typhoïde, choléra, hépatite, cancer, etc. La pollution de l'eau endommage les plants et les animaux aquatiques présents dans la rivière en réduisant l'oxygen contenu de l'eau.

English:

As water is an important element of human health, polluted water directly affects the human body. Water pollution causes various diseases like typhoid, cholera, hepatitis, cancer etc. Water pollution damages the plants and aquatic animals present in the river by reducing the oxygen content from the water.



French:

La pollution de l'air se produit lorsque des gaz et des poussières nocifs sont présents dans l'atmosphère. Il existe de nombreuses sources de la pollution atmosphérique, comme les incendies de forêt, activités humaines et volcaniques éruptions. Automobiles et les usines électrique sont les plus grands contributeurs. La pollution de l'air provoque de maladies chez les humains et les animaux.

English:

Air pollution occurs when harmful gases and dust are released into the atmosphere. There are many sources of air pollution, such as forest fires, human activities, and volcanic eruptions. Automobiles and power plants are the highest contributors. Air pollution causes diseases in humans and animals.

French:

La pollution sonore est causée par le bruit machine, haut-parleurs, véhicules et d'autres objets produisant du son à haute décibels. Même les concerts de rock sont un cause de nuisances sonores, Comme la pollution de l'air et pollution de l'eau, pollution sonore affectent également notre santé.

English:

Noise pollution is caused by noisy machines, loudspeakers, vehicles, and other objects producing sound at high decibels. Even rock concerts are a cause of noise pollution. Like air and water pollution, noise pollution also affects our health.

→ Yagya Sachdev - VII 'B' - SBPS/16-17/3669



Maithili Jha
VI'A'
SBPS/22-23/7041



Yagya Sachdev
VII'B'
SBPS/16-17/3669

Le Monde Durable

Dans le monde rempli d' abondance,
Nous devons prendre position,
La consommation et la Production responsables,
Notre base pour une construction durable.

Choisissons judicieusement, soyons conscients,
des ressources que nous partageons,
Optez pour des produits verts,
Vivre vivons en harmonie avec la sérénité de la nature.

D'origine locale, biologique et pure,
Réduire notre impact, bien sûr,
Soutenir l'économie locale,
Préserver notre planète pour l' éternité.

Ne gaspillez pas recyclez et réutilisez,
Créez un monde avec moins d'abus,
Les entreprises doivent également concevoir,
Une production durable, une cause à laquelle croire.

Ensemble, main dans la main, nous marchons,
Vers un avenir où nous nous confions,
Dans une consommation et une production responsables,
Pour le monde de beauté sans destruction.





Samridhi Poddar
VIII'B'
SBPS/14-15/2658



VEDITYA TIWARY
VI 'E'
SBPS/19-20/5254





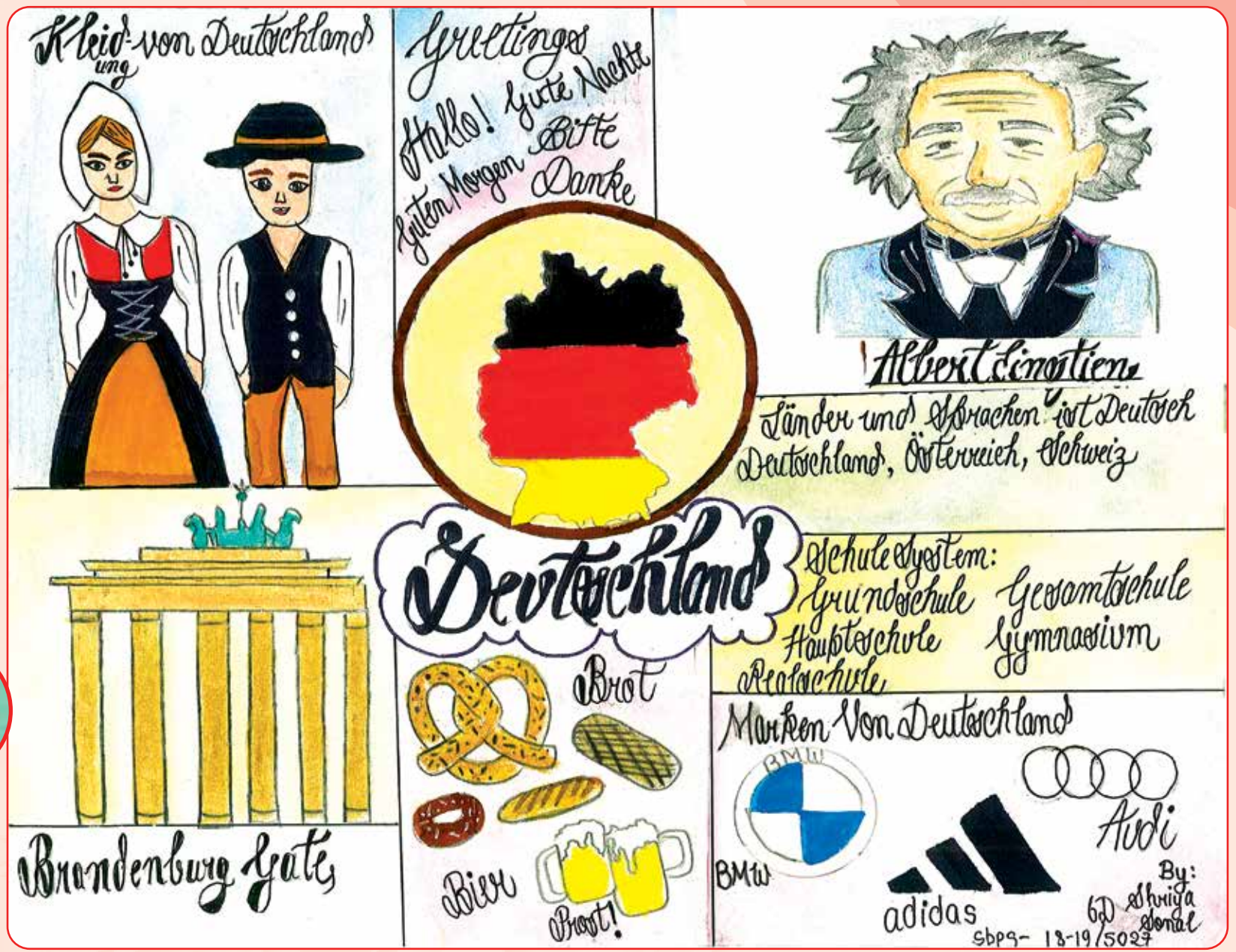




Prachi
VI 'D'
SBPS/16-17/3728

Shreya Sonal
SBPS/18-19/5027





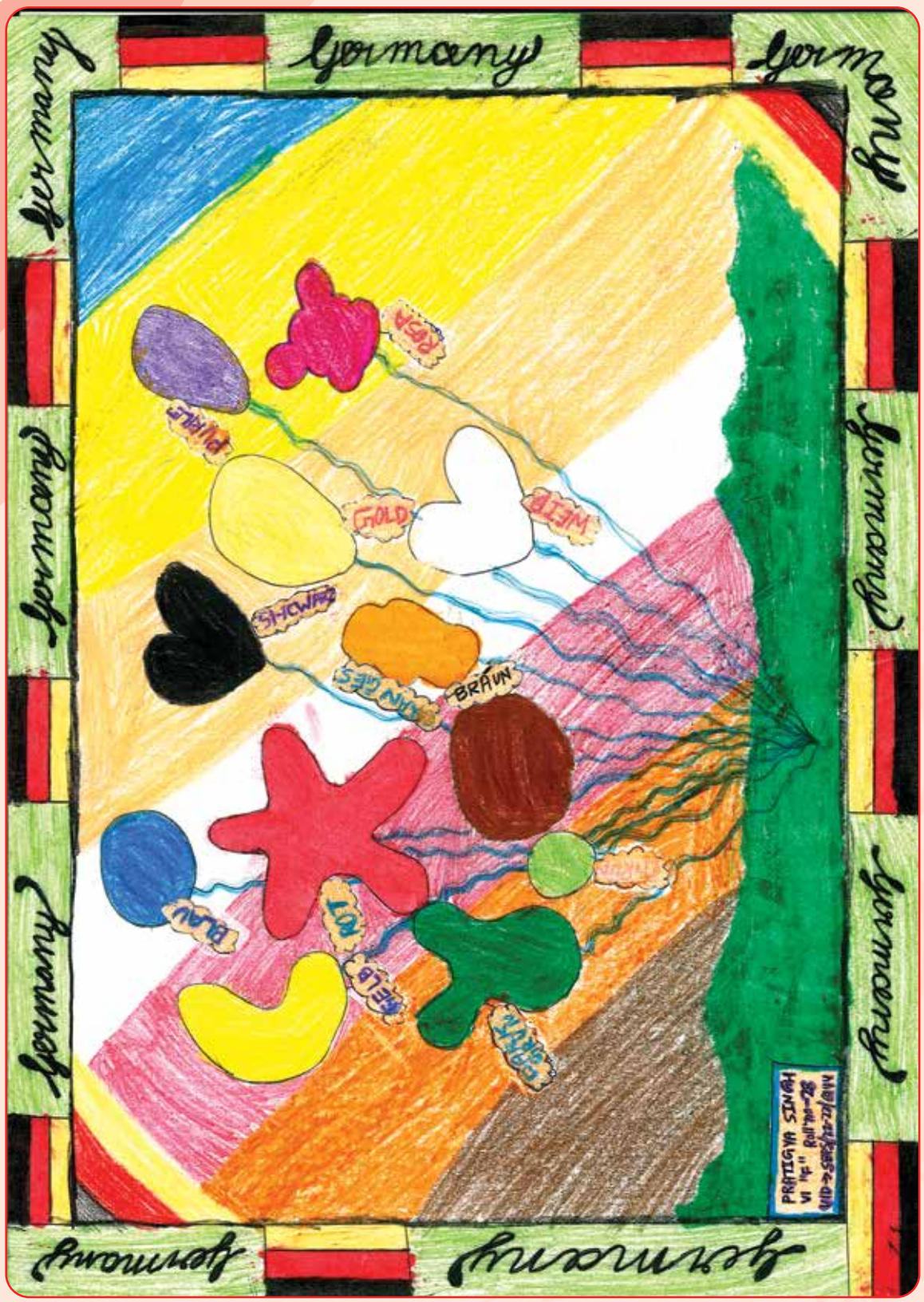
Geh darüber hinweg

Wenn du dich niedergeschlagen fühlst.
Und alles, was Sie aufbringen können, ist
ein Stirnrunzeln.
Das ist die zeit aufzuhören.
Und zähle deinen Segen bis zum Umfallen.
Konzentrieren Sie sich auf alles Gute im Leben.
Und Sie werden feststellen, dass die Dinge so
laufen, wie sie sollten.
Es tut mir leid und ich sitze einfach
nur herum.
Es ist sicher, dass es dish
stürzen wird.
Etwas unternehmen,
einen Schritt machen.
Es spielt keine Rolle,
ob andere zustimmen.
Nichts hält ewig.
Sie werden daran
vorbeikommen, wenn
Sie sich bemühen.

° Shreya Minz
° VII 'F'
° SBPS/14-15/2826

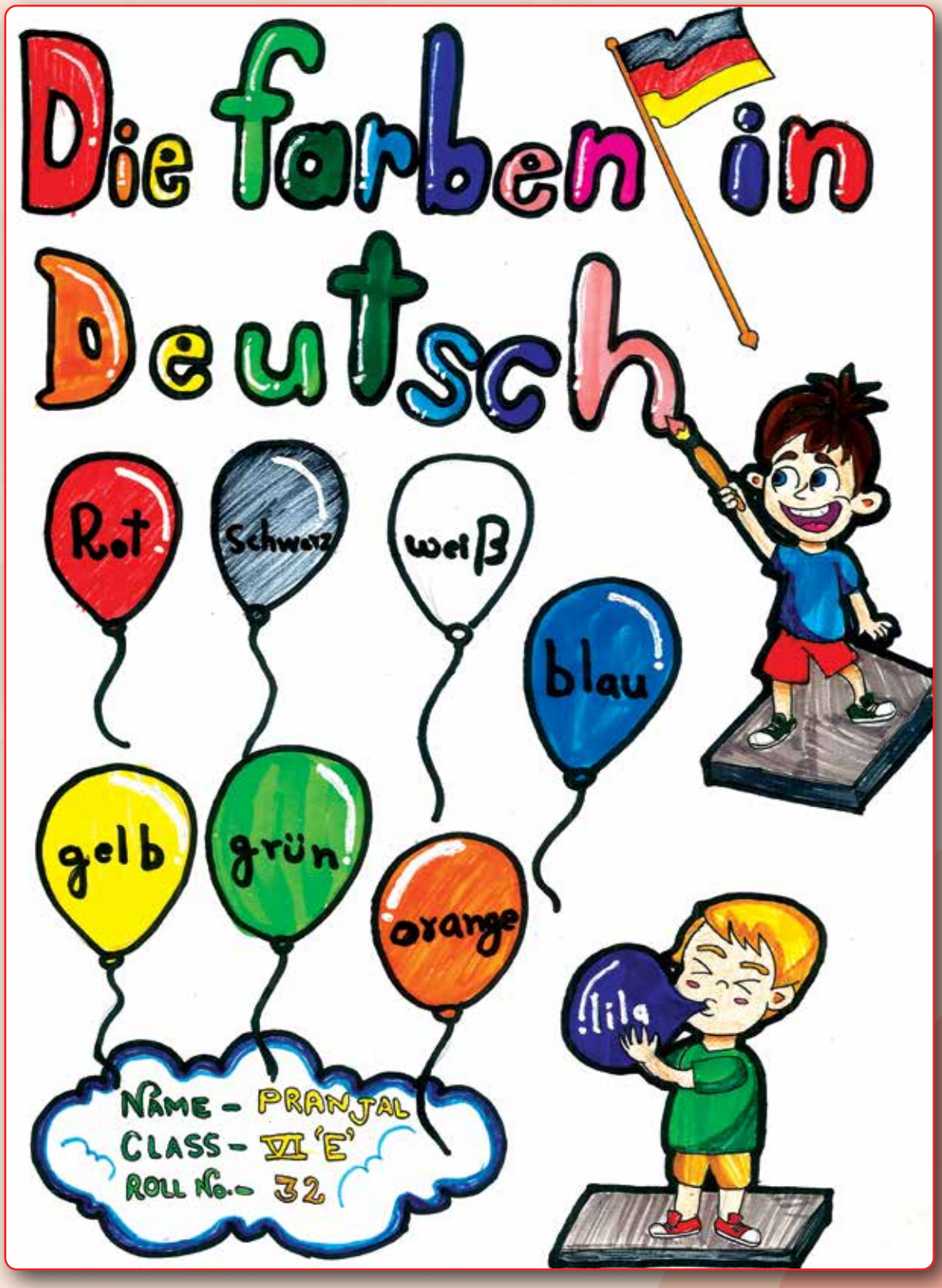


Shreya Minz
VII'F'
SBPS/14-15/2826



Pratigya Singh
VI 'F'
SBPS/22-23/6944







PRANJAL
VI 'E'
SBPS/16-17/3696



CHIRAG SAHU, VI 'F'
SBPS/17-18/4369



Ridaan
VI'D'
SBPS/21-22/6386



STD. XII -A



STD. XII - B



STD. XII -C



STD. XII -D



STD. XII – E



STD. XII – F



STD. XII -G



STD. XII - I

Through the columns of Newspaper.....

Jaltarang organised at SBPS

सरला बिरला : 12वीं के छात्रों ने अयोध्या हिल की यात्रा की

Veer Baal Diwas at SBPS

वीर बाल दिवस • सरला बिरला पब्लिक स्कूल में निबंध व भाषण प्रतियोगिता

गतका करके दिखाया वीर बालकों का बलिदान

सरला बिरला स्कूल में वात्सल्यम

सरला बिरला पब्लिक स्कूल की छात्रा का उत्कृष्ट प्रदर्शन

सरला बिरला स्कूल में इंटरेक्टिव स

Kaleidoscope at SBPS

मिलन समारोह का आयोजन, छात्रा म दिखा उत्साह

सरला बिरला स्कूल के बच्चों ने किया कंबल वितरण

हमारा दायित्व है हम विकसित भारत बनाने का संकल्प लें : वायुलाल

अनुसंधान के लिए सरला बिरला स्कूल के दो छात्र आमंत्रित

PROUD MOMENT FOR SBPS FOR BEING INVITED TO IRIS MENTORING CAMP

Kumar Divyanshu Raj Vinayak Kumar

भारत को विकसित राष्ट्र बनाना है

सरला बिरला के छात्रों का इंटक हेरिटेज क्विज में उत्कृष्ट प्रदर्शन

सरला बिरला के वार्षिकोत्सव 'श्रद्धा' में उधम ने कहानी दिखाई, छऊ, गतका नृत्य भी हुए

सरला बिरला के बच्चों ने किया कंबल का वितरण

सरला बिरला पब्लिक स्कूल में राष्ट्रीय युवा दिवस के अवसर पर कई कार्यक्रम

सरला बिरला पब्लिक स्कूल में मनाया गया नवरात्रि महोत्सव

सरला बिरला के वार्षिकोत्सव में विद्यार्थियों ने दिखाई प्रतिभा

सरला बिरला स्कूल के वार्षिकोत्सव में दिखी उधम सिंह की जीवनी

सरला बिरला स्कूल में खेलो इंडिया गर्ल्स फुटबॉल का हुआ फाइनल

सरला बिरला स्कूल के बच्चों ने गरीबों के बीच कंबल बांटे

सरला बिरला पब्लिक स्कूल के बच्चों ने कंबल वितरण किया

.....Into the hearts of people

सरला बिरला स्कूल में विद्यार्थियों ने सीखे छऊ नृत्य के स्टेप

सरला बिरला पब्लिक स्कूल में गणतंत्र दिवस समारोह मनाया गया

सरला बिरला पब्लिक स्कूल : सरला बिरला पब्लिक स्कूल में गणतंत्र दिवस समारोह मनाया गया

ध्वज फहराया. छात्रों ने सांस्कृतिक कार्यक्रम प्रस्तुत किये. इस अ

SBPS students s... India Quiz

सरला बिरला स्कूल के लाल रूपकनाथ आर्यभट्ट गणित चैलेंज में शीर्ष 100 में

रांची | सरला बिरला पब्लिक स्कूल के 10वीं के छात्र लाल रूपकनाथ शाहदेव आर्यभट्ट गणित चैलेंज प्रतियोगिता में देश के शीर्ष 100 छात्रों में चुने गए हैं। सीबीएसई ने मान्यता प्राप्त स्कूलों में आठवीं से दसवीं कक्षा के छात्रों के लिए आर्यभट्ट गणित चैलेंज की शुरुआत की है, जिसका उद्देश्य समस्या-समाधान कौशल, विश्लेषणात्मक सोच,..

सरला बिरला पब्लिक स्कूल के छात्रों का 'फिट इंडिया क्विज' में उत्कृष्ट प्रदर्शन

स्पिकमैके ने सरला बिरला स्कूल में प्रस्तुत किया छऊ नृत्य

संसाधनों के संरक्षण पर

-24 के लिए यजुर्वेद सदन सर्वश्रेष्ठ घोषित

सरला बिरला स्कूल के शैक्षणिक सत्र का समापन, इस साल यजुर्वेद सदन को सर्वश्रेष्ठ सदन घोषित किया गया

रांची | सरला बिरला पब्लिक स्कूल के शैक्षणिक सत्र 2023-24 का समापन, विद्यालय परिसर में फ्लैग-ऑफ समारोह आयोजित कर किया गया। इस अवसर पर 'कड़ी मेहनत और आत्म-विश्वास से सफलता मिलती है' विषय पर विशेष सभा हुई। छात्रों ने वर्तमान

सरला बिरला विद्यालय के छात्रों का रहा बेहतर प्रदर्शन

Teachers' Day celebrated at SBPS

Sarala Birla Public School, Ranchi celebrated Teacher's Day with huge gusto and gaiety in order to mark the birth anniversary of Dr. Sarvepalli Radhakrishnan. A special assembly was conducted to mark the day wherein the students expressed their gratitude towards their teachers by participating in various activities. On the eve of Teachers' Day, each teacher was assigned a pupil who dressed like them and took charge of the classroom teaching for the day. It was an absolute delight to see the little teachers moving from one classroom to the other and taking charge of the classroom teaching. Besides this, teachers also enjoyed a special outing for movie and

सरला बिरला पब्लिक स्कूल ... आर्ट इंटीग्रेटेड एग्जिबिशन

सरला बिरला स्कूल ने जूडो इंटीग्रेटेड प्रदर्शनी

सरला बिरला स्कूल के छात्रों ने स्टेट म्यूजियम का किया भ्रमण

सरला बिरला स्कूल के छात्रों ने फिट इंडिया क्विज में उत्कृष्ट प्रदर्शन

सरला ... स्कूल का गणितीय ओलिंपियाड में परचम आदित्य ने अंतरराष्ट्रीय स्तर पर प्रथम रैंक हासिल किया

सरला बिरला के विद्यार्थियों का एनएएसटीए में शानदार प्रदर्शन

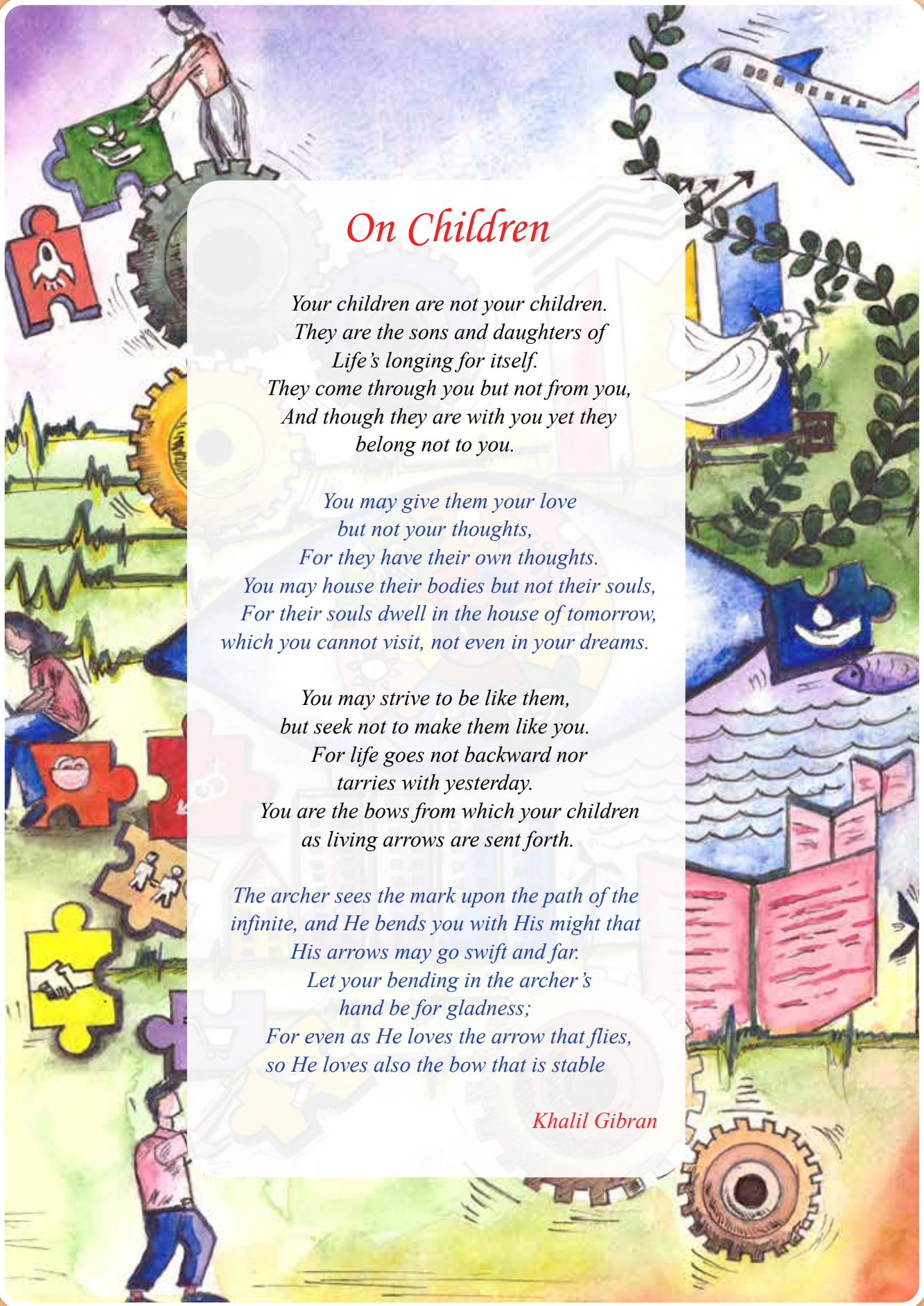
एनएएसटीए में अरीबा व अम्मार स्टेट टॉपर

रांची | सरला बिरला प. स्कूल के छात्रों ने नेशनल असेसमेंट फोर साइंटिफिक टेम्परामेंट एंड एप्टीट्यूड कैंप (एनएएसटीए) में उत्कृष्ट प्रदर्शन किया। 7वीं की अरीबा इरम फातिमा और 10वीं के मोहम्मद अम्मार अहमद पहली रैंक हासिल कर स्टेट टॉपर बने।

Khelo India Girls Football League at SBPS

सरला बिरला स्कूल ने खेलो इंडिया गर्ल्स फुटबॉल लीग के फाइनल की मेजबानी की

गीता-पाठ प्रतियोगिता में सरला बिरला के छात्रों का उत्कृष्ट प्रदर्श



On Children

Your children are not your children.
They are the sons and daughters of
Life's longing for itself.
They come through you but not from you,
And though they are with you yet they
belong not to you.

You may give them your love
but not your thoughts,
For they have their own thoughts.
You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow,
which you cannot visit, not even in your dreams.

You may strive to be like them,
but seek not to make them like you.
For life goes not backward nor
tarries with yesterday.
You are the bows from which your children
as living arrows are sent forth.

The archer sees the mark upon the path of the
infinite, and He bends you with His might that
His arrows may go swift and far.
Let your bending in the archer's
hand be for gladness;
For even as He loves the arrow that flies,
so He loves also the bow that is stable

Khalil Gibran